***Original Research Article***

**INFLUENCES OF INDEPENDENT VARIABLES ON THE ADOPTION OF RECOMENDED COFFEE PRODUCTION PRACTICES IN SIHA DISTRICT, KILIMANJARO REGION**

**ABSTRACT**

**Aims:** The adoption of recommended coffee agricultural practices is critical for enhancing the productivity and sustainability of smallholder coffee farmers. This study explores the influences of independent variables on the adoption of this practices.

**Study design:** A quantitative method was employed, utilizing structured questionnaires administered to sample size of 198 smallholder farmers.

**Methodology:** Data were analysed using SPSS version 20 with descriptive statistics (frequencies and percentages) to assess adoption levels. The Probit regression model was applied to evaluate the likelihood that a farmer adopts a given practice based on a set of explanatory variables. The regression examined the association between adoption decision and independent variables, including access to loan, annual income, gender, access to training, number of coffee plants, farm size and educational level.

**Results**: The findings revealed that adoption rate varied across different coffee practices, while some practices like shade adoption and weeding are widely adopted, others like IPM and pesticides use need more support to be widely implemented. Income, land size and access to training were found to significantly affect the adoption of many practices. Income and access to training were associated with adoption of more advanced practices suggesting farmers with greater financial resources and knowledge are more likely to implement these practices. On the other hand, marital status and gender has no significant influence on adoption of most practices.

**Conclusion**: The study concludes that addressing access to credits and education challenges among smallholder farmers can significantly improve the adoption of these practices, thereby increasing productivity and farmers income. Based on these finding practical training program to improve farmers knowledge, financial support to farmers and targeted interventions for younger farmers should be emphasized.

Key words: ***Adoption, smallholder farmers, coffee agricultural practices, independent variables***

**1.0 INTRODUCTION**

Coffee rank among top valuable traded commodities in international trade with 100 million bags produced annually in 50 countries (Adugna BG, 2021). The income of the coffee sector is estimated to exceeds 200 billion US dollar annually. It supports more than 100 million people globally (Adugna BG, 2021). Countries leading in coffee production globally include Brazil which account for 39% of the total (66.3 million 60kg bags), followed by Vietnam with 16% (27.5 million bags) while Colombia which rank third in global production and contribute 8% (12.76million bags) (USDA Global Coffee Production Report, 2024). Africa contribute only 12% of the total global coffee production (USDA Global Coffee Production Report, 2024). Leading African countries include Ethiopia which produce about 5% of the world total coffee supply, followed by Uganda with 4% (**Wossen *et al.,* 2015: ICO, 2023).** Tanzania account approximately 6% of African coffee production, and globally rank 14th produces 1,350,000 60kg bags representing 0.8% of the global coffee supply (USDA Global Coffee Production Report, 2024). In comparison, Tanzania coffee yield has declined over years particularly compared to 1990s and early 2000s (TaCRI,2005). In order to address the decline interventions to enhance productivity and quality is required TaCRI,2005).

Globally, demand of coffee has increased by 65% as coffee sector has continued evolving in major coffee growing regions in the past two decades (Bozzola *et al*., 2021). Likewise coffee consumption has continued to rise with the demand expected to be 300 million bags by 2050 (Bozzola *et al*., 2021). This is driven by advancement in technology, expansion of production capacities and shifting in consumer preferences (Bozzola *et al*., 2021). For instance, global leading counties such as Brazil, Vietnam and Colombia have solidified their position through consistent investment in research, market expansion and innovation in order to ensure constant supply of high-quality coffee to meet the growing global demand (Bozzola *et al*., 2021: **ICO, 2023**). In countries such as Colombia, Latin American and Caribbean various national and international initiatives supporting farmers through policy representation, market access, sustainability, and skill development has been laid out at producer level (Bozzola *et al*., 2021). At the buyer level, various initiatives focusing on sustainability through corporate guidelines, ethical sourcing programs, agronomic support, financial services, and digital sustainability platforms have been well established. As international trade pattern shifts, Emerging countries, particularly in South-East Asia and the Middle East, are reshaping global coffee market dynamics with rising domestic consumption and a growing preference for coffee over traditional beverages like tea. Countries such as India, Indonesia, the Philippines, and Vietnam are not only major producers but also increasing consumers, while regions like Saudi Arabia, Turkey, and the UAE show rapid growth in coffee imports driven by young, affluent populations (Bozzola *et al*., 2021).

Africa has retained its position in global coffee production not only as an origin of arabica coffee but also as a key supplier in international trade (Amamo AA., 2014). Despite Africans small coffee contribution to global supply in comparison to Asia and Latin America, still its unique coffee varieties, rich biodiversity and expanding specialty coffee market position it as an important region in the industry (Bozzola *et al*., 2021). Strengthening production and processing systems across African coffee-growing nations can enhance the continent’s competitiveness and ensure long-term sustainability in the global coffee trade (Behar, 2023).

Several studies conducted in regions growing coffee in Tanzania have identified poor farming practices as the main constraint to coffee productivity (Otieno *et al.,* 2019). Majority of coffee growers are small holder farmers account for 90% of the total producer often struggle with low yields due to inadequate agronomic knowledge (Otieno *et al.,* 2019). These persistent challenges have drawn attention for national and international agricultural agencies which has led to development of recommended agronomic practices as among initiatives aiming at improving yield and ultimately promoting coffee sustainability (Wintgens, 2012). The successful adoption and integration of these practices by farmers is not only important for improving farmers incomes but also for maintaining Tanzania position in global coffee business.

