**Isolation, identification and antibiotic resistance profile of bacterial strains isolated from ‘*charmout*’, a dried meat sold in Chad**

**ABSTRACT**

This study aimed to investigate the presence of pathogenic bacteria in *charmout* and assess the antibiotic resistance of the isolated strains. A total of 50 *charmout* samples were collected from vendors across five provinces of Chad and analyzed using appropriate methods for enumeration, isolate characterization and susceptibility testing. The results indicated that none of the samples met the standards based on the three-class plan. Fifteen pathogenic bacterial strains were identified, including *Pseudomonas* spp. (24.8%), *Escherichia coli* (16%), *Bacillus* spp. (12%), *Proteus mirabilis* (9.6%), *Staphylococcus* spp. (7.2%), *Klebsiella pneumoniae* (5.6%), *Citrobacter* spp. (4.8%), *Enterobacter* spp. (4%), *Enterobacter cloacae* (4%), *Pantoea* spp. (4%), *Serratia odorifera* (3.2%), *Hafnia alvei* (2.4%), *Morganella morganii* (0.8%), *Kluyvera* spp. (0.8%) and *Pasteurella testudinis* (0.8%). Antibiotic susceptibility testing revealed that 79.63% (43/54) of strains were susceptible to all tested antibiotics, although some exhibited resistance, particularly to beta-lactam and fluoroquinolone families. These findings highlight hygiene issues in production and storage, as well as the effect of antibiotics use in livestock farming in Chad. Strengthening health regulations and implementing preventive measures is crucial to reducing antibiotic resistance risk and ensuring consumer food safety.

**Key words**: *charmout,* pathogenic bacteria, microbiological quality, antibiotic resistance, Chad.

1. **INTRODUCTION**

Dried meat is one of the most popular meat products and makes up a large proportion of processed meat products **[1]**. As an excellent source of high-quality protein and many essential nutrients, meat and meat products contribute significantly to human nutrition **[2],** a role they have fulfilled since ancient times due to their nutritional value **[3]**. Indeed, dried beef is an important source of digestible and absorbable essential fatty acids, minerals and vitamins, and could therefore be a potential source of nutrients in complementary food formulations **[4]**.

Dried meat products made using different drying and curing methods are very common and well known, with a long history in many countries **[5]**. However, dried foods, including meat products, are increasingly implicated in outbreaks due to the presence of foodborne pathogens **[6]**. Raw meat and meat products are likely to harbor a variety of micro-organisms (bacteria, viral pathogens, parasites) during the long chain of slaughter, transport and storage, processing environment, storage environment, equipment, utensils and workers **[7]**. Bacterial risks are the most important biological hazards in these meat products **[8]**.

