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| Journal Name: | [**Journal of Advances in Medicine and Medical Research**](https://journaljammr.com/index.php/JAMMR) |
| Manuscript Number: | **Ms\_JAMMR\_138987** |
| Title of the Manuscript: | **Immediate Effect Of Manual Trigger Point Release Versus Post Isometric Relaxation Technique Among College Students With Trapezitis : A Comparative Study** |
| Type of the Article | **Original Research Article** |

**PART 1: Comments**

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|  | **Reviewer’s comment**  **Artificial Intelligence (AI) generated or assisted review comments are strictly prohibited during peer review.** | **Author’s Feedback** (It is mandatory that authors should write his/her  feedback here) |
| **Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part.** | **Trapezitis is a very common musculoskeletal condition. With the help of this comparative study we can get deep insights regarding the efficient protocol that can be used for treatment. This research can help in optimizing treatment plans, enhancing patient outcomes and reduce the long term burden of neck nd shoulder pain.** | Trapezitis is one of the common inflammatory conditions seen among  college going students due to prolonged faulty posture, overuse, stressful neck movement, etc. This Study was designed to immediate effect of manual trigger point release & post-isometric relaxation among college going students with trapezitis. This study proved the efficacy of manual trigger point release & post isometric relaxation among college going students with trapezitis by reducing pain intensity & improving cervical ROM. |
| **Is the title of the article suitable?**  **(If not please suggest an alternative title)** | **The title is mostly understandable and educational but we can refine it to enhance readability and**  **scientific clarity. Like “College going students” can be cut down to “college students”.**  **Alternative title can be “Immediate effects of manual trigger point release versus post isometric**  **relaxation in college students with trapezitis : A Comparative Study.** | All necessary corrections are done. |
| **Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here.** | **The abstract provides the general idea of the study but it lacks clarity, proper structure, grammar and scientific flow.**  **Suggestions:**  **1. Improve sentence structure for clarity.**  **2. Correct grammatical mistakes e.g. “students with trapezitis usually complain of pain” instead of**  **“complaints of pain” or “Less than that of” for “was less than than” so on.**  **3. Add Specifics like clarify sample size (n=18) and group allocation.**  **4. Remove unclear statements like “which shows’ and replace it with original findings.** | 1. Necessary corrections are done.  2. Necessary corrections are done.  3. As the Sample size calculation was done by OpenEpi software [version 3] power was 80%, confidence interval was 95%. Group allocation was done by paper chit method.  4. Necessary corrections are done. |
| **Is the manuscript scientifically, correct? Please write here.** | The overall research premise is scientifically valid. Areas that need scientific clarification:  1. Sample size is extremely small (n=18) and limits generalization of the study. It is a major limitation of the study.  2. The study is analyzing only immediate effects a long term follow up would be necessary for clinical significance.  3. No control group.  4. Overuse of the term extremely significant: “statistical speaking” or “statistically significant” suffices.  Extremely significant is exaggerated. | 1. The sample size was calculated by using OpenEpi Software and  the small sample size is already mentioned in the limitations of the study.  2. We have mentioned in future scope that this study can be conducted for long term follow up.  3. This a comparative study and not a randomized controlled trial so authors did not include control group.  4. Necessary corrections are made. |
| **Are the references sufficient and recent? If you have**  **suggestions of additional references, please mention them in the review form.** | References are sufficient and include recent studies especially of practical physiotherapy focussed paper.  However, the scientific firmness could be improved by:  1. Incorporating more recent high-impact studies (2020–2024),  2. Including systematic reviews, | Necessary corrections are made. |

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|  | 3. Reducing lower-tier/unindexed journal reliance. |  |
| **Is the language/English quality of the article suitable for scholarly communications?** | There are some grammatical mistakes in the article, lack of punctuation. In references some of the journal names and article titles are not capitalized or italicized correctly. Formatting of the article is extremely poor which makes its readability difficult. | Necessary corrections are made. |
| **Optional/General** comments | Formatting of the article is extremely poor which makes its readability difficult. Academic writing should be formal, objective, and free of informal language. | Article is formal.  Formatting is changed accordingly. |

**PART 2:**

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|  | **Reviewer’s comment** | **Author’s comment** *(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Are there ethical issues in this manuscript?** | *(If yes, Kindly please write down the ethical issues here in details)* | No |