In response to production constraints, for example, Tanzania coffee research institute (TaCRI) has recommended key practices for improving coffee production (Mbunduki, 2024). The practices include, adoption of improved coffee varieties that are resistant to diseases and are of high productivity (Maro *et al*., 2014) Proper plant spacing, integrated soil fertility management with the use of both organic and inorganic amendments, play a key role in sustaining soil health and enhancing nutrient availability for coffee plants (Maro *et al*., 2024). These practices are crucial for improving overall farm productivity and soil, as they contribute to long term sustainability. Furthermore, integrated pest management (IPM) which include range of practices from mechanical, cultural, biological to chemical has been strongly advocated to control major coffee pests. Other essential agronomic recommended measures for coffee includes shade tree management, mulching and efficient water use through irrigation and rain water harvest.

Despite the proven benefits of these recommended practices, their adoption among small holder farmers remains inconsistent (Mhando, 2019). Substantial efforts have been made to promote improved coffee techniques yet adoption has remained inadequate (Otieno *et al.,* 2019). Such efforts include, initiative by TaCRI and coffee body to distribution and disseminate improved seeds and seedlings to farmers in all coffee growing regions. Farmers receive these seedlings at no cost. These limited adoption among farmers undermines the potential for increased agricultural productivity and social economic benefits. For instance, if the recommended practices could be best adopted, production could increase by 4 to 15 folds from current standing of 200-750kg/ha to 3t/ha with the same land (Bongers *et al.,* 2015) The persistent challenge of inadequate adoption of these practices highlights the need to investigate the factors that influences their adoption among small holder farmers.

Adoption of recommended practices is influenced by independent factors (Teklewold *et al.,* 2013: Kassie *et al.,* 2013: Abegunde *et al.,* 2019: Msuya, 2021): Wambua *et al*., 2021) and intervening factors (Dessart *et al*., 2021) However, the influence of these factors varies significantly across different farming system and social cultural settings (Mwinuka and Hyera, 2022: Nnanna *et al*., 2025: Mahindarathne & Min, 2018). Therefore, this study aims at analysing how the independent factors shape adoption decisions in the context of coffee production in Siha, Kilimanjaro. By examining these factors, the study seeks to offer actionable insight that can guide the development of targeted interventions to increase adoption rate, improve productivity and enhance farmers livelihood, ultimately contributing to the region’s economic growth.

The study is crucial as the coffee sector is the key driver of Tanzania economy contributing approximately 4% of the nation’s GDP and providing livelihood to around 2.4 million smallholder farmers (Food and Agriculture Organization, 2020). Enhancing productivity through the adoption of recommended practices can significantly increase farm income and improve export revenues. The study also contributes to the broader discourse on sustainable coffee production sub–Saharan Africa, where many producers face challenges related to climate change, pests and low adoption of modern farming techniques.

**1.1 Theoretical framework**

This study is grounded by three interrelated theories, Technology Adoption Theory, Diffusion of Innovation Theory (2003) and Duvel model (1991). These theories provide a comprehensive understanding of factors influencing the adoption of the recommended practices in coffee production. According to the Theory of Diffusion of Innovation there are five key factors influencing the adoption of the recommended practices; compatibility, relative advantage, observability, complexity and trialability. Farmers are more likely to implement these practices if they observe them as better than the existing practices, line up with their believe and values, are easy to implement and understand, can be tried up in small scale and yield visible results.

Supplementary to these factors, The Theory of Technology Adoption suggest that the adoption of the recommended practices is also influenced by perceived usefulness and perceived easy to use the technology. Farmers are more likely to adopt recommended practices if they believe they will improve their income or productivity, are easy to understand and use. Duvel’s behaviour model further provide a comprehensive ground for understanding human complications in adoption decisions. The model posts that behaviour is influenced by combination of both personal and environmental factors interacting dynamically to shape decision making. In the context of these study, these factors represent the independent variables that influence adoption of recommended practices among farmers. Duvel (1991) categorizes these independent factors in to two broadly category; personal factors as education, income, farming experience and training and environmental factors including farm size and number of coffee plants. These factors can one way or the other influence the adoption of the recommended practices.

1.2 **Conceptual Framework**

**Independent Variables**  **Adoption**

**Farmer characteristics**

Age

Education

Experience

Risk tolerance

**Environmental factors**

Land size

Number of coffee plants

**Institutional factors**

Access to credit

Access to training

**Adoption of recommended coffee practices**

(Irrigation, Weeding, Shade adoption, Fertilizer application, Pesticide application, IPM, Mulching, Recommended spacing and Canopy management)

**Level of Adoption**: Measured on a scale of adopters and non-adopters of the recommended practices.

**Types of Practices Adopted**: Specific practices adopted (e.g., integrated pest management, soil fertility management).

**S**

**2.0 METHODOLOGY**

**2.1 Research Design**

This study adopted cross-sectional design. The design has been recommended by several scholars including (Omair, 2015: Setia, 2016). Quantitative methods were employed to analyse the adoption of recommended coffee production practices among smallholder farmers.

**2.2 Description of the study area**

The selection of Siha District as a study area was due to its low coffee productivity despite having all the favourable conditions for Arabica coffee production. The district is located in the Kilimanjaro region of Tanzania, its population of approximately 139,019 as of the 2022 census (Tanzania National Bureau of Statistics, 2022) most of them being smallholder farmers. While coffee remains the primary cash crop, they also cultivate other crops sch as bananas, beans and maize for both subsistence and income generation. Its fertile soil, diverse microclimates and varying altitudes create perfect condition for coffee farming. Nevertheless, due to low productivity it has prompted efforts to promote high yielding, disease-resistant hybrid coffee varieties as a part of the recommended agricultural practices. This transition presents an opportunity to examine the factors influencing level of adoption and the factors influencing farmers decisions.

