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| Journal Name: | [South Asian Journal of Social Studies and Economics](South%20Asian%20Journal%20of%20Social%20Studies%20and%20Economics) |
| Manuscript Number: | **Ms\_SAJSSE\_138971** |
| Title of the Manuscript:  | **PLANNING LIFESTYLE AND REGENERATING THE POTENTIAL OF TEACHERS IN PUBLIC ELEMENTARY SCHOOLS: A DESCRIPTIVE STUDY** |
| Type of the Article | **Original Research Article** |

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| PART 1: Comments |
|  | Reviewer’s comment**Artificial Intelligence (AI) generated or assisted review comments are strictly prohibited during peer review.** | **Author’s Feedback** (It is mandatory that authors should write his/her feedback here) |
| **Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part.** | This manuscript reveals the relationship between life planning and professional growth of teachers and is of great importance to the scientific community. The study used a reliable methodology that allows generalizations within a similar context. The practical value of the work lies in the fact that the results can be used by school administrations and policymakers in the field of human resource development.The article has a clear structure, logical presentation, proper academic language and compliance with ethical requirements. The author explores an important and relevant topic related to the professional well-being of teachers. The work is qualitatively performed both in methodological and analytical aspects. |  |
| **Is the title of the article suitable?****(If not please suggest an alternative title)** | Yes, the title clearly reflects the content and focus of the research. It does not need to be replaced. |  |
| Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here. | Yes, the abstract concisely and clearly presents the purpose, methods, results, and conclusions. One can only suggest strengthening the practical significance. |  |
| Is the manuscript scientifically, correct? Please write here. | Yes. The methodology is clearly described, the analysis is performed correctly, the conclusions logically follow from the results. There is scientific validity.**Strengths:** Quantitative descriptive-correlation design, good level of representativeness, pilot testing; high reliability of instruments, use of proven statistical methods ( mean , Pearson, multiple regression ) .**Possible improvements:** were there control variables (age, experience, education level) that could have affected the results? |  |
| **Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.** | Yes, modern sources were used (mainly 2020–2024). All sources are relevant to the topic of the study. There are international and regional sources. Some of the literature has hyperlinks to open sources. There is an error in the reference in the first source |  |
| Is the language/English quality of the article suitable for scholarly communications? | Yes, the language is academic, logical, and clear. The style is appropriate for a scientific journal. |  |
| Optional/General comments | This is a strong, high-quality research article that combines a practical focus with a clear academic rationale. Its findings can be useful for school administrations, ministries of education, professional development programs, and further academic research.**The article is based on an existing model (not described in the paper) of everyday behavior and priorities** in a teacher's life, which affects his professional functioning, health and well-being, has many types and directions . To assess The most important ones are selected : **Influence** - the ability to influence processes in the team, organize one's own life; **Engagement** - active participation in school life, initiatives, professional communities and **Accountability** - responsibility to oneself, students, colleagues, adherence to plansThese component models are associated with the renewable potential , **The foundation of pedagogical resilience** , which allows teachers to remain motivated, effective, and resilient even in challenging circumstances. Its development is key to maintaining quality education, especially in public primary schools, where teachers often work with high workloads and limited resources. **Internal flexibility, motivation, self-reflection, and adaptation** allow teachers to maintain productivity, energy, and optimism in their professional activities.**Specifics of elementary school: Greater emotional contact with children. Working with younger students requires greater emotional stability and empathy. Less academic workload, but more educational responsibility****Limitations of generalizability of results in the sample:** The study included **141 elementary school teachers in Malalag District**, which is **a local sample**. They work in **a specific educational environment, management system, and culture** that is inherent in Philippine education.The results **can be used as a hypothesis** or basis for expanding the study; **extrapolate with caution** , taking into account context, position, educational level; **adapt the ideas of the** planning and recovery support program to the needs of other categories of teachers. |  |

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| **PART 2:**  |
|  | **Reviewer’s comment** | **Author’s comment** *(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Are there ethical issues in this manuscript?**  | *(If yes, Kindly please write down the ethical issues here in details)* |  |

**Reviewer details:**

**Volodymyr Kukharenko, Kharkiv National Automobile and Highwey University, Ukraine**