

## Relationship between Teacher Capacity and Student Transition to Junior School in Lagdera Sub-County, Garissa County, Kenya

### Abstract

This study investigated the determinants of student transition from primary school to junior school in Lagdera Sub-County, Garissa County, Kenya. Transitioning is a critical stage, particularly challenging in marginalized areas like Lagdera due to barriers such as inadequate teacher capacity, limited support programs, poor physical facilities, and socio-economic family factors. The primary objective of this particular report was to establish the relationship between teacher capacity and pupil transition from primary to junior schools in Lagdera Sub-County. Guided by Schlossberg's Transition Theory and Bronfenbrenner's Ecological Systems Theory, the study employed a correlational research approach in public primary schools in Lagdera Sub-County. Data was collected using structured questionnaires from a sample of 133 respondents, achieving an 88.1% response rate. Data analysis utilized descriptive statistics and linear regression. The findings revealed a statistically significant positive relationship between teacher capacity and student transition ( $R=.399$ ,  $R^2=.180$ ,  $F(1, 131) = 23.540$ ,  $p < .001$ ). Teacher capacity demonstrated the strongest individual relationship among the studied factors, explaining 18.0% of the variance in student transition. The study concludes that enhancing teacher capacity is essential for supporting student transition, underscoring the critical need for targeted professional development programs to improve educational outcomes in challenging contexts.

**Key words:** Teacher Capacity, Student Transition, Junior School, Lagdera Sub-County.

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## 1. Introduction

Education plays a crucial role in shaping a harmonious society and ensuring economic prosperity, contributing to social cohesion and equipping individuals with skills for a high-quality workforce (Mizelle and Irvin, 2000). Transition periods in education, particularly the shift from primary to junior school, are often marked by significant changes in students' academic and social environments (Owuor et al, 2024). During these transitions, students experience considerable shifts in their learning settings and academic expectations, which may pose challenges to their academic success (Hill and Hawk, 2004). This transition from primary to junior school education is a significant stage in a student's academic journey, garnering considerable attention in intellectual debates and pedagogical practices as it is a critical phase that determines long-term educational success (World Bank, 2018). Inadequate support during this period can lead to struggles that hinder students' academic achievement and personal development, making it essential to focus on strategies that support students during this critical phase (World Bank, 2018).

In Kenya, the transition from primary to junior schools is a pivotal stage, with far-reaching implications for long-term educational success. However, significant challenges remain, particularly in marginalized and rural areas such as Lagdera Sub-County in northern Kenya. Despite government initiatives aimed at expanding educational access, approximately 40% of pupils in Lagdera Sub-County face significant barriers during this transition (Ministry of Education, 2023). These barriers include inadequate teacher capacity, limited support programs, poor physical facilities, and socio-economic challenges related to family background (Ministry of Education, 2023). These factors collectively hinder pupils' ability to smoothly progress to junior school.

The quality of primary education is closely tied to teacher competence, which depends on continuous professional development (Omar et al., 2023). As education systems respond to rapid technological changes and societal needs, teacher roles become central in shaping future human capital (Omar et al., 2023). Research confirms that teacher innovation, commitment, and professional learning positively impact instructional quality and student achievement (Asiyah et al., 2021). Effective Teacher Professional Development (TPD) involves structured, sustained learning activities—both external and job-embedded—that improve teacher practices and learner

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outcomes (Omar et al., 2023). Key elements include content focus, active learning, collaboration, modeling, coaching, feedback, and duration (Omar et al., 2023).

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Given the critical nature of this transition and the identified barriers, this study sought to examine the relationship between teacher capacity and pupil transition from primary to junior schools in Lagdera Sub-County. This focus is crucial for understanding how to enhance teaching quality and ultimately learner outcomes in the region.