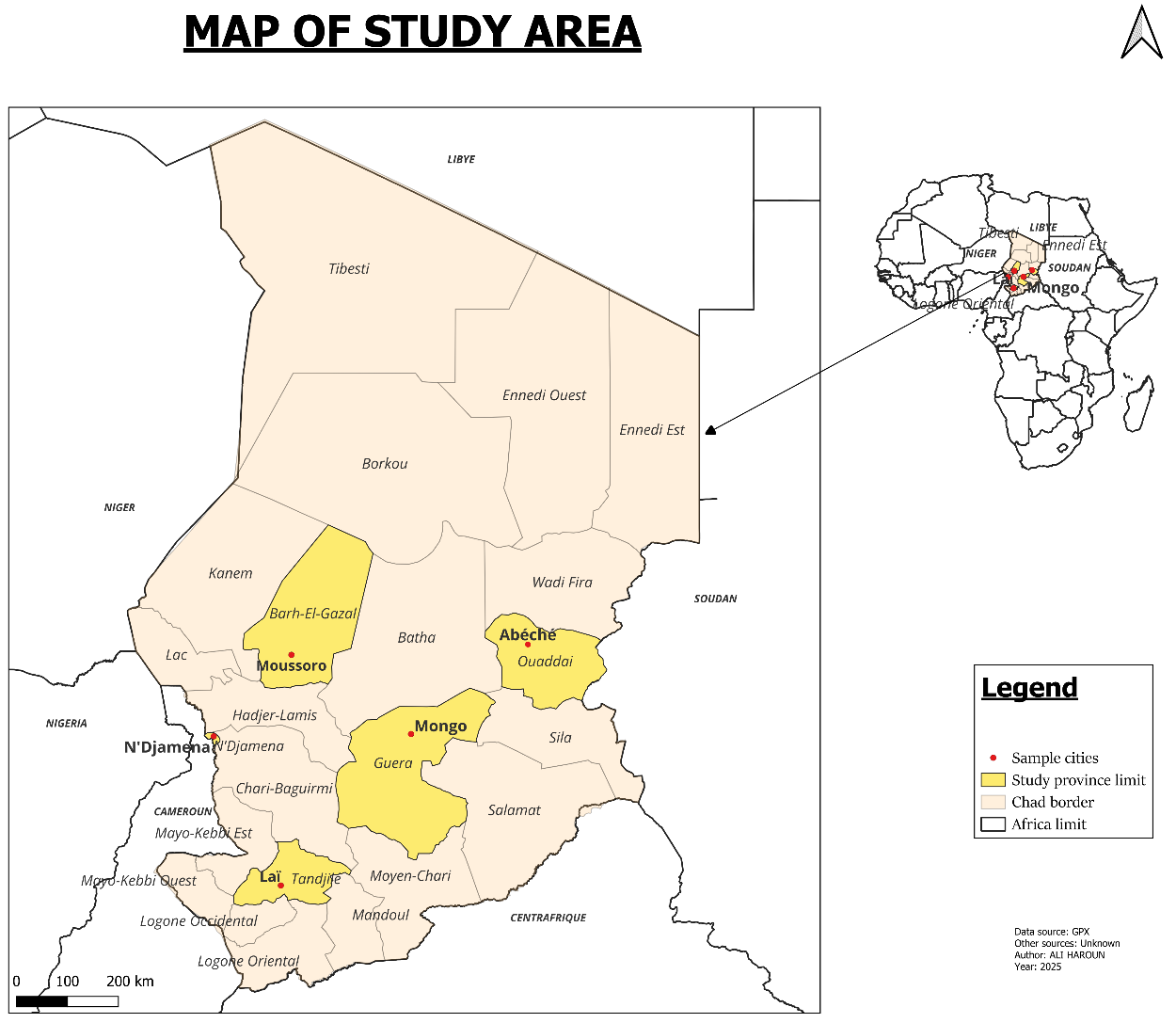
Thus, consumption of these products, when contaminated with pathogenic micro-organisms, exposes consumers to health threats and affects global trade **[9],** as the high prevalence of foodborne pathogens, as along with the number of widely reported cases and outbreaks, have a considerable impact on the lives of individuals, businesses and national economies **[10]**. The most frequently isolated bacteria contaminating dried meats include *Escherichia coli*, *Staphylococcus* *aureus*, *Klebsiella* spp., *Pseudomonas* spp., *Shigella* spp., *Proteus* spp., *Citrobacter* spp., *Bacillus* spp., *Enterobacter* spp., *Kluyvera* spp., *Serratia* spp., *Salmonella* spp., *Campylobacter* spp., *Yersinia* spp.

Furthermore, these microorganisms could also lead to resistant infections, as antimicrobial resistance (AMR) currently represents one of the most serious threats to global health, causing millions of deaths **[11]**. These resistances undermine modern medicine, compromise animal production and threaten food security **[12]**. The development of antimicrobial resistance among pathogens impacting on human and animal health further reinforces the need for increased surveillance **[13]**.

In Chad, *charmout*, a dried meat product, is traditionally prepared by drying the meat and is used in the preparation of sauces. The traditional process for preparing this product involves slicing the meat into strips and drying them outdoors under the sun. This drying process is subject to various limitations including lack of control of drying parameters, meteorological uncertainties, labor, limited drying space, and risks of insect infestation, dust contamination, and other foreign matter **[14]**. The *charmout* thus produced could pose risks to consumers, due to its microbiological quality which has been deemed unsatisfactory by several studies **[15, 16, 17]**. Moreover, limited scientific research has been conducted on the identification of bacterial contaminants in this product and their resistance to antimicrobials. Therefore, this study aims to investigate the antimicrobial resistance of strains isolated from *charmout* sold in Chad against the most commonly used antimicrobials.

1. **MATERIALS AND METHODS**
   1. **Period, study area and sample collection**

This study which focuses on the characterization and antibiotic resistance of bacterial strains isolated from *charmout* was conducted from January to October 2024. It was carried out across five provinces of the country, specifically in the towns of Abéché, Mongo, Moussoro, Laï, and N'Djamena (Figure 1). A total of fifty (50) samples were aseptically collected from market vendors, with ten (10) samples collected from each town.



**Figure 1**: Map of the study area

* 1. **Microbiological analyses**
     1. **Bacterial enumeration and analysis of results**

A stock solution was prepared by weighing 10 g of crushed *charmout,* , which was then introduced into a bottle containing 90 mL of sterile peptone water. Successive dilutions were then carried out in accordance the AFNOR standard NF V 08 010 (March 1996). To achieve this, 1,000 µL of the stock solution was transferred into test tubes containing 9 mL of sterile physiological water at room temperature.For the enumeration oftotal aerobic mesophilic flora (TAMF), Plate Count Agar (PCA) was used, following the guidelines of ISO 4833 (2003). The plates were incubated at 30°C for 24 to 72 hours.

Thermotolerant coliforms were enumerated on Methylene Blue Eosin (MBE) lactose agar medium, as described in ISO 4832 (2006). The inoculated plates were incubated at 44°C for 24 to 48 hours.

Yeasts and molds were enumerated in accordance with ISO 21527-1:2008. The plates were incubated at 25°C for 24 to 72 hours.