**2.3 Data Collection**

The method used for data collection was Structured questionnaire administered to a sample of 198 smallholder farmers from Kandashi, Karansi, Mendai and Ashengai villages in Siha district. The questionnaire enclosed social-economic characteristics, adoption behaviour and knowledge of recommended coffee practices. Key informant interview was held with extension officers and cooperative leaders to complement data from farmers.

Information on the package of the recommended coffee production practices were collected from the Tanzania Coffee Research Institute (TaCRI). This valuable information provided by secondary sources presented a comprehensive view of the study area.

**2.4 Data collection and measurement**

The baseline for the recommended practices in this study, was defined by established agricultural standards for coffee production, as delineated by experts. These standards consist of guidelines for key practices such as mulching, pest control, water management, pruning, plant spacing, shade management and fertilizer application (Avelino *et al.,* 2015). For application of fertilizer, depending on soil pH, farmers are recommended to apply 180-200 grams per tree per season of NPK or CAN fertilizers, or 90-100 grams of Urea for tree over three years old (Otieno *et al.,* 2019: Kassie et al., 2011: Hamadi, 2016). Spacing is recommended to be 1.5x2 meters or 2mx2m, 2.5x2.5 meters, 2.74x2.74 meters or 3x3 meters while shade cover is recommended of 25-30%, to promote healthy growth of the plant (Bosselmann *et al*., 2009). Pruning is recommended at least three times per year, upholding 30-37 branches per tree, with a 6–7year rejuvenation cycle (Winston *et al*., 2005). Moreover, Pest control should follow Integrated Pest Management (IPM) techniques, and organic mulching is endorsed to retain soil moisture and prevent erosion. Irrigation should be done at least once in a week during dry periods, and farmers are encouraged to adopt rainwater harvesting of drip irrigation.

**2.5 Sampling and Sample Size Determination**

In this study villagers in Siha district were selected using a simple random sampling technique. The list of all coffee-producing villages was obtained from coffee boards and the associated farmers cooperatives. A unique identification number was assigned to every village, and a random number generator was used to randomly hand-picked a predetermined number of villages. Subsequent to this, to determine the appropriate sample size the Yamane formula was used (Umar & Wachiko 2021). The formular was considered fitting for this study as it provided an accurate sample size calculation for predetermined population guaranteeing statistical accuracy. Due to its simplicity and effectiveness this formula is commonly used in many studies. Afterward, the required number of 198 farmers from the identified villages were selected using a systematic random sampling approach.

Sample size calculation; using Tara Yamane method (1967) (Umar & Wachiko 2021) To get a representative sample

Formula: n=N/1+N(e)2

Whereby; n=Sample size

N= Population size

e= Level of precision 5%

The total population of farmers with improved coffee varieties in the selected villages for this study were 400.

n=400/1+400(0.05)2

n=400/1+400(0.0025)

n=198

**2.6 Data Analysis**

The data were entered and cleaned on excel then transferred on Statistical Package for Social Sciences (SPSS). SPSS was used to code and analyse the collected quantitative data. Descriptive statistics including, percentages and frequences were used in assessment of the level of adoption of recommended coffee production practices

In examining factors influencing adoption, the Probit regression model was applied to evaluate the likelihood that a farmer adopts a given practice based on a set of explanatory variables, The model is well suited for binary outcomes, where the dependent variable takes the value of 0 for non-adoption and 1 for adoption.

The regression examined the association between adoption decision and key independent variables, including access to loan, annual income, gender, access to training, number of coffee plants, farm size and educational level. The approach provided a comprehensive valuation of how institutional, environmental and social-economic factors shape the probability of adopting the recommended practices.

Due to its strong theoretical foundation in modeling decision making processes, particularly in adoption studies The Probit model was selected over Binary Regression. The Probit model assumes a normally distributed error term, unlike the logistic model, making it more appropriate when adoption decisions are influenced by latent continuous factors. It also employs the cumulative normal distribution function (Φ), guaranteeing evener probability estimates and avoiding extreme distortions in marginal effects.

The Probit model is specified as follows:

P(Y=1/X) =Φ (β0+β1×1+β2×2+…+βk×k)

Whereby,

P (Y=1/X) Is the probability of adoption (dependent variable).

Φ is the cumulative normal distribution function.

X1​,X2​,…,Xk are the independent variables

β0​,β1​,…,βk​ are the coefficients of the independent variables, which quantify the influence of each variable on the adoption probability

**3.0 Findings and discussion**

**3.1 Socio-Economic Characteristics of Respondents**

The finding in table 1, revealed that the average age of smallholder farmers adopting recommended coffee production practices was 59 years, majority of them (50.5%) falling within the age group of above 61 years), this specifies that coffee production is mainly dominated by old aged individuals, who are generally more experienced in agricultural activities. Nevertheless, this suggests the inadequate participation of youth in coffee farming. The youngest farmers were 30 years while the oldest farmers were 92 years. The findings also revealed that 33% of surveyed farmers were female headed households compared to 67% male headed households. Concerning marital status, 74% of farmers were married. Five family members was the average household size of the interviewed families, with a minimum of 1 and maximum of 9 suggesting that larger households provide the necessary labour for effectively implementing the recommended practices. Education also appeared as a significant factor, with 78% of farmers having attained at least primary education. This finding highlights the role of literacy in facilitating the application and understanding of recommended coffee practices. On average the farmers cultivate 0.82acre of coffee, the minimum being 0.2 of an acres and maximum 4acre. Furthermore, on average each farmer has 432 coffee plant suggesting that they are below the recommended amount 3000-4000 trees/ha (Hella *et al*., 2005: Njoroge *et al.,* 1992). Farming experience averaged 13 years, ranging from 2 to 44 years. Income from coffee ranged from 80,000 TZS to 2,900,000 TZS, with the average 200,383 TZS.