## 2. Background to the Study

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Research on transition programs has been extensively conducted in several countries, particularly in the developed world, where structured programs have been implemented to facilitate smoother transitions for students. In the United Kingdom, a study by Buchanan et al. (2017) on school-based transition programs revealed that interventions including mentoring, counseling, and orientation activities were successful in fostering positive attitudes toward school, which, in turn, led to lower dropout rates and improved academic performance (Buchanan et al., 2017). The emotional and academic support provided was crucial in helping students manage the academic and social expectations of junior school (Buchanan et al., 2017). In the United States, Juvonen et al. (2017) highlighted the importance of school counselors and peer mentorship programs, finding that peer mentorship, in particular, played a significant role in reducing students' anxiety and improving their academic outcomes (Juvonen et al., 2017). This reinforces the notion that social support is integral to success during transition periods, easing anxiety about academic challenges and social adjustments (Juvonen et al., 2017).

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In other developed countries such as Finland, Singapore, and Canada, high teacher quality has been identified as a significant factor contributing to successful transitions (Darling-Hammond, 2017). The quality of teachers is paramount in ensuring students receive the academic support needed (Darling-Hammond, 2017). Darling-Hammond's research emphasizes the need for effective teacher training programs, continuous professional development, and supportive working conditions that enhance teacher capacity (Darling-Hammond, 2017). Well-equipped teachers are essential in providing students with the guidance and instruction required during their transition to higher levels of education (Darling-Hammond, 2017). Therefore, teacher quality is a critical element not only in improving academic performance but also in ensuring students adjust smoothly to the more rigorous expectations of junior school education (Darling-Hammond, 2017).

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Teacher capacity is further explored in the literature as a fundamental determinant of effective educational transitions. Transition, in the context of education, can be understood as a physical and temporal shift from one setting to another (Fabian and Dunlop, 2005). More specifically, it refers to the period during which a child moves from one educational environment to the next (Fabian, 2007). The transition from primary to junior school introduces students to a new environment with distinct curricula and social dynamics (Arnold et al., 2006). This phase represents a significant developmental milestone for learners, impacting both their social and intellectual growth (Mascareño et al., 2014).

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Teachers play a critical role in facilitating this transition and are fundamental to creating effective schools that adequately prepare students for higher educational levels (Essa, 2003). Their influence extends to fostering students' self-esteem as capable learners (Abadzi, 2006). The accessibility, qualifications, experience, discipline approach, confidence, dedication, and classroom management skills of a teacher can profoundly shape a child's development during the initial stages of schooling, impacting whether the experience is beneficial or detrimental (Arnold et al., 2006).

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Research consistently indicates a connection between teachers' professional credentials and classroom excellence (Arnold et al., 2006). Studies have shown that primary school teachers with training in early childhood education are more effective in supporting the transition of children and their families into school environments compared to those without such specialized knowledge (Arnold et al., 2006). While teachers are crucial in establishing a positive classroom environment for young learners, they can also pose a significant barrier if not adequately prepared or supported (Arnold et al., 2006). Supporting a child's social and emotional functioning in the classroom is directly linked to their future academic success (Bennett, 2006). Positive interactions between students and teachers cultivate feelings of being valued, capable, respected, and cherished among children (Neuman, 2002). Teachers can address children's needs both verbally and nonverbally by responding to concerns and offering encouragement and support, which includes using positive non-verbal cues like smiling and making eye contact (Neuman, 2002).

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Collaboration between primary and junior school teachers is considered beneficial for students transitioning between these levels (Neuman, 2005). Such collaboration can provide a conducive environment for teachers to develop effective programs that ease this transition (Neuman, 2005). However, some research has concluded that the interaction between elementary and junior schools

can be weak and unequal (Van Leer, 2006). This research recommended an interdisciplinary approach to share information about procedures and regulations and examine transition models to promote cultural coherence across both levels, aiming to help professionals establish an environment of seamless transitions (Van Leer, 2006). Nevertheless, this particular research did not specify the practical processes teachers could implement at both levels to ensure a smooth transition (Van Leer, 2006).