Bacillus spp. were enumerated on Mannitol Egg Yolk Polymyxin (MYP) agar in accordance with the NF EN ISO 7932 standard. The plates were incubated at 30°C for 18 to 48 hours.

Staphylococci, were enumerated using Chapman agar, with incubation at 37°C for 24 to 48 hours, in accordance with ISO 6888-1 (1999).

Microbial counts were determined by colony counting, with the assumption that each viable cell forms a distinct colony. The number of colonies on each plate reflects the number of viable microorganisms present in the dilution. As per ISO 7218 (1996), plates with between 15 and 300 colonies are considered suitable for counting.

The results of the microbiological analyses were interpreted using the three-class plan as described in the Burkina Faso standard NBF 01-208 (2017), applicable to *kilichi*.

* + 1. **Identification and characterization of isolates**

Strains were isolated and identified using standard microbiological techniques. All isolates obtained by multiple streaking were subjected to Gram staining, the oxidase test and subsequently to the minimum gallery. Several biochemical tests were carried out, including fermentation of glucose, lactose and mannitol, production of hydrogen sulphide, gas and indole, as well as motility, carbon source and urease activity.

For some Enterobacteriaceae strains, the API 20E system (BioMérieux, France) was used for confirmation. Colonies of the identified strains were isolated from an 18–24-hour old culture. They were then inoculated into approximately 4 ml of sterile saline to produce a suspension with an optical density corresponding to 0.5 on the Mc Farland scale. Using a sterile pipette, the suspension was added to the gallery tubes until they were filled and began to open. For the [CIT], [VP] and [GEL] tests, the tubes were filled with approximately 3 to 4 additional drops of suspension. For ADH, LDC, ODC, H2S and URE, 2 to 3 drops of paraffin oil were added to create an anaerobic environment ensuring no bubble formation. Readings obtained using the digital profile and the API database (ApiWeb). Additionally, the automated VITEK system was employed for strain confirmation.

* + 1. **Antibiogram of isolated bacterial strains**

Antimicrobial susceptibility profiling was performed using the EUCAST disc diffusion method **[18],** and results were interpreted according to the recommendations of the French Microbiology Society’s Antibiogram Committee **[19]**. Fifteen commonly used antibiotics in Chad, representing four families were tested, namely: Betalactam family (Amoxicillin + clavulanic acid, Ampicillin, Ceftriaxone, Cefoxitin, Ticarcillin, Ceftazidime + Clavulanic acid, Aztreonam, Piperacillin, Cefepime, Cefotaxime), Fluoroquinolones (Ciprofloxacin), Carbapenems (Ertapenem) and Aminosides (Gentamicin, Tobramycin, Amikacin).

* 1. **Data processing**

Data processing was conducted using R software version 3.2.5. was used for. Analysis of variance (ANOVA) was used to compare the means of the parameters studied. QGIS software version 3.38.2 was employed to generate the map of the study area.

1. **RESULTS AND DISCUSSION**
   1. **Assessment of the microbiological quality of samples**

Table 1 presents the average results of microbiological analyses of *charmout* samples collected from vendors in urban markets across five provinces of Chad. Analyses included counts of total aerobic mesophilic flora, total and thermotolerant coliforms, yeasts and molds, and *Bacillus* spp.

**Table 1:** Average microorganisms load results by city

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Microbiological parameters (germs/g)** | | | | |
| **Localities** | **TAMF** | **TTC** | **Y&M** | ***Bacillus*** spp. |
| **Mongo** | 2.32x107±2.53x107ac | 2.57x103±3.23x103ac | 6.08x104±9.71x104a | 7.02x105±4.51x105a |
| **N’Djamena** | 3.71x107±3.05x107bc | 4.42x103±1.69x103c | 6.98x103±8.32x103a | 6.13x105±6.78x105a |
| **Laï** | 5.29x107±3.68x107c | 4.15x103±1.88x103bc | 2.75x102±1.53x102a | 4.20x105±2.43x105a |
| **Abéché** | 1.62x106±2.79x106a | 1.10x102±3.14x102a | 7.65x103±2.06x104a | 1.54x105±1.12x105a |
| **Moussoro** | 1.20x107±1.63x107ab | 1.69x103±1.39x103ab | 2.98x104±6.29x104a | 7.09x105±8.66x105a |
| **Overall average** | 2.54x107 | 2.59x103 | 2.11x104 | 5.20x105 |
| ***P*-value** | 0.000358 \*\*\* | 3.56e-05 \*\*\* | 0.0819 | 0.133 |
| **Standard values\*** | < 1.104 | < 1.101 | < 1.102 | < 1.103 |

**TAMF**: Total Aerobic Mesophilic Flora, **TTC:** Thermotolerant Coliforms, **Y&M**: yeasts and molds.

The identical letter a in the same column indicates that there is no statistical difference (p = 0.05) between the values of the germs according to the localities.

\*Burkinabe standard NBF 01-208 applicable to *kilichi* (dried meat) (in number of germs per gram of *kilichi*).

