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| Journal Name: | [South Asian Journal of Social Studies and Economics](South%20Asian%20Journal%20of%20Social%20Studies%20and%20Economics) |
| Manuscript Number: | **Ms\_SAJSSE\_138971** |
| Title of the Manuscript: | **PLANNING LIFESTYLE AND REGENERATING THE POTENTIAL OF TEACHERS IN PUBLIC ELEMENTARY SCHOOLS: A DESCRIPTIVE STUDY** |
| Type of the Article | **Original Research Article** |

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| PART 1: Comments | | |
|  | Reviewer’s comment **Artificial Intelligence (AI) generated or assisted review comments are strictly prohibited during peer review.** | **Author’s Feedback** (It is mandatory that authors should write his/her feedback here) |
| **Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part.** | This manuscript reveals the relationship between life planning and professional growth of teachers and is of great importance to the scientific community. The study used a reliable methodology that allows generalizations within a similar context. The practical value of the work lies in the fact that the results can be used by school administrations and policymakers in the field of human resource development.  The article has a clear structure, logical presentation, proper academic language and compliance with ethical requirements. The author explores an important and relevant topic related to the professional well-being of teachers. The work is qualitatively performed both in methodological and analytical aspects. | We are grateful for your valuable comment. |
| **Is the title of the article suitable?**  **(If not please suggest an alternative title)** | Yes, the title clearly reflects the content and focus of the research. It does not need to be replaced. | We are grateful for your valuable comment. |
| Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here. | Yes, the abstract concisely and clearly presents the purpose, methods, results, and conclusions. One can only suggest strengthening the practical significance. | We have made the necessary revision based on your comment. |
| Is the manuscript scientifically, correct? Please write here. | Yes. The methodology is clearly described, the analysis is performed correctly, the conclusions logically follow from the results. There is scientific validity.  **Strengths:** Quantitative descriptive-correlation design, good level of representativeness, pilot testing; high reliability of instruments, use of proven statistical methods ( mean , Pearson, multiple regression ) .  **Possible improvements:** were there control variables (age, experience, education level) that could have affected the results? | Thank you for your positive feedback and thoughtful observations. While we acknowledge the value of including control variables such as age, experience, or education level, we have chosen to focus solely on the primary variables of interest in this study. This decision was made to maintain a clear and focused scope aligned with the study's objectives. We appreciate your insight and will consider it for future research endeavors. |
| **Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.** | Yes, modern sources were used (mainly 2020–2024). All sources are relevant to the topic of the study. There are international and regional sources. Some of the literature has hyperlinks to open sources. There is an error in the reference in the first source | We have made the necessary revision based on your comment. |
| Is the language/English quality of the article suitable for scholarly communications? | Yes, the language is academic, logical, and clear. The style is appropriate for a scientific journal. | We are grateful for your valuable comment. |
| Optional/General comments | This is a strong, high-quality research article that combines a practical focus with a clear academic rationale. Its findings can be useful for school administrations, ministries of education, professional development programs, and further academic research.  **The article is based on an existing model (not described in the paper) of everyday behavior and priorities** in a teacher's life, which affects his professional functioning, health and well-being, has many types and directions . To assess The most important ones are selected : **Influence** - the ability to influence processes in the team, organize one's own life; **Engagement** - active participation in school life, initiatives, professional communities and **Accountability** - responsibility to oneself, students, colleagues, adherence to plans  These component models are associated with the renewable potential , **The foundation of pedagogical resilience** , which allows teachers to remain motivated, effective, and resilient even in challenging circumstances. Its development is key to maintaining quality education, especially in public primary schools, where teachers often work with high workloads and limited resources. **Internal flexibility, motivation, self-reflection, and adaptation** allow teachers to maintain productivity, energy, and optimism in their professional activities.  **Specifics of elementary school: Greater emotional contact with children. Working with younger students requires greater emotional stability and empathy. Less academic workload, but more educational responsibility**  **Limitations of generalizability of results in the sample:** The study included **141 elementary school teachers in Malalag District**, which is **a local sample**. They work in **a specific educational environment, management system, and culture** that is inherent in Philippine education.  The results **can be used as a hypothesis** or basis for expanding the study; **extrapolate with caution** , taking into account context, position, educational level; **adapt the ideas of the** planning and recovery support program to the needs of other categories of teachers. | Thank you very much for your positive and insightful feedback. We appreciate your recognition of the study’s relevance and practical value, as well as your thoughtful interpretation of the underlying model and its components. While the model was not explicitly detailed in the paper, your summary aligns well with the study's intent. We also acknowledge the limitations of generalizability due to the local sample and agree that findings should be applied with contextual caution. Your suggestions will be valuable for guiding future research and potential program adaptations. |

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| **PART 2:** | | |
|  | **Reviewer’s comment** | **Author’s comment** *(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Are there ethical issues in this manuscript?** | *(If yes, Kindly please write down the ethical issues here in details)* |  |