Effective transition programs, staffed by skilled professional personnel and providing quality education, have been linked to teacher achievement (Weikart & Schweir, 2011). This suggests that effective teachers possess qualities such as imagination, sociability, patience, and compassion, and are capable of implementing a balanced curriculum and diverse educational experiences (Weikart & Schweir, 2011). An investigation in Thika-West District, Kiambu County, Kenya, found that educators' academic development, the physical setting, and the discourse of learning and teaching techniques were significant factors in student transition (Mureithi, 2013). This study, however, did not find a correlation specifically between different school instructors regarding transition support (Mureithi, 2013). In contrast, the Madrasa early childhood development and education program in East Africa facilitates communication between lower primary school instructors and those from feeder preschools, attempting to ease the transition by exchanging best practices across the two educational contexts (Mwaura, 2005).

In Sub-Saharan Africa, challenges faced by students during the transition are particularly pronounced due to issues such as overcrowded classrooms, poor teaching infrastructure, and insufficient teacher training (World Bank, 1988). While many African nations have made significant investments in education, the quality of education in some countries has stagnated or declined due to growing budgetary constraints, rapid population increases, and political instability (World Bank, 1988). These challenges make it more difficult for students to succeed academically, especially in regions with limited resources and underdeveloped educational infrastructure. A report by the World Bank (2018) highlights the need for effective transition programs in Sub-Saharan Africa, where rapid population growth has strained educational systems, leading to overcrowded classrooms and inadequate facilities. The quality of education has been compromised by insufficient resources, poorly trained teachers, and inadequate facilities (World Bank, 2018). To address these issues, the report advocates for targeted interventions aimed at improving

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educational infrastructure and providing adequate support (World Bank, 2018). In Ghana, teachers face significant challenges, particularly in rural areas, including large class sizes, limited professional development, and a lack of teaching resources (Makuwa and Mlalazi, 2022). In Kenya, the availability of junior school places often determines whether students' transition (Ngware et al., 2006). Transition in Kenya is also linked to teacher competencies, requiring teachers to possess appropriate skills for handling junior school students (Aden et al., 2023).

Despite government initiatives aimed at expanding educational access in Kenya, approximately 40% of pupils in Lagdera Sub-County face significant barriers during this transition (Ministry of Education, 2023). These barriers include inadequate teacher capacity, limited support programs, poor physical facilities, and socio-economic challenges related to family background (Ministry of Education, 2023). This background establishes the critical nature of the transition from primary to junior school and identifies key potential determinants, particularly emphasizing teacher capacity and the challenges faced in contexts like Sub-Saharan Africa and rural Kenya.

### **3. Statement of the Problem**

The transition from primary to junior school is a pivotal stage in a pupil's educational journey, directly impacting their academic performance and long-term success. However, this transition process is particularly challenging in marginalized and rural areas, such as Lagdera Sub-County in northern Kenya. Despite government initiatives aimed at expanding educational access, approximately 40% of pupils in Lagdera face significant barriers during this transition, leading many to drop out before completing their education (Ministry of Education, 2023).

These barriers, which include inadequate teacher capacity, limited support programs, poor physical facilities, and socio-economic challenges related to family background, hinder pupils' ability to smoothly progress to junior school (Ministry of Education, 2023). Specifically in rural Kenya like Lagdera, challenges such as poor infrastructure, inadequate learning materials, insufficient sanitation facilities, overcrowded classrooms, and limited parental support impede this transition (Ministry of Education, 2023). Despite the recognition of these challenges, there is a lack of empirical data specifically examining how these factors interact to influence the transition rates in Lagdera Sub-County. This gap in knowledge limits the development of effective interventions tailored to address the unique challenges faced by pupils in the region.

Therefore, this study sought to explore the relationship between teacher capacity and pupil transitions from primary to junior school in Lagdera Sub-County. By investigating these dynamics, the study aims to provide valuable insights that will inform evidence-based policy recommendations, ultimately improving the educational outcomes and transition experiences for pupils in the region.