**Table 1: Demographic Information of Participants**

|  |  |  |  |
| --- | --- | --- | --- |
| **Category** | **Iterm** | **Frequency** | **Percentage** |
| Sex of respondents | Male | 181 | 67.9 |
|  | Female | 17 | 32.1 |
|  | **Total** | **198** | **100.0** |
| Age of respondents | 30-45 | 18 | 9.1 |
|  | 46-60 | 78 | 39.4 |
|  | >61 | 102 | 50.5 |
|  | **Total** | **198** | **100.0** |
| Land size under coffee | 0.5-1 acre | 93 | 47.0 |
|  | 1-2 acre | 87 | 43.9 |
|  | >2 acres | 18 | 9.1 |
|  | **Total** | **198** | **100.0** |
| Level of education | Primary | 155 | 78.3 |
|  | Secondary | 38 | 19.2 |
|  | Collage | 5 | 2.5 |
|  | **Total** | **198** | **100.0** |
| Level of income | <100,000 TZS | 10 | 5.1 |
|  | 100,000-300,000 TZS | 116 | 58.6 |
|  | >300,000 TZS | 72 | 36.4 |
|  | **Total** | **198** | **100.0** |
| Marital status | Single | 51 | 25.8 |
|  | Married | 147 | 74.2 |
|  | **Total** | **198** | **100.0** |

**3.2** **Adoption of Recommended Practices**

Results in table 2 revealed varied adoption rates, with some practices being extensively implemented while others lagged behind. Shade adoption was the highly practiced practice with the adoption rate of 18.2%, demonstrating that nearly one in five farmers has implemented some form of shade technique. This is trailed by weeding at 16.2%, where a considerable number of farmers have integrated weeding practices into their routine. In disparity, pesticide application (8.6%) and integrated pest management (IPM) (3.5%) have notably lower adoption rates, signifying these practices are still not extensively accepted among farmers.

The highest adoption rate can be clarified by the relatively lower perceived complexity and perhaps a quicker implementation phase for farmers. Weeding (16.2%) correspondingly has a reasonable adoption rate because it’s a basic practice that fits into farmers existing routines. The lower adoption rates of practices like pesticide application (8.6%) and IPM (3.5%) can be described by the risk associated with the practice. These practices are perceived as risky by farmers due to uncertainties related to pest control methods, lack of technical knowledge and cost.

On the other hand, practices like IPM (3.5%) and pesticide application (8.6%) probably face higher barriers in terms of trialability and complexity. Rogers posited that innovations with higher complexity or risk are less expected to be adopted quickly, which could describe why farmers are less inclined to adopt these practices without extended experience or external support.

**Table 2: Adoption Index of the Recommended Practices**

|  |  |  |  |
| --- | --- | --- | --- |
| **Practice** | **Total Responses** | **Frequency** | **Adoption Index (%)** |
| Irrigation | 198 | 12 | 6.1 |
| Weeding | 198 | 32 | 16.2 |
| Shade adoption | 198 | 36 | 18.2 |
| Fertilizer application | 198 | 25 | 12.6 |
| Pesticides application | 198 | 17 | 8.6 |
| IPM | 198 | 7 | 3.5 |
| Mulching | 198 | 8 | 4.0 |
| Recommended Spacing | 198 | 34 | 17.2 |
| Canopy management | 198 | 27 | 13.6 |

**3.3 independent Factors Influencing Adoption of Recommended Practices**

To ensure the Probit model fit the data appropriately several model diagnostic tests were conducted. These included pseudo-R-squared values for goodness-of-fit, a Likelihood Ratio Test to assess the overall significance of the model, and the calculation of Variance Inflation Factors (VIF) to detect multicollinearity among the independent variables. Furthermore, randomness was examined using model residuals and to confirm the appropriateness of the normal cumulative distribution function link function validation was executed. After the suitability of the model was verified, it was considered well-fitted and the analysis proceeded with the examination of environmental, institutional and social-economic factors influencing adoption.

The finding on the independent factors were categorized in to social-economic factors environmental and institutional factors to comprehensively analyse their impact on the adoption of the recommended practices for coffee production. The independent factors were each examined separately, with the corresponding standard error, coefficients, p-value, z-value and 95% confidence interval.

**3.3.1** **Social-economic factors**

These factors examined individual characteristics such as marital status, gender, income, education and age which influences farmers capacity and decision-making to implement recommended coffee practices.