Table 1 shows that the average load of total aerobic mesophilic flora in the analyzed *charmout* samples was 2.54 x 10⁷ CFU/g. This load is higher than the value reported by **Ali *et al.* [17]** for *charmout*, which was 7.38 x 10⁶ CFU/g. It also exceeds the count found on *kilishi* by **Iyiola *et al.* [20]**, which ranged from 5.16 x 10³ to 36.56 x 10³ CFU/g, as well as the value reported by **Seini *et al.* [21]**, where microbiological analysis of ‘Ja2’ type *kilishi* revealed a load of > 10⁵ CFU/g, making it unsuitable for consumption. Similarly, the *charmout* load is higher than those reported by **Dahiru and Maigari [22]** who found the highest numbers of aerobic mesophilic bacteria to be 5.43 x 10⁵ CFU/g. On the other hand, it is comparable to the value reported by **Mbawala *et al.* [23]**, who found an average contamination level of (2.78 ± 0.24) x 10⁷ CFU/g in *kilishi* without pepper. Our results indicate values that significantly exceed the established standards in all towns, with statistically significant differences observed between them, potentially reflecting variations in the conditions of preparation or storage of *charmout*. The higher load of total aerobic mesophilic flora in *charmout* compared to other products could be attributed to the exposure of *charmout* to sunlight by vendors in markets, aimed at preventing rewetting or insect infestations. However, this exposure may also lead to contamination from various environmental sources.

With respect to thermotolerant coliforms which are considered indicators of food hygiene and contamination from human and animal feces **[24]**, the average load found in this study was 2.59 × 10³ CFU/g. This was lower than the value reported by **Ali *et al.* [17]** for *charmout* (9.34 × 10⁴ CFU/g) and lower than the counts found in *kilishi* by **Olusola *et al.* [25]** (5.9 × 10⁶ CFU/g). However, the thermotolerant coliform count in *charmout* was higher than the <10 CFU/g count reported by **Seini *et al.* [21]** for 'Ja2' type *kilishi*. Similar to total aerobic mesophilic flora (TAMF), the results indicate contamination levels of thermotolerant coliforms that exceed the standard in all towns, particularly in Mongo, N'Djamena, and Laï, where contamination levels are notably high. Abéché also showed values above the standard, though less extreme than the other towns. The observed differences between towns were statistically significant, suggesting variations in preparation, storage, or selling conditions. Local practices such as drying methods, hygiene, and exposure to environmental factors (e.g., temperature, humidity) may significantly influence contamination levels.

The yeasts and molds in *charmout* samples were found at an average concentration of 2.11 × 10⁴ CFU/g. This value is lower than the fungal count in *kilishi* found by **Olusola *et al.* [25]**, which reached up to 5.9 × 10⁶ CFU/g. However, it was higher than the levels reported on *kilishi* by **Igene *et al.* [26]** (1.03 × 10³ CFU/g) and **Iyiola *et al.* [20]** (ranging from 0.35 × 10² to 1.00 × 10² CFU/g). These variations may arise from differences in ingredients used in *kilishi*, such as peanut paste, which could promote microbial contamination, or spices like ginger, which might inhibit fungal growth. Spices are known to stabilize foods against microbial spoilage, and the antifungal activity of spices and spice derivatives has been studied in terms of the number of viable cells, mycelial growth and mycotoxin synthesis **[27]**.

The contamination levels of yeasts and molds in *charmout* were above the acceptable limits in all the towns surveyed, with the highest levels observed in Mongo, N'Djamena, Abéché, and Moussoro. These elevated contamination levels raise concerns about the product's quality in these regions. Laï also showed slightly elevated contamination levels, though closer to the acceptable limits, indicating potential quality concerns even in this town. While these differences were not statistically significant, they highlight variability within each town, which may be linked to inconsistencies production, storage, and hygiene practices.

Regarding *Bacillus* spp. counts, the average contamination level was 5.20 × 10⁵ CFU/g. As reported for *kilishi* by **Jabaka *et al.* [28]**, *Bacillus* spp. Presence may arise from environmental contamination during processing, handling, and packaging, as this bacterium is commonly found in soil. Moreoever, *Bacillus* spp. can produce toxins, especially in improperly handled or preserved food products **[29]**. In all the towns surveyed, *Bacillus* spp. contamination levels were well above the standard, posing a potential food safety risk if toxins are produced by these bacteria. These findings highlight the need for improved production and storage practices across all towns.

Based on the Burkinabè microbiological standards applicable to *kilichi* dried meat, the microbiological analysis shown in Table 2 indicates that the *charmout* samples collected from urban markets in Chad were all unsatisfactory at rates of 98%, 80%, and 92%, respectively, with respect to the standards set for total aerobic mesophilic flora, thermotolerant coliforms, and *Bacillus* spp. Regarding yeasts and molds, 54% of the samples were found to be acceptable. However, when applying the three-class plan, none of the samples complied with the standard.

