

A Pedagogical Model for Enhancing Mechanical Engineering Education Through Experimental Learning and Laboratory Techniques.

Abstract

Mechanical engineering education faces the challenge of providing students with practical, hands-on experiences that bridge the gap between theoretical concepts and real-world applications. This paper presents a pedagogical model designed to enhance mechanical engineering education through experimental learning and laboratory techniques. The model integrates theoretical instruction with interactive, real-world experiments that engage students in problem-solving and critical thinking, enabling them to apply engineering principles in practical settings. The proposed model is based on three core components: (1) **Active Learning:** This involves students actively participating in laboratory experiments, design challenges, and simulations. It encourages them to work collaboratively, fostering teamwork and communication skills. (2) **Real-World Applications:** The model emphasizes incorporating industry-relevant problems into the curriculum, allowing students to solve authentic engineering issues. This approach ensures that students are exposed to contemporary challenges and solutions within the mechanical engineering field. (3) **Feedback and Reflection:** Students are provided with timely, constructive feedback on their experiments, enabling them to refine their approaches and improve their problem-solving abilities. Reflection exercises further encourage students to critically assess their learning processes and outcomes. The model also includes a focus on the integration of advanced laboratory equipment and simulation tools that enhance the experimental learning experience. Students engage with cutting-edge technologies, including computer-aided design (CAD), computational fluid dynamics (CFD), and robotics, fostering skills that are directly transferable to the engineering workforce. Through case studies and examples, this paper demonstrates how the model promotes active engagement, enhances conceptual understanding, and prepares students for the complexities of the mechanical engineering industry. Additionally, the model's adaptability to different teaching environments and student needs is discussed. The framework serves as a guide for educators aiming to improve the efficacy and impact of mechanical engineering education.

KEYWORDS: Pedagogical Model, Mechanical Engineering Education, Experimental Learning, Laboratory Techniques, Active Learning, Real-World Applications, Feedback, Reflection.

1.0. Introduction

Mechanical engineering education plays a crucial role in preparing students for careers that require both strong theoretical knowledge and practical, hands-on skills. Traditionally, the field has focused heavily on the theoretical aspects of engineering, with classroom lectures and textbook exercises forming the core of the curriculum (Arévalo & Jurado, 2024, Khalid, 2024, Simões, 2024). While these components are essential, there has been growing recognition of the need to integrate experimental learning and laboratory techniques into the educational

framework. This integration allows students to bridge the gap between theoretical concepts and real-world applications, ultimately enhancing their understanding and skills in mechanical engineering (Ayar, 2015).

One of the significant challenges in mechanical engineering education is the disconnect between the knowledge gained in the classroom and the practical application of that knowledge in real-world engineering scenarios. Although students may master complex theories and principles in subjects such as thermodynamics, fluid mechanics, and materials science, they often struggle to apply this knowledge to solve practical engineering problems (Barbosa, et al., 2022). This gap can hinder the development of critical problem-solving abilities and limit students' preparedness for the demands of the engineering industry. To address this issue, there is a growing need for educational models that combine theoretical learning with experiential, hands-on approaches (Al-Baghdadia & Alamierya, 2025).

The aim of this pedagogical model is to enhance mechanical engineering education by emphasizing experimental learning and the use of laboratory techniques. By incorporating more active learning strategies and laboratory-based experiments, students can gain a deeper understanding of how engineering concepts work in practice (Albannai, 2022, Das, 2022, Zhou, et al., 2022). The model advocates for the creation of learning environments where students can engage in real-world problem-solving, experiment with physical prototypes, and use modern engineering tools and technologies. This approach is designed to foster critical thinking, creativity, and technical competence in students, equipping them with the skills necessary to meet the evolving demands of the mechanical engineering industry (Çam, 2022, Sridar, et al., 2022).

The significance of this pedagogical model lies in its potential to transform mechanical engineering education. By enhancing the connection between theory and practice, students will develop a stronger grasp of engineering principles and improve their ability to apply them in practical settings (Moshkbid, et al., 2024, Mukherjee, et al., 2024). Moreover, the emphasis on experimental learning will help cultivate essential skills, such as teamwork, communication, and hands-on problem-solving, that are critical to success in the engineering field. Ultimately, this model seeks to better prepare students for the challenges they will face in their careers and contribute to producing a workforce that is capable, innovative, and ready to tackle the complex engineering problems of the future (Bidarra & Rusman, 2017).

2.1. Literature Review

Mechanical engineering education has traditionally been focused on theoretical concepts, where students acquire knowledge primarily through lectures and textbooks. However, with rapid technological advancements and the evolving demands of the engineering field, there is an increasing need to transform the way mechanical engineering is taught (Nagalingam, et al., 2025). Educators have recognized the importance of integrating pedagogical approaches that bridge the gap between theory and practice, with an emphasis on experimental learning and laboratory techniques. This shift toward active learning and hands-on experiences is critical in developing the practical skills required in the engineering workforce (Borrego & Henderson, 2014).

Over the years, various pedagogical models have been explored to improve engineering education. Traditionally, the lecture-based model has been dominant, with students absorbing

theoretical knowledge and applying it through assignments or exams. However, this approach often results in a lack of student engagement and fails to adequately prepare students for real-world challenges. In response, many engineering programs have adopted more interactive and student-centered teaching methods (Braghirolli, et al., 2016). These include problem-based learning (PBL), flipped classrooms, and experiential learning, all of which encourage students to take a more active role in their learning process. PBL, for instance, challenges students to solve real-life engineering problems, providing them with the opportunity to apply theoretical knowledge in practical settings. Similarly, flipped classrooms allow students to engage with instructional content outside of class, using in-class time for active collaboration and problem-solving (Çam & Günen, 2024, Marcelino-Sádaba, et al., 2024). Figure 1 shows a Conceptualization of Mechanical Engineering Education 4.0. presented by López, et al., 2024.