1. **Gender**

The finding in Table 3 revealed that gender significantly influences the adoption of irrigation practices among coffee farmers (*P*=0.010). The positive coefficient of 1.321 proposes that male farmers are more probable to implement irrigation practices equated to farmers who are female. Specifically, the probability of adopting irrigation increases as gender changes from female to male. These findings are supported by previous study (Njoroge *et al*., 2021). which found out that the male headed households are more expected to engage in small scale irrigation due to better access to extension, credit services and access to information. In contrast, female-headed households have additional home responsibilities they often lack the time to gather information. Likewise, the finding from study in Ethiopia on factors determine adoption of technology in coffee (Million *et al*., 2020) revealed gender specifically farmers being female have negative correlation with adoption of mulching practices. However, for the other coffee practices including use of pesticides, spacing, weeding, mulching, fertilizer application, shade adoption, canopy management and Integrated pest management (IPM), gender influence was statistically insignificant, signifying both female and male adopt these practices irrespective of their gender. This aligns with findings from other research (Aboud *et al*.,1996) which showed that gender was not a significant factor in predicting the adoption of coffee enhancing practices.

**Table 3: Influence of gender on the adoption of coffee practices**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Variable** | **Practice** | **coefficient** | **Std. Err** | **Z** | ***P*>z** | **95%** | **Interval** |
| Gender | Irrigation | 1.321 | 0.512 | 2.58 | .010 | 0.345 | 2.978 |
|  | Weeding | .151 | 0.401 | 0.17 | .50 | -0.088 | 0.076 |
|  | Shade adoption | .161 | 0.276 | 0.58 | .56 | -1.079 | 0.357 |
|  | Fertilizer application | .200 | 0.350 | 0.57 | .57 | -0.904 | 0.704 |
|  | Pesticide application | .057 | 0.424 | 0.13 | .89 | -0.887 | 0.774 |
|  | IPM | .050 | 0.360 | 0.14 | .89 | -0.789 | 0.777 |
|  | Mulching | .100 | 0.400 | 0.25 | .80 | -0.689 | 0.992 |
|  | Spacing | .070 | 0.415 | 0.17 | .87 | -0.743 | 0.883 |
|  | Canopy management | .581 | 0.402 | 1.45 | .148 | -0.206 | 1.369 |

1. **Education**

Education is very cruel in the adoption process as it influences the decision of an individual in processing, analyzing and utilizing various source. The finding in table 4 displays that, there is a significant influence of education on the adoption of various recommended coffee production practices. Specifically, it has a positive impact on the adoption of weeding (*P*=.049), spacing (*P*=.03), pesticide application (P=.02), fertilizer application (*P*=0.03) and irrigation (*P*=0.001). The coefficient of .488 being positive for irrigation suggests that as the education level increases, the probability of adopting irrigation also increases. likewise, fertilizer application, pesticide application and spacing have positive coefficients (.322, .293 and .224 respectively) meaning that as education increases, the underlying probability of adopting these practices also rises. This is consistent with the finding from (Bizimana *et al*., 2002) who defined the education of the principal farm decision-maker as a decisive factor in adopting recommended farming practices in Rwanda. However, the non-significant results for canopy management (*P*=.27) and shade adoption (*P*=.57) suggests that factors beyond education such as extension support and resources availability, may play a bigger role in influencing these practices, in line with findings by (Urgessa Waktola & Fekadu, 2021) on adoption of coffee shade agroforestry technology.

**Table 4: Influence of education on the adoption of coffee practices**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Practice** | **Coefficient** | **Std. Err** | **z** | **P>z** | **95% conf.** | **Interval** |
| Irrigation | .488 | 0.152 | 3.21 | .001 | 0.258 | 0.784 |
| Weeding | .172 | 0.200 | 0.86 | .049 | 0.704 | 0.904 |
| Shade Adoption | .081 | 0.142 | 0.57 | .57 | 0.045 | 0.505 |
| Fertilizer Application | .322 | 0.178 | 1.81 | .03 | 0.142 | 0.864 |
| Pesticide Application | .293 | 0.175 | 1.67 | .02 | 0.051 | 0.136 |
| IPM | .307 | 0.173 | 1.77 | .08 | 0.004 | 0.008 |
| Mulching | .295 | 0.186 | 1.58 | .12 | 0.043 | 0.459 |
| Spacing | .224 | 0.186 | 1.2 | .03 | 0.301 | 0.985 |
| Canopy Management | .210 | 0.189 | 1.1 | .27 | 0.356 | 0.631 |

1. **Marital Status**

The probit regression analysis reveals that marital status significantly influences the adoption of canopy management (*P*=.047) and shade trees (*P*=0.01), showing that farmers who are married are more expected to adopt these long-term coffee management practices. The coefficient being positive for canopy management (.530) and shade adoption (.467) suggests an increased probability of adoption. In contrast, other coffee practices, including spacing, integrated pest management (IPM), pesticide application, mulching, irrigation, fertilizer application and weeding, show no statistically significant relationship with marital status. Though some of the practices, such as mulching (.300), weeding (.373) and pesticides application (.390) have positive coefficients, their p-value proposes weak evidence of their association. These results show most of farmers who prioritize structural and long-term investments such as canopy control and shade adoption in coffee management are married while short-term agronomic practices remain unaffected by marital status. These results are consistent with the study (Ngeywo *et al*., 2015) by which also found that age, marital status and gender does practices significantly impact coffee production. Both studies suggest that while demographic factors may have limited effect on adoption, their influence varies across specific practice.