**Table 2**: Contamination levels and declaration of conformity of samples

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Cities** | **TAMF** | **TTC** | **Y&M** | ***Bacillus* spp**. |
| **Mongo (n=10)** | 0/10 (00%) | 1/10 (10%) | 3/10 (30%) | 0/10 (00%) |
| **N’Djamena (n=10)** | 0/10 (00%) | 0/10 (00%) | 5/10 (50%) | 0/10 (00%) |
| **Laï (n=10)** | 0/10 (00%) | 0/10 (00%) | 10/10 (100%) | 0/10 (00%) |
| **Abéché (n=10)** | 1/10 (00%) | 8/10 (80%) | 7/10 (70%) | 2/10 (20%) |
| **Moussoro (n=10)** | 0/10 (10%) | 1/10 (10%) | 2/10 (20%) | 2/10 (20%) |
| **Total compliant (n=50)** | 1/50 (2%) | 10/50 (20%) | 27/50 (54%) | 4/50 (8%) |

* 1. **Prevalence of bacterial strains isolated from *charmout***

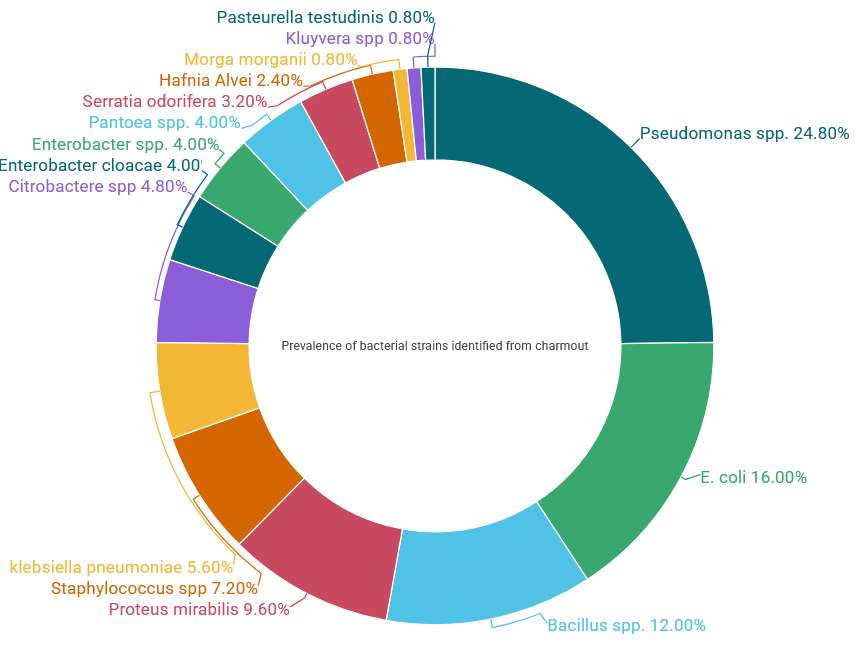
The biochemical characterization of strains isolated from *charmout* samples (Table 3) demonstrated considerable bacterial diversity, with 15 strains identified. These bacteria, commonly found in food environments, may pose health risks if not properly controlled.

**Table 3**: Results of biochemical characterization of isolated strains

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Strains identified and confirmed with API20E** | **Num** | **Shapes** | **Gram** | **OXY** | | **ONPG** | **ADH** | | **LDC** | **ODC** | | **CIT** | **H2S** | | **URE** | **TDA** | | **IND** | **VP** | | **GEL** | **GLU** | | **MAN** | **INO** | | **SOR** | **RHA** | | **SAC** | **MEL** | | **AMY** | **ARA** | **Bacteria identified** | | **Workforce** |
| **1** | B | - | - | | + | - | | - | - | | - | - | | - | - | | + | - | | - | + | | + | - | | - | + | | + | - | | - | + | *E. coli* | | 20 |
| **2** | B | - | - | | - | - | | - | + | | - | - | | + | + | | + | - | | - | + | | - | - | | - | - | | - | - | | - | - | *Morga morganii* | | 1 |
| **3** | B | - | - | | + | - | | + | ± | | + | - | | - | - | | + | ± | | + | + | | + | + | | + | + | | ± | + | | + | + | *Serratia odorifera* | | 4 |
| **4** | B | - | - | | + | - | | + | - | | + | - | | + | - | | - | + | | - | + | | + | + | | + | + | | + | + | | + | + | *Klebsiella pneumoniae* | | 7 |
| **5** | B | - | - | | - | + | | - | - | | + | - | | - | - | | - | + | | - | + | | + | + | | + | - | | + | + | | + | + | *Enterobacter cloacae* | | 5 |
| **6** | B | - | - | | + | - | | - | + | | + | - | | - | - | | + | - | | - | + | | + | - | | - | + | | + | + | | + | + | *Kluyvera spp.* | | 1 |
| **7** | B | - | - | | + | - | | - | - | | ± | - | | - | - | | - | - | | + | + | | + | - | | - | - | | + | + | | + | - | *Pantoea* spp. | | 5 |
| **8** | B | - | - | | + | - | | + | + | | ± | - | | - | - | | - | ± | | - | + | | + | - | | - | + | | - | - | | - | + | *Hafnia Alvei* | | 3 |
| **9** | B | - | - | | - | - | | - | + | | - | + | | + | + | | - | - | | + | + | | - | - | | - | - | | - | - | | - | - | *Proteus mirabilis* | | 12 |
| **Identified strains with minimum gallery** |  | **Shapes** | **Gram** | | **OXY** | | | **LAC** | | | **GLU** | | | **GAZ** | | | **H2S** | | | **MAN** | | | **MOB** | | | **CIT** | | | **URE** | | | **IND** | | | |  |  |
| **10** | B | - | | - | | | - | | | + | | | + | | | + | | | - | | | + | | | - | | | ± | | | - | | | | *Citrobacter*e spp. | 6 |
| **11** | B | - | | - | | | + | | | + | | | + | | | - | | | + | | | + | | | + | | | ± | | | - | | | | *Enterobacter* spp. | 5 |
| **12** | B | - | | + | | | - | | | + | | |  | | | - | | | - | | | + | | | + | | | - | | | - | | | | *Pseudomonas* spp. | 31 |
| **13** | C | + | | - | | | + | | | + | | |  | | |  | | | + | | | - | | |  | | | + | | |  | | | | *Staphylococcus* spp.\* | 9 |
| **14** | B | + | | - | | | - | | | + | | |  | | | - | | | ± | | | + | | |  | | | ± | | | - | | | | *Bacillus* spp.\* | 15 |
|  | **15** | B | - | | + | | | **Strain identified only by viteck** | | | | | | | | | | | | | | | | | | | | | | | | | | | | *Pasteurella testudinis* | 1 |
| **Total** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 125 |