#### 4. Research Hypothesis

**H01: Teacher's capacity does not assist learners during transition to junior school in Lagdera Sub-County.**

#### 5. Methodology

The study adopted a **positivism paradigm**, which is described as a comprehensive belief system, worldview, or framework that guides research and practice in a field (Willis, 2007). Positivism is grounded in the belief that reality exists independently of the researcher and can be objectively studied through empirical observations and measurements (Bryman, 2012), emphasizing quantifiable data and objective facts (Bryman, 2012). The foundational assumption of positivism is that the phenomena being studied are external to the researcher and can be observed and measured independently of personal bias or interpretation (Bryman, 2012). In this study, the transition from primary to junior school in Lagdera Sub-County was viewed as an objective event that was not influenced by the researcher's subjective experience or opinion. Factors such as teacher capacity were considered tangible and measurable aspects that could be observed, quantified, and analyzed without requiring subjective interpretation (Bryman, 2012). The adoption of the positivist paradigm allowed for the examination of these variables in a way that emphasized their objective reality and influence on pupil transitions (Bryman, 2012).

For this study, a **correlational research design** was employed. This design is particularly appropriate for examining the nature and strength of relationships between two or more variables without manipulating them (Creswell & Creswell, 2018). It allows the researcher to explore predictive patterns and determine the degree to which variables are related, making it suitable for analyzing the associations between key determinants and the successful transition to junior secondary school (Fraenkel et al., 2019). By using this approach, the study aimed to uncover

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statistically significant relationships that could inform evidence-based strategies for enhancing educational continuity.

The study was carried out in public primary schools within **Lagdera Sub-County**, located in Garissa County, Kenya (Government of Kenya, 2018). Garissa County is situated in the arid and semi-arid lands (ASALs) of northeastern Kenya, a region characterized by harsh climatic conditions, low population density, and limited infrastructure (Government of Kenya, 2018). Lagdera Sub-County, in particular, faces numerous educational challenges, including teacher shortages, low school enrollment, and high dropout rates, largely due to its remote location and socio-economic constraints. The selection of this study area was purposive, based on the researcher's familiarity with the region, which facilitated easier access to schools and respondents. This familiarity enabled more efficient data collection, logistical coordination, and cultural sensitivity in interacting with participants, thus enhancing the feasibility and reliability of the research process.

The study's **target population** comprised all 95 primary school teachers from the 28 public primary schools in Sankuri Sub-County (Omar et al., 2023). For this specific study focused on Lagdera Sub-County, the target population consisted of 31 head teachers, 20 deputy head teachers, 10 heads of departments, and 90 teachers, totaling 151 respondents in Lagdera Sub-County, selected from the 31 public primary schools in the sub-county.

**Table 1: Sample Size of the Population**

Category	Population	Sample size
Schools	31	31
Headteachers	31	31
Deputy headteachers	20	20
HODs	10	10
Teachers	90	90
<b>Total</b>	<b>151</b>	<b>151</b>

Source (MOE, 2025)

The study employed a **census sampling procedure**, a deliberate decision driven by the distinct characteristics of the target population. Given the confined scope of Lagdera Sub-County's public primary schools, the entire population of 151 individuals comprising 31 head teachers, 20 deputy head teachers, 10 heads of departments, and 90 teachers was fully incorporated (Battaglia, 2008; Lavrakas, 2008). This strategic choice diverges from conventional sampling techniques, which are typically employed for larger, more dispersed populations to manage logistical constraints and costs (Battaglia, 2008; Lavrakas, 2008). By undertaking a census, the study inherently eliminates sampling error, thereby ensuring the acquisition of the most accurate and precise data attainable for this specific administrative and teaching cohort (Daniel, 2011). This comprehensive inclusion was paramount, as it guaranteed that every perspective within the defined population was captured, leading to an exceptionally rich and exhaustive understanding of the research phenomenon without the inferential limitations inherent in subset analyses (Daniel, 2011).