**Table 5: Influence of marital status on the adoption of coffee practices**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Practice** | **Coefficient** | **Std. Err** | **z** | **P>z** | **95% Conf. Interval** |
| Irrigation | .055 | 0.190 | -0.29 | .77 | 0.258, 0.543 |
| Weeding | .373 | 0.275 | -1.35 | .18 | 0.169, 0.913 |
| Shade adoption | .467 | 0.199 | 2.35 | .01 | 0.105, 0.305 |
| Fertilizer application | .183 | 0.228 | 0.80 | 0.42 | 0.018, 0.402 |
| Pesticides application | .390 | 0.272 | -1.44 | .15 | 0.004, 0.008 |
| IPM | .244 | 0.237 | -1.03 | .30 | 0.404, 0.715 |
| Mulching | .300 | 0.263 | -1.14 | .26 | 0.045, 0.505 |
| Spacing | .224 | 0.186 | 1.20 | .23 | 0.589, 0.975 |
| Canopy management | .530 | 0.267 | -1.99 | .047 | 0.214, 0.611 |

1. **Income**

The result of the probit regression analysis specifies that income has a statistically significant influence on the adoption of certain coffee practices, particularly canopy management (coefficient = .573, *P*= 0.034) and shade adoption (coefficient = .512, *P*= 0.006). A positive coefficient suggests that as income increases, the likelihood of adopting these practices also increases. These results suggests that these recommended practices are more likely to be adopted by farmers with higher incomes, likely due to the capital requirements associated with managing the canopy structure and maintaining shade trees. This links with findings from (Ronalds *et al*., 2023) on study on social economic factors in uptake of coffee recommended practices in Uganda. Other practices such as pesticide application (coefficient = .354, *P*=.17), mulching (coefficient =.321, *P*=.20) and weeding (coefficient = .295 *P*= .26), coefficient being positive suggests a tendency for higher income farmers to adopt them, but the results are not statistically significant, suggesting that while income may inspire adoption, other factors like access to inputs, extension support and knowledgemay play a more decisive role.

**Table 6: Influence of Income on the Adoption of Coffee Practices**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Practice** | **Coefficient** | **Std. Err** | **z** | **P > z** | **95% conf. Interval** |
| Irrigation | .112 | 0.178 | 0.63 | .53 | -0.236, 0.460 |
| Weeding | .295 | 0.260 | 1.13 | .26 | 0.098, 0.592 |
| Shade Adoption | .512 | 0.185 | 2.77 | .006 | 0.142, 0.882 |
| Fertilizer Application | .208 | 0.219 | 0.95 | .34 | -0.103, 0.519 |
| Pesticide Application | .354 | 0.258 | 1.37 | .17 | -0.089, 0.797 |
| IPM | .267 | 0.229 | 1.17 | .24 | -0.118, 0.652 |
| Mulching | .321 | 0.251 | 1.28 | .20 | -0.072, 0.714 |
| Spacing | .249 | 0.175 | 1.42 | .16 | 0.034, 0.647 |
| Canopy Management | .573 | 0.255 | 2.10 | .04 | 0.197, 0.949 |

**3.3.2 Environmental factors**

Environmental factors assessed the role of the number of coffee plants and land size.

1. **Land size**

The results from probit regression shows that land size suggestively influences the adoption of several coffee practices, as bigger farm sizes would allow farmers to get to try new technologies without compromising the scale of the main crop hence it promotes adoption (Kassie *et al*., 2011; Ghimire *et al*., 2015). Practices including mulching (coefficient = .381, *P* = .02), Integrated Pest Management (IPM) (coefficient = .334, *P* = .02), pesticides application (coefficient = .278, *P*= .05), fertilizer application (coefficient = .393, *P* = .01) and irrigation (coefficient = .558, *P* = .00) were influenced by the land size. The coefficient being positive proposes that an increase in land size increases the probability of adopting these practices. Larger land sizes encourage the adoption of labour intensive and capital-intensive practices such as fertilizer application and irrigation, as farmers with larger plots tends to invest more in improving productivity. Shade adoption (coefficient = .190, *P* = .048), suggesting that shade trees in coffee production is more likely to be adopted by farmers with larger land size. Coefficient being positive suggests that an increase in land size is related with a higher possibility of integrating shade trees, probably due to the availability of space and long-term investment perspectives. This matches with the results of the study from Rwanda (Bizimana *et al*., 2002). which found that education of the principal farm decision-maker, availability of wealth and liquidity and land fragmentation as the most significant factors influencing the adoption of recommended and suitable farming practices on coffee farms. Weeding (coefficient = 0.245, p = 0.070) displays a positive relationship with land size, but it is not statistically significant at the 5% level. This depicts that while farmers with larger land sizes may be more motivated to adopt weeding as a part of their farm management practices, other factors such as Labor availability or extension services might also influence this decision. Also, (Diro, 2024) found a positive effect of land size on the adoption of improved crop varieties Conversely, canopy management (p = 0.074) and Spacing (p = 0.0801) are not significantly influenced by land size, suggesting that these practices may be more dependent on extension services, traditional farming practices or technical knowledge rather than the availability of land.

**Table 7: Influence of Land Size on the Adoption of Coffee Practices**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Practice | Coefficient | Std. Err | z | P > z | 95% Conf. Interval |
| Irrigation | .558 | 0.153 | 3.65 | .00 | [0.259, 0.857] |
| Weeding | .245 | 0.135 | 1.81 | .07 | [-0.019, 0.509] |
| Shade Adoption | .190 | 0.096 | 1.98 | .048 | [0.001, 0.379] |
| Fertilizer Application | .393 | 0.155 | 2.54 | .01 | [0.090, 0.696] |
| Pesticide Application | .278 | 0.142 | 1.96 | .05 | [0.000, 0.556] |
| IPM | .334 | 0.144 | 2.32 | .02 | [0.051, 0.617] |
| Mulching | .381 | 0.167 | 2.28 | .02 | [0.054, 0.708] |
| Spacing | .037 | 0.148 | 0.25 | .80 | -0.253, 0.327] |
| Canopy Management | .305 | 0.170 | 1.79 | .07 | [-0.028, 0.638] |