\*Catalase positive, B: *Bacillus*, C: cocci.

The bacterial strains identified include (Figure 2): *Pseudomonas* spp. (24.8%), *Escherichia coli* (16%), *Bacillus* spp. (12%), *Proteus mirabilis* (9.6%), *Staphylococcus* spp. (7.2%), *Klebsiella pneumoniae* (5.6%), *Citrobacter* spp. (4.8%), *Enterobacter* spp. (4%), *Enterobacter cloacae* (4%), *Pantoea* spp. (4%), *Serratia odorifera* (3.2%), *Hafnia alvei* (2.4%), *Morganella morganii* (0.8%), *Kluyvera* spp. (0.8%) and *Pasteurella testudinis* (0.8%).



**Figure 2**: Prevalence of bacterial strains isolated from *charmout*

More than half of the identified strains correspond to those found in dried meat products, such as *kilishi* **[25, 22, 20]**, kadid **[30]**, and suya **[31, 32]**. Common bacterial genera cited in these studies include Escherichia coli, Shigella spp., Klebsiella spp., Proteus mirabilis, Pseudomonas spp., Citrobacter spp., Salmonella spp., Kluyvera spp., Staphylococcus aureus, and Bacillus cereus, indicating that meat products are highly susceptible to contamination by foodborne pathogens **[2]**. Many of these pathogens originate from animal reservoirs or contaminate food through fecal contamination, particularly when hygiene practices are inadequate during production, slaughter, or handling **[33]**.

In terms of bacterial prevalence, Pseudomonas spp. exhibited the highest prevalence at 24.8%. This reflects a potential risk to meat quality since this bacterium is commonly linked to meat deterioration. The following more abundant bacteria was Escherichia coli. Along with Klebsiella spp (5.6%) it appears to be the most frequently isolated species in many studies on dried meats. Their presence may reflect post-production contamination **[28]**. Detection of Escherichia coli in *charmout* samples is consistent with findings by **Djoulde *et al.* [16] and Ali *et al.* [17]**, as well as in kilishi by **Jabaka *et al.* [28]**, where it occurred in 21.1% of samples. E. coli was also found in 27.86% of carne de sol samples **[34]** and in 24.13% of suya samples **[31]**. The presence of this bacteria also suggests inadequate hygiene practices during production or slaughter, as this bacterium is part of the normal intestinal flora but indicates fecal contamination and poses a health risk **[13, 28]**.

Similarly, Klebsiella spp. presence may be attributed to poor hygiene, as their detection often signals unhygienic food handling, undercooking, and suboptimal storage, especially when isolated from ready-to-eat foods **[35]**. These bacteria can persist in contaminated environments, such as slaughterhouses, and are known to cause extra-intestinal infections in humans **[36]**.

Other bacteria, such as Enterobacter and Proteus spp., were also identified in *charmout* our samples. Their presence, particularly in kilishi, has been linked to inadequate processing practices, including poor handling, packaging, and contamination from soil or water **[22]**. Proteus spp., including Proteus mirabilis, is a known indicator of unsanitary conditions in food processing, as it is part of the normal flora of the human gastrointestinal tract and can be found in contaminated environments **[37, 38]**.

