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| Journal Name: | [**Journal of Advances in Medicine and Medical Research**](https://journaljammr.com/index.php/JAMMR) |
| Manuscript Number: | **Ms\_JAMMR\_138987** |
| Title of the Manuscript: | **Immediate Effect Of Manual Trigger Point Release Versus Post Isometric Relaxation Technique Among College Going Students With Trapezitis : A Comparative Study** |
| Type of the Article | **Original Research Article** |

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| PART 1: Comments | | |
|  | Reviewer’s comment **Artificial Intelligence (AI) generated or assisted review comments are strictly prohibited during peer review.** | **Author’s Feedback** (It is mandatory that authors should write his/her feedback here) |
| **Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part.** | **Trapezitis is a very common musculoskeletal condition. With the help of this comparative study we can get deep insights regarding the efficient protocol that can be used for treatment. This research can help in optimizing treatment plans, enhancing patient outcomes and reduce the long term burden of neck nd shoulder pain.** |  |
| **Is the title of the article suitable?**  **(If not please suggest an alternative title)** | **The title is mostly understandable and educational but we can refine it to enhance readability and scientific clarity. Like “College going students” can be cut down to “college students”.**  **Alternative title can be “Immediate effects of manual trigger point release versus post isometric relaxation in college students with trapezitis : A Comparative Study.** |  |
| Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here. | **The abstract provides the general idea of the study but it lacks clarity, proper structure, grammar and scientific flow.**  **Suggestions:**   1. **Improve sentence structure for clarity.** 2. **Correct grammatical mistakes e.g. “students with trapezitis usually complain of pain” instead of “complaints of pain” or “Less than that of” for “was less than than” so on.** 3. **Add Specifics like clarify sample size (n=18) and group allocation.** 4. **Remove unclear statements like “which shows’ and replace it with original findings.** |  |
| Is the manuscript scientifically, correct? Please write here. | The overall research premise is scientifically valid.  Areas that need scientific clarification:   1. Sample size is extremely small (n=18) and limits generalization of the study. It is a major limitation of the study. 2. The study is analyzing only immediate effects a long term follow up would be necessary for clinical significance. 3. No control group. 4. Overuse of the term extremely significant: “statistical speaking” or “statistically significant” suffices. Extremely significant is exaggerated. |  |
| **Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.** | References are sufficient and include recent studies especially of practical physiotherapy focussed paper. However, the scientific firmness could be improved by:   1. Incorporating more recent high-impact studies (2020–2024), 2. Including systematic reviews, 3. Reducing lower-tier/unindexed journal reliance. |  |
| Is the language/English quality of the article suitable for scholarly communications? | There are some grammatical mistakes in the article, lack of punctuation. In references some of the journal names and article titles are not capitalized or italicized correctly. Formatting of the article is extremely poor which makes its readability difficult. |  |
| Optional/General comments | Formatting of the article is extremely poor which makes its readability difficult. Academic writing should be formal, objective, and free of informal language. |  |

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| **PART 2:** | | |
|  | **Reviewer’s comment** | **Author’s comment** *(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Are there ethical issues in this manuscript?** | *(If yes, Kindly please write down the ethical issues here in details)* |  |

**Reviewer details:**

**Ambuja Bhardwaj, RIMT University, India**