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A **structured questionnaire** was the primary research instrument used to collect quantitative data. The questionnaire comprised close-ended questions designed to standardize data collection and enable objective analysis of the relationships between variables, thereby enhancing data reliability and facilitating statistical analysis (Holmes, 2016; Sharma, 2017). A 4-point Likert scale (1 = strongly disagree, 2 = disagree, 3 = agree, and 4 = strongly agree) was adopted to measure respondents' perceptions and experiences concerning the study variables (Omar et al., 2023). The use of a Likert scale allowed for easy quantification of responses, which was essential for statistical analysis (Sharma, 2017). The research instruments had six main domains: Biodata (giving a brief description of the respondent information), Teacher capacity that facilitates transition, Physical facilities in the school that facilitate transition, Support programs in the school to determine transition, Family background of the students, and Student transition process. For the purpose of this article, the focus is on Teacher Capacity and Student Transition.

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## 6. Validity and Reliability of the Instruments

To ensure the validity of the questionnaire items, the study employed both content and face validity assessments. Content validity was established through consultation with subject matter experts, including educational researchers and experienced teachers, who evaluated whether the items comprehensively covered the dimensions of the study variables. Educational experts in Garissa

University expressed a logical link of the survey items to the research objectives. Also, a measuring scale in line with the literature was constructed and pre-tested during the piloting phase.

Reliability refers to the extent to which an assessment tool yields consistent and stable results when applied under similar conditions with comparable participants (Holmes, 2016). It reflects the instrument's ability to produce constant or predictable outcomes over repeated applications (Holmes, 2016). In this study, internal consistency reliability was assessed using Cronbach's Alpha coefficient, a widely recognized statistical measure for evaluating the reliability of multi-item scales (Taber, 2018). A Cronbach's Alpha value of 0.70 or higher is generally accepted as indicating adequate reliability in social science research (Taber, 2018). The reliability coefficient for the construct of **teacher capacity** in this study was  $\alpha = 0.76$ , which demonstrated a satisfactory to high level of internal consistency, confirming that the items grouped under this variable reliably measured the intended concept. Similarly, for **student transition**, the reliability coefficient was  $\alpha = 0.88$ , also indicating high internal consistency.

**Piloting the study** was conducted as a preliminary, limited basis preparation to evaluate the methodologies intended for the research endeavor (Holmes, 2016). Testing the suggested research design and method exposed concerns that might negatively impact the project, as well as educating on various study strategies (Holmes, 2016). Piloting was done in two public primary schools where questionnaires were given to 10 teachers in Fafi Sub-County, and the response was used to inform if the methodology was effective.

## 7. Data Analysis Methods

The data collected for this study was analyzed using quantitative methods to address the research objectives and hypotheses. The analysis was conducted in three phases: descriptive analysis, inferential analysis, and mediation analysis. Descriptive statistics summarized the demographic characteristics of the respondents, such as gender, employer type, academic qualifications, and years of teaching experience. Measures like frequencies, means, and standard deviations were used to provide an overview of the study variables. Inferential statistical techniques were employed to test the study's hypotheses.

Quantitative data was analyzed descriptively and inferentially. Descriptive statistics were used to summarize and organize data in a meaningful way, allowing for a description of the basic features

of the data and providing a simple overview of the sample. The specific descriptive statistics chosen were frequency, percentage, mean, and standard deviations. These descriptive statistics helped to summarize the data in a digestible manner, providing insight into trends, patterns, and distributions without making predictions or assumptions.

While descriptive statistics helped in summarizing the data, inferential statistics were used to draw conclusions that extended beyond the data at hand, allowing for generalizations or predictions. Inferential statistics were limited to the **linear regression model**. Linear regression is a powerful technique used to explore the relationships between variables. This method was useful for predicting the value of a dependent (outcome) variable based on the value(s) of one or more independent (predictor) variables. (It assumes a linear relationship between the dependent and independent variables.) (By using a linear regression model, it was possible to identify the strength of the relationship between variables (measured by the coefficient), as well as assess the predictive accuracy of the model (using metrics like R-squared and p-values).) (It allowed for inferences about the data, such as determining whether a certain predictor had a statistically significant effect on the dependent variable.)

## 8. Presentation of Data Analysis

This section presents the findings, interpretation, and discussions derived from the study, covering general background information on respondents' demographics and the descriptive and inferential statistics related to teacher capacity and student transition.