Citrobacter spp., also detected in our study is commonly found in soil, food, and human intestines, and can cause infections such as urethritis and meningitis in infants **[39]**. This bacterium is a frequent contaminant in meat and fish **[40]**.

*Bacillus* spp., identified in this study, have been attributed to pre-production contamination, that is contamination of raw meat. In addition, they are known to be heat-resistant and can produce toxins that remain active even after cooking **[28]**.

Overall, the bacterial strains identified in *charmout* are indicative of poor hygiene and handling practices during production, processing, and exposure to environmental contamination. These findings are in line with **Penha *et al.* [41]**, who noted that *charque* is often sold in bulk at retail points, increasing the risk of contamination. The presence of potentially pathogenic bacteria such as Escherichia coli, Staphylococcus aureus, and Bacillus spp. is concerning, as they can produce heat-resistant toxins, posing significant health risks to consumers, even with heat treatment **[42, 43]**. This underscores the importance of implementing stringent hygiene practices during production and storage to prevent contamination.

The variety of bacterial strains identified points to significant contamination during the *charmout* production process, further underlining the need for enhanced production, storage, and hygiene practices to minimize microbiological risks. These could include improved temperature control, regular cleaning, and continuous microbiological monitoring which are essential to ensure food safety.

* 1. **Antibiotic sensitivity profile of some isolated strains**

The antimicrobial susceptibility profile of strains isolated from *charmout* sold in markets in Chad is presented in Table 4.

**Table 4:** Resistance profile of the strains identified

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  | **Antimicrobial resistance profile n (%)** | | | | | | | | |
|  |  | ***E. coli* (n=20)** | ***Citrobacter*** spp. **(n=6)** | ***Klebsiella pneumoniae* (n=7)** | ***Enterobacter cloacae* (n=5)** | ***Kluyvera*** spp. **(n=1)** | ***Morga morganii* (n=1)** | ***Serratia odorifera* (n=4)** | ***Enterobacter*** spp. **(n=5)** | ***Pantoea*** spp. **(n=5)** |
| **AUG (30)** | S | 17 (85%) | 0 (00%) | 5 (71.43%) | 0 (00%) | 1 (100%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) |
| R | 3 (15%) | 6 (100%) | 2 (28.57%) | 5 (100%) | 0 (00%) | 1 (100%) | 4 (100%) | 5 (100%) | 5 (100%) |
| **AMP (10)** | S | 18 (90%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) |
| R | 2 (10%) | 6 (100%) | 7 (100%) | 5 (100%) | 1 (100%) | 1 (100%) | 4 (100%) | 5 (100%) | 5 (100%) |
| **CRO (30)** | S | 18 (90%) | 5 (83.33%) | 7 (100%) | 5 (100%) | 1 (100%) | 1 (100%) | 4 (100%) | 5 (100%) | 5 (100%) |
| R | 2 (10%) | 1 (16.67%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) |
| **CIP (5)** | S | 19 (95%) | 6 (100%) | 7 (100%) | 5 (100%) | 1 (100%) | 1 (100%) | 4 (100%) | 5 (100%) | 5 (100%) |
| R | 1 (5%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) |
| **FOX (30)** | S | 19 (95%) | 0 (00%) | 7 (100%) | 0 (00%) | 1 (100%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) |
| R | 1 (5%) | 6 (100%) | 0 (00%) | 5 (100%) | 0 (00%) | 1 (100%) | 4 (100%) | 5 (100%) | 5 (100%) |
| **TC (75)** | S | 19 (95%) | 6 (100%) | 0 (00%) | 5 (100%) | 0 (00%) | 1 (100%) | 4 (100%) | 5 (100%) | 5 (100%) |
| R | 1 (5%) | 0 (00%) | 7 (100%) | 0 (00%) | 1 (100%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) |
| **ETP (10)** | S | 20 (100%) | 6 (100%) | 7 (100%) | 5 (100%) | 1 (100%) | 1 (100%) | 4 (100%) | 5 (100%) | 5 (100%) |
| R | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) |
| **CAL (40)** | S | 20 (100%) | 6 (100%) | 7 (100%) | 5 (100%) | 1 (100%) | 1 (100%) | 4 (100%) | 5 (100%) | 5 (100%) |
| R | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) |
| **ATM (30)** | S | 20 (100%) | 6 (100%) | 7 (100%) | 5 (100%) | 1 (100%) | 1 (100%) | 4 (100%) | 5 (100%) | 5 (100%) |
| R | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) |
| **PRL (100)** | S | 20 (100%) | 6 (100%) | 7 (100%) | 5 (100%) | 0 (00%) | 1 (100%) | 4 (100%) | 5 (100%) | 5 (100%) |
| R | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 1 (100%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) |
| **CN (120)** | S | 20 (100%) | 6 (100%) | 7 (100%) | 5 (100%) | 1 (100%) | 1 (100%) | 4 (100%) | 5 (100%) | 5 (100%) |
| R | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) |
| **TOB (10)** | S | 20 (100%) | 6 (100%) | 7 (100%) | 5 (100%) | 1 (100%) | 1 (100%) | 4 (100%) | 5 (100%) | 5 (100%) |
| R | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) |
| **FEP (30)** | S | 20 (100%) | 6 (100%) | 7 (100%) | 5 (100%) | 1 (100%) | 1 (100%) | 4 (100%) | 5 (100%) | 5 (100%) |
| R | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) |
| **AK (30)** | S | 20 (100%) | 6 (100%) | 7 (100%) | 5 (100%) | 1 (100%) | 1 (100%) | 4 (100%) | 5 (100%) | 5 (100%) |
| R | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) | 0 (00%) |
| **CTX** | S | 18 (90%) | 6 (100%) | 7 (100%) | 4 (80%) | 1 (100%) | 0 (00%) | 4 (100%) | 5 (100%) | 5 (100%) |
| R | 2 (10%) | 0 (00%) | 0 (00%) | 1 (20%) | 0 (00%) | 1 (100%) | 0 (00%) | 0 (00%) | 0 (00%) |