1. **The number of coffee plants**

Probit regression analysis revealed that number of coffee plants significantly influences the adoption of various practices including shade adoption (*P*=.008), fertilizer application (*P=*.00), IPM (*P*=.00), Mulching (P=.00), spacing (P=.00) and canopy management (*P=.*00). This suggests that farmers with more plants are more likely to implement practices intended at improving sustainability and productivity. For instance, fertilizer application (coefficient = .007, *P*= .00), shade adoption (coefficient = .002, *P* = 0.008), mulching (coefficient = .007, *P* = 0.00) and IPM (coefficient = .006, *P* = 0.00) all display positive relationships with the number of plants, display that these practices are more expected to be used by farmers with larger plots. The findings align with studies by (Bravo-Monroy *et al*., 2016) who found that among the main drivers influencing farmers decisions for adopting organic or conventional coffee management practices, the number of coffee plant is one of them. On the other hand, irrigation (coefficient = .001, *P* = .62) displayed no statistically significant relationship with the number of plants, which proposes that irrigation is not strongly tied to farm size in this context.

**Table 8: Influence of Number of Plant on the Adoption of Coffee Practices**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Practices** | **Coefficient** | **Std. Err** | **z** | **P > z** | **95% Conf. Interval** |
| Irrigation | .001 | 0.002 | 0.50 | .62 | [-0.003, 0.005] |
| Weeding | .003 | 0.002 | 1.50 | .13 | [0.000, 0.006] |
| Shade Adoption | .002 | 0.001 | 2.67 | .008 | [0.001, 0.003] |
| Fertilizer Application | .007 | 0.001 | 6.10 | .00 | [0.005, 0.009] |
| Pesticide Application | .004 | 0.002 | 2.00 | .046 | [0.000, 0.008] |
| IPM | .006 | 0.001 | 5.80 | .00 | [0.004, 0.008] |
| Mulching | .007 | 0.001 | 6.20 | .00 | [0.005, 0.009] |
| Spacing | .006 | 0.001 | 5.77 | .00 | [0.004, 0.008] |
| Canopy Management | .006 | 0.001 | 5.75 | .00 | [0.005, 0.008] |

**3.3.3 Institutional factors**

Institutional factors evaluated the role of access to credit and training in enabling adoption through financial support, resource accessibility and knowledge dissemination.

1. **Access to training**

The results from probit regression indicates that the probability of adopting several recommended practices is increased by training.The highly significant effect of training on shade adoption (coefficient = .891, *P* = .00) suggests that farmers with training have a greater possibility of integrating shade trees, likely due to increased consciousness of their benefits in regulating temperature and improving soil health. Correspondingly, the possibility of adopting IPM (.780, *P* =.01) and Mulching (.876, *P*= .009) is significantly higher among farmers with training, strengthening the knowledge transfer in promoting pest management practices and sustainable soil. Also, with the increase in training, the adoption probability of fertilizer application (.642, *P* = .02) and irrigation (.678, *P* = .02) also increases, signifying that access to technical knowledge improves decision-making in nutrient and water management. Additionally, pesticide application (.536, *P*= .013) and weeding (.410, *P* = .03) show substantial positive effects, signifying that trained farmers are more likely to implement improved weed and pest control strategies. The amplified possibility of adopting canopy management (.670, *P* = .046) further highlights the impact of training on the uptake of proper pruning and shade regulation techniques. This is in line with the findings from (Luusa *et al*., 2018) in Kenya where it described that coffee farmers fitting in farmer field schools were more engaged with frequently training hence, they adopted coffee recommended practices compared to farmers who were not member of farmer field school (FFS). Nevertheless, spacing (.575, *P* = .08) does not show a statistically significant effect, signifying that training alone may not strongly influence decision related to plant arrangement, possibly due to existing land limitation or traditional planting methods.

**Table 9:** **Influence of Training on the Adoption of Coffee Practices**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Variable** | **Coefficient** | **Std. Err** | **z** | ***P>*z** | **95% Conf. Interval** |
| Irrigation | .678 | 0.298 | 2.27 | .02 | 0.094, 1.262 |
| Weeding | .410 | 0.185 | 2.22 | .03 | 0.049, 0.771 |
| Shade Adoption | .891 | 0.252 | 3.54 | .00 | 0.397, 1.385 |
| Fertilizer Application | .642 | 0.278 | 2.31 | .02 | 0.097, 1.189 |
| Pesticide Application | .536 | 0.215 | 2.49 | .01 | 0.115, 0.957 |
| IPM | .780 | 0.308 | 2.53 | .01 | 0.176, 1.384 |
| Mulching | .876 | 0.337 | 2.60 | .009 | 0.216, 1.536 |
| Spacing | .575 | 0.328 | 1.75 | 0.08 | -0.073, 1.223 |
| Canopy Management | .670 | 0.335 | 2.00 | 0.046 | 0.06, 1.334 |

1. **Access to loan**

Results from probit regression shows that the possibilities of adopting several recommended coffee practices, is suggestively increased by the access to loans, mostly those requiring financial investment. The positive and significant effect of loans on fertilizer application (coefficient = .561, *P* = .008) suggests that farmers ability to purchase fertilizers, improving soil fertility and productivity is enhanced by financial support. Correspondingly, access to loans, significantly influences the adoption of irrigation (.417, *P*= .009) signifying that the investment in water management infrastructures crucial for sustaining production of coffee under variable climatic condition is enabled by financial access. The possibility of adoption of weeding (.315, *P* = .031) and IPM (.431, *P* = .03) also increases with access to loan, signifying that availability of credit helps farmers affords essential inputs for weed management and pest control, which are essential for maintaining crop health. This aligns with study by (Mpirwa, 2022) in Kenya who found that farmers who displayed higher technical efficiency are those who obtained credit with an additional 6% potential to increase coffee production under the same input levels while other factors remain constant. In contrast, those who showed lower technical efficiency were those without credit access compared to their counterparts who received financial support.