### 8.1 Descriptive Statistics for Study Variables

This section presents the descriptive statistics for the key variables under investigation, based on data from the 133 respondents.

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**Table 2: Descriptive Statistics**

#### Descriptive Statistics

Variable	N	Minimum	Maximum	Mean	Std. Deviation
Teacher's Capacity	133	1.0	4.0	3.557	0.6802

Student Transition	133	1.00	3.88	3.685	0.4579
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Teacher's Capacity had a high mean score (**Mean = 3.557, SD = 0.6802**) among the potential predictor variables, with scores ranging from 1.0 to 4.0. This suggests that, on average, the perceived teacher capacity in Lagdera Sub-County schools within the sample was relatively high. Student Transition, the dependent variable, also had a high mean score (**Mean = 3.685, SD = 0.4579**), with scores ranging from 1.00 to 3.88. This average score suggests that, overall, the sample reported relatively positive student transition experiences. However, the standard deviation indicates some variation in transition outcomes among students.

#### 8.4 Inferential Statistics

The first objective sought to establish the relationship between teacher capacity and student transition. A simple linear regression was conducted with Student Transition as the dependent variable and Teacher's Capacity as the independent variable.

**Table 3: Model Summary for Teacher's Capacity and Student Transition**

##### Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.399 <sup>a</sup>	.180	.163	.496

<sup>a</sup>. Predictors: (Constant), Teacher's Capacity

The Model Summary (Table 4) shows that Teacher's Capacity was positively correlated with Student Transition (R=0.399). The **R-squared value was 0.180**, meaning that **Teacher's Capacity explained approximately 18.0% of the variance in Student Transition**. The adjusted R-squared was 0.163.

**Table 4: ANOVA for Teacher's Capacity and Student Transition**

Model	Sum of Squares	df	Mean Square	F	Sig.
1	Regression	3.616	1	3.999	23.540

–	Residual	23.561	131	.167	–
–	Total	24.277	132	–	–

<sup>a</sup>. Dependent Variable: Student Transition <sup>b</sup>. Predictors: (Constant), Teacher's Capacity

The ANOVA table (Table 5) indicates that the overall regression model was statistically significant ( $F(1,131)=23.540$ ,  $p=.010$ ). This suggests that Teacher's Capacity is a significant predictor of Student Transition.

**Table 5: Coefficients for Teacher's Capacity and Student Transition**

Model	Unstandardized Coefficients	Standardized Coefficients	t	Sig.
–	B	Std. Error	Beta	–
1	(Constant)	1.767	.294	–
–	Teacher's Capacity	.317	.066	.487

<sup>a</sup>. Dependent Variable: Student Transition

The Coefficients table (Table 6) shows the specific relationship. The unstandardized coefficient (B) for Teacher's Capacity was 0.317, indicating that for every one-unit increase in Teacher's Capacity, Student Transition was predicted to increase by 0.317 units. This relationship was **statistically significant** ( $t = 5.800$ ,  $p < .001$ ). The standardized coefficient (beta) was 0.487, suggesting a moderate positive effect.

**Hypothesis Testing:** The null hypothesis stated that Teacher's capacity does not assist learners during transition to junior school in Lagdera Sub-County. Since the p-value for Teacher's Capacity ( $p < .001$ ) is less than the conventional significance level ( $\alpha=0.05$ ), **the null hypothesis was rejected**. The results indicate that Teacher's Capacity significantly predicts student transition in Lagdera Sub-County, and the relationship is positive, suggesting that higher teacher capacity is associated with better student transition outcomes.

## 9. Research Findings and Interpretation of Results

The analysis conducted directly addressed the hypothesis concerning the relationship between teacher capacity and student transition to junior school in Lagdera Sub-County. As presented, a

**strong, positive, and statistically significant relationship exists between teacher capacity and innovative teaching strategies.** The Pearson correlation coefficient was  $r = .399$  with a p-value of .000, which is well below the significance threshold of 0.05. This robust correlation indicates that as teacher capacity increases or improves, so does the successful transition of students to junior school in Lagdera Sub-County.