AUG : Amoxicilline + acide clavulanique, AMP : Ampicilline, CRO : Ceftriaxone, CIP : Ciprofloxacine, FOX : Céfoxitine, TC : Ticarcilline, ETP : Ertapénème, CAL : Ceftazidime+Acide Clavulanique, ATM : Aztréonam, PRL : Pipéracilline, CN : Gentamicine, TOB : Tobramycine, FEP : Cefepime, AK : Amikacine, CTX : Céfotaxime.

The antibiotic susceptibility testing revealed that 79.63% (43/54) of the bacterial strains were susceptible to antibiotics, while 20.37% (11/54) exhibited acquired resistance. This resistance primarily concerned beta-lactams and fluoroquinolones, both critical classes of antibiotics for treating serious infections.

Beta-lactam resistance is particularly concerning, as these antibiotics are widely used in clinical settings. In particular, 30% of Escherichia coli strains were resistant to multiple beta-lactams, including amoxicillin + clavulanic acid, ampicillin, ceftriaxone, cefotaxime, cefoxitin, and ticarcillin. This resistance poses a challenge in treating common infections, such as urinary tract and intra-abdominal infections, where E. coli is frequently involved **[44, 45]**. Similarly, resistance to beta-lactams was noted in 28.57% of Klebsiella pneumoniae, 16.67% of Citrobacter spp., 20% of Enterobacter cloacae, and 100% of Morganella morganii strains. Fluoroquinolone resistance, particularly to ciprofloxacin, was also observed in E. coli strains, which may be linked to mutations in bacterial gyrases or topoisomerases, reducing the efficacy of these drugs **[46, 47]**.

Several studies confirm similar resistance patterns in other foodborne isolates. E. coli resistance to amoxicillin + clavulanic acid and cefotaxime was reported by **Matakone *et al.* [48]** and **Tamendjari *et al.* [49]**. Resistance to ciprofloxacin (13.04%) and ceftriaxone (21.74%) was observed by **Hossain *et al.* [50]** in raw meat isolates. Additionally, E. coli from kadid showed resistance to cefoxitin **[30]**, and Klebsiella spp. exhibited significant resistance in various studies, including **Mazhari *et al.* [51]**.

The antibiogram results (Table 2) showed that while wild-type strains dominated (79.62%), a low-level penicillinase was detected in one E. coli strain (1.85%).

**Tamendjari *et al.* [49]** suggest that the observed antibiotic resistance in foodborne isolates may stem from the widespread availability and overuse of antibiotics on farms, where they are often administered at the first sign of illness. This emphasizes the need for public health strategies targeting antibiotic resistance in food systems. Assessing antibiotic-resistant pathogens in food is crucial for formulating effective public health interventions **[35]**. Given the rising threat of antibiotic resistance, it is essential to enforce antibiotic stewardship, which includes active surveillance, rational antibiotic use, and strict infection prevention measures in both healthcare and agricultural settings **[11]**.

1. **CONCLUSION**

This study highlights the diversity of bacterial strains isolated from *charmout,* a dried meat sold on markets in Chad, and their antibiotic resistance profile. The results indicate that *charmout* contains high loads of total aerobic mesophilic flora, yeasts and molds, as well as a wide variety of pathogenic bacteria. Although these pathogens are generally susceptible to most of the antibiotics tested, acquired resistance to certain antimicrobials was observed, posing a significant health risk to consumers. The findings suggest that microbial contamination of *charmout* is associated with inadequate hygiene practices during preparation and storage, as well as the use of antibiotics in food-producing animals. This underregulate use of antibiotics encourages the emergence of resistant bacteria, which can be transmitted to humans through the consumption of contaminated products such as *charmout.* The data gathered on the microbiological quality and antibiotic sensitivity profiles of the isolated bacteria provide valuable insights for improving hygiene practices in the production and handling of *charmout.*

**COMPETING INTERESTS**

Authors have declared that no competing interests exist.

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