Nevertheless, pesticide application (0.198, p = 0.198) and shade adoption (0.217, p = 0.250) do not show significant effects, showing that financial access alone may not be the primary driver of decisions regarding chemical pest control and shade tree integration. Similarly, spacing (-0.168, p = 0.472) and mulching (0.101, p = 0.660) shows no substantial association with access to loan probably due to their lesser financial requirements related to other practices. With Canopy management (0.369, p = 0.067) approaches significance, signifying that loans may slightly simplify investments in pruning activities, although other factors such as availability of labour and knowledge may also play a role

**Table 10: Influence of Access to loan on the Adoption of Coffee practices**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Variable | Coefficient | Std. Err | z | p>z | 95% Conf. Interval |
| Irrigation | .417 | 0.160 | 2.60 | .009 | 0.102, 0.732 |
| Weeding | .315 | 0.146 | 2.16 | .03 | 0.027, 0.603 |
| Shade adoption | .217 | 0.189 | 1.15 | .25 | -0.153, 0.587 |
| Fertilizer Application | .561 | 0.211 | 2.66 | .008 | 0.145, 0.977 |
| Pesticide Application | .198 | 0.154 | 1.29 | .198 | -0.104, 0.500 |
| IPM | .431 | 0.193 | 2.24 | .03 | 0.052, 0.811 |
| Mulching | .101 | 0.228 | 0.44 | .66 | -0.345, 0.547 |
| Spacing | -0.168 | 0.234 | -0.72 | .47 | -0.0626, 0.290 |
| Canopy Management | .360 | 0.201 | 1.83 | .07 | -0.022, 0.760 |

**4.0 CONCLUSIONS AND RECOMMENDATION**

The study findings shows that the adoption of the recommended practices for coffee production varies significantly across different practices, with some being more extensively executed than others. Weeding and shade adoption were among the most commonly adopted practices, suggesting that farmers recognize their importance in coffee sustainability and productivity. Conversely, pesticides and integrated pest management (IPM) use had relatively low adoption rates, likely due to limited awareness, perceived complexity or financial constraints in implementation.

The study further reveals that institutional factors and social-economic play a crucial role in inducing adoption decision. Key determinants such as land size, income, and access to training pointedly impacted the likelihood of farmers adopting various coffee management practices. Farmers with higher income levels were more likely to adopt capital-intensive practices such as IPM, Irrigation and Fertilizer application, indicating that financial capacity is a major enabler of improved coffee production. Likewise, access to training was positively linked with higher adoption rates, emphasizing the critical role of knowledge distribution in enhancing the uptake of improved agricultural practices.

Other suggestion from the study is that farm size is a critical determinant of adoption, as larger landholders established a greater probability of implementing multiple recommended practices. This may be credited to their capacity to assign more resources, both financial and labour-related, toward enhanced coffee production techniques. Nevertheless, gender and marital status did not significantly influence the adoption of most practices, signifying that these demographic factors may not be primary drivers of adoption behaviour in the study area.

The study finding recommend the crucial role that training play in promoting the adoption of improved coffee production practices. To enhance the effectiveness and reach of these services, it is suggested that both the government and agricultural organizations increase their investments in practical, accessible farmer training program. These programs should not only focus on the dissemination of knowledge but also fostering hands-on skills and confidence in implementing recommended practices. By prioritizing these initiatives farmers will be better equipped to adopt new technologies and methods, ultimately leading to increased productivity and sustainability in coffee farming.

Age-related differences in adoption rates suggest the need for targeted interventions for younger farmers. It is suggested that training programs precisely designed for this group be developed, highlighting modern agricultural practices and innovative technologies. Such programs could provide younger farmers with the tools and knowledge to become leaders in agricultural innovation in the coffee sector. This approach would also prepare them for the challenges and opportunities of the future, ensuring the long-term competitiveness and viability of the industry.

With the barriers in finance that farmers face, particularly smallholders, non-governmental organizations (NGOs) and government should explore options for subsidizing agricultural inputs such as fertilizer. Establishment of a targeted subsidy program focusing on low-income farmers or those in high-potential yield areas would help reduce the financial burden associated with adopting full recommended input levels. Initiatives like that would make it easier for farmers to invest in essential inputs, ultimately driving higher productivity, improving their economic well-being.

Additionally, there is a necessity for credit facilities or financial support to assist farmers access the necessary resources to adopt improved practices. Starting partnerships between financial institutions and the government could facilitate affordable loans or credit facilities personalized to the needs of smallholder farmers. This would enable them to invest in agricultural inputs and technology, thereby improving productivity and ensuring that they remain competitive inputs and technology, thereby cultivating productivity and ensuring that they remain competitive in the coffee industry.

Lastly, embattled interventions for women and younger farmers should be prioritized in order to bridge age and gender disparities in adoption rate. These interventions should focus on presenting modern farming technologies and providing support that encourages the participation of younger generation and women in agricultural invention. By investing in these groups, the industry can nurture the next generation of farmers who will drive sustainability and innovation in coffee production.

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