Furthermore, the regression analysis provides a more detailed understanding of this relationship. With Teacher Capacity as the predictor, the model produced an unstandardized coefficient (B) of 0.317 with a p-value of 0.000. This means that for every unit increase in teacher capacity, there is a corresponding 0.317 unit increase in student transition outcomes. The statistical significance of this coefficient ( $p < .05$ ) underscores the reliability of this finding.

The overall model summary and ANOVA results further reinforce the strength of this relationship. The R-squared value of 0.180 indicates that **teacher capacity accounts for a substantial 18.0% of the variance observed in student transition outcomes.** This explanatory power suggests that teacher capacity is a major driver of successful student transitions in the study context. The ANOVA F-statistic of 23.540 with a p-value of 0.010 confirms that this relationship is not due to random chance, providing strong statistical evidence.

Based on these compelling results, the null hypothesis, "**H01: Teacher's capacity does not assist learners during transition to junior school in Lagdera Sub-County,**" is resoundingly rejected. Instead, the study concludes that there is indeed a **significant and positive relationship between teacher capacity and student transition in primary schools in Lagdera Sub-County, Garissa County, Kenya.** This finding is central to understanding how to enhance teaching quality and ultimately learner outcomes in the region.

## **10. Discussions**

The findings of this study reveal a **statistically significant positive relationship between Teacher Capacity and student transition ( $p < .001$ ).** This finding provides strong evidence for the rejection of the null hypothesis, indicating that higher teacher capacity is significantly associated with more successful student transition from primary to junior school in Lagdera Sub-County. This aligns with existing literature emphasizing the pivotal role of teacher quality in educational outcomes (Darling-Hammond, 2017).

Teacher capacity, often encompassing pedagogical skills, subject matter expertise, classroom management, and the ability to provide socio-emotional support, is a crucial component of the school microsystem within Bronfenbrenner's Ecological Systems Theory (Bronfenbrenner, 1979). Teachers are key interaction partners for students and significantly shape their daily school experiences. The magnitude of the relationship observed in this study, with Teacher Capacity explaining 18.0% of the variance in student transition and having a standardized beta coefficient of 0.487, suggests it plays a substantial and impactful role. This finding resonates with extensive literature highlighting the importance of teacher competencies for student achievement and development (Ulla, 2018; Giovazolias et al., 2019; Sanders & Rivers, 1996; Hanushek et al., 1998; Porter, 2001).

A teacher's ability to effectively teach, identify and support struggling students, create a positive and engaging classroom environment, and understand the specific challenges of the transition period can significantly ease students' adjustment (Susanto et al., 2016). For example, teachers skilled in formative assessment can better monitor student understanding and provide targeted support. Those proficient in classroom management create secure and orderly learning environments, reducing anxiety for transitioning students. Furthermore, teachers with strong socio-emotional competencies can provide necessary guidance and mentorship, which are crucial during a period of significant change and vulnerability for young learners (Susanto et al., 2016).

In the specific context of Lagdera Sub-County, a region characterized by socio-economic and infrastructural challenges, the importance of teacher capacity becomes even more pronounced. Where resources may be limited and external support systems less robust, highly capable teachers can serve as critical anchors for students navigating the transition. Their adaptability, resilience, and commitment can mitigate some of the environmental disadvantages. The high mean score for perceived teacher capacity (Mean = 3.557) suggests that while teachers are generally perceived to be capable, further targeted professional development could be highly beneficial. Given potential resource constraints, investing in improving teacher capacity might be a particularly cost-effective strategy for enhancing transition outcomes for students in Lagdera, leading to more sustainable educational improvements. This approach also aligns with Schlossberg's Transition Theory (Schlossberg, 1995), which emphasizes that coping resources, including personal characteristics

and support, significantly influence an individual's ability to navigate transitions successfully. Enhanced teacher capacity directly contributes to such coping resources for students.

## 11. Summary and Conclusions

### 11.1 Summary of Findings

This study aimed to investigate the relationship between teacher capacity and student transition from primary to junior schools in Lagdera Sub-County, Garissa County, Kenya. Data were collected from 133 respondents, including teachers, head teachers, deputy head teachers, and Heads of Departments, using a structured questionnaire. Descriptive statistics were used to profile the respondents and study variables, while simple linear regression analysis was employed to test the hypothesis.

The study revealed a **statistically significant positive relationship between Teacher Capacity and student transition** ( $R=.399$ ,  $R^2=.180$ ,  $F(1, 131)=23.540$ ,  $p < .001$ ). This robust finding indicates that higher teacher capacity is consistently associated with better student transition outcomes. Consequently, the null hypothesis, which posited no significant relationship between teacher capacity and student transition in Lagdera Sub-County, was rejected. The analysis demonstrated that teacher capacity alone accounted for a notable **18.0% of the variance in student transition outcomes**, highlighting its substantial influence on the success of pupils moving from primary to junior school. Overall, the perceived teacher capacity was relatively high (Mean = 3.557), and students reported relatively positive transition experiences (Mean = 3.685).

### 11.2 Conclusion

Based on the compelling findings, it is concluded that **teacher capacity plays a significant and positive role in improving student transition strategies in primary schools in Lagdera Sub-County, Garissa County**. The close statistical relationship between these two variables indicates that robust and effective teacher capacities directly lead to more successful and smoother student transitions from primary to junior school.

This conclusion is further reinforced by theoretical frameworks such as Schlossberg's Transition Theory (Schlossberg, 1995), which suggests that an individual's ability to successfully navigate transitions is influenced by their coping resources and the characteristics of their pre- and post-

transition environments. In this context, capable and well-prepared teachers serve as vital coping resources and contribute significantly to a supportive environment. Furthermore, Bronfenbrenner's Ecological Systems Theory (Bronfenbrenner, 1979) highlights the profound influence of the immediate school environment (microsystem) on a child's development. Teacher capacity, residing squarely within this microsystem, directly shapes the quality of instruction, the classroom atmosphere, and the individual support provided to students, all of which are critical for a successful transition. The study's findings underscore that enhancing teacher competencies and retention in underserved areas is fundamental to achieving educational equity and improving student outcomes under the Competency-Based Curriculum (CBC) in Kenya. Ultimately, the consistent positive influence of teacher capacity established in this study provides strong evidence that investments in teacher development are crucial for fostering successful educational pathways for students in regions facing systemic challenges.

## **12. Recommendations for Policy and Practice**

Based on the compelling findings of this study and in consideration of the specific context of Lagdera Sub-County, the following recommendations are put forth for education stakeholders, particularly the Ministry of Education and the Teachers Service Commission (TSC), to enhance the relationship between teacher capacity and student transition:

- **Prioritize Comprehensive and Well-Structured Teacher Professional Development Programs for Transition Support:** Given the significant positive relationship and the relatively large effect size of Teacher Capacity on student transition, it is recommended that educational stakeholders in Lagdera Sub-County prioritize investment in teacher training and professional development programs. These programs must be explicitly designed not only to enhance subject knowledge and general pedagogy but also to equip teachers with specific skills and knowledge needed to support students during the transition from primary to junior school. This includes training on:

## **13. Recommendations for Further Studies**

Based on the scope and findings of this study, the following areas are recommended for further research to deepen understanding of educational innovation and student transition in similar contexts:

- **Investigate the Specific Components of Teacher Capacity:** While this study confirmed the overall positive relationship, future research could delve deeper into which specific elements of teacher capacity (e.g., subject mastery, pedagogical skills, socio-emotional support, classroom management, ICT integration) have the strongest impact on student transition outcomes. This could help tailor professional development programs more precisely.
- **Explore the Impact of Teacher Motivation and Well-being on Transition Support:** Given that teacher contribution relies on their dedication, future studies could examine how teacher motivation, job satisfaction, and well-being influence their capacity and willingness to provide effective transition support, especially in challenging environments like Lagdera.

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Mention in brief

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