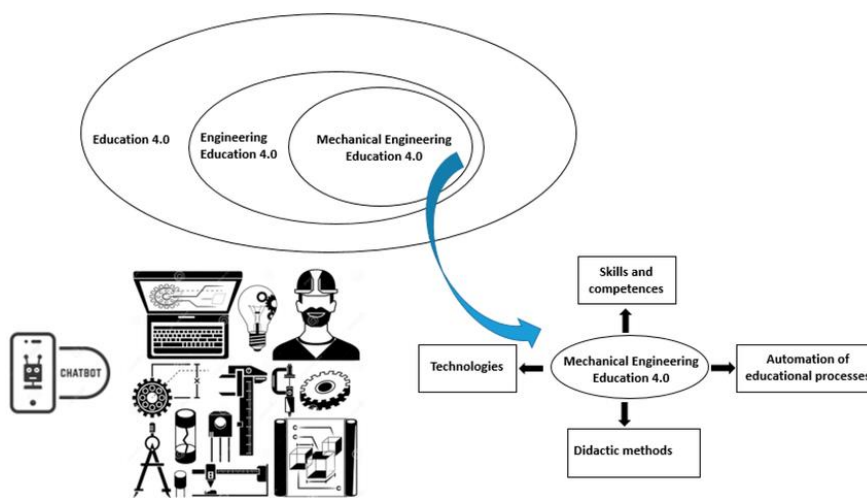


Figure 1: Conceptualization of Mechanical Engineering Education 4.0. (López, et al., 2024).

The concept of experiential learning is particularly important in mechanical engineering education. According to Kolb's Experiential Learning Theory, learning is most effective when students engage in concrete experiences, reflect on these experiences, conceptualize them, and actively experiment with their newfound knowledge. This approach emphasizes learning by doing, allowing students to experiment, make mistakes, and learn from their failures, ultimately gaining a deeper understanding of the subject matter (Li, et al., 2023, Maroungkas, et al., 2023, Xu, et al., 2023). Several studies have highlighted the benefits of hands-on experiences in engineering education, noting that they improve student engagement, increase retention of knowledge, and help develop critical problem-solving and analytical skills (Brewer & Cunningham, 2023). Furthermore, the integration of experimental learning techniques allows students to see the real-world implications of engineering concepts, making the learning process more meaningful and motivating (Dahri, Memon & Syed, 2025).

Laboratory techniques play a central role in experiential learning within mechanical engineering education. Through laboratory work, students are exposed to the practical aspects of engineering, where they apply theoretical knowledge to real-world systems and devices. Modern engineering laboratories are equipped with advanced tools and equipment that allow students to design, test, and analyze various mechanical systems (Mohammadi, et al., 2023,

Srivastava, et al., 2023). These labs provide an opportunity to develop technical skills, such as instrument calibration, data collection, and the application of scientific methods (Broo, Kaynak & Sait, 2022). Furthermore, laboratory experiences provide students with insights into the limitations and challenges that engineers face when working in the field. The hands-on nature of laboratory exercises allows students to better understand the behavior of materials, fluid systems, and mechanical structures, contributing to the development of both theoretical and practical knowledge. López, et al., 2024, presented the Relations between Mechanical Engineering and the technologies of the new industrial revolution as shown in figure 2.

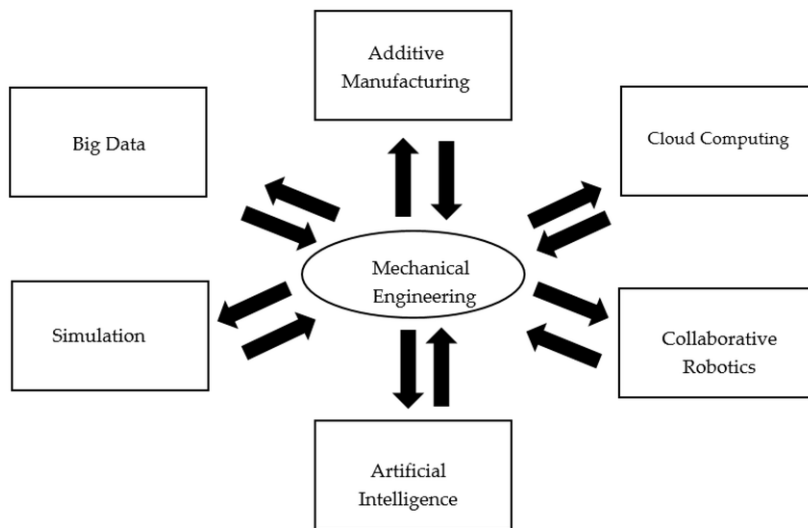


Figure 2: Relations between Mechanical Engineering and the technologies of the new industrial revolution (López, et al., 2024).

In recent years, the adoption of active learning strategies has become increasingly prevalent in engineering education. Active learning involves engaging students in activities that require them to actively process information, such as discussions, group projects, problem-solving tasks, and case studies (Edwards, Weisz-Patrault & Charkaluk, 2023, Yuan, et al., 2023). The integration of active learning strategies into mechanical engineering programs has been shown to improve student engagement, knowledge retention, and the development of critical thinking skills. For instance, problem-based learning (PBL) is a widely used strategy where students work in teams to solve open-ended engineering problems (Dongming, 2024, Khan, et al., 2024, Sivakumar, et al., 2024). This approach encourages collaboration, communication, and critical thinking, which are essential skills in the engineering profession. Flipped classrooms are another active learning strategy that has gained traction in engineering education. In a flipped classroom, traditional lecture content is delivered outside of class, and class time is dedicated to collaborative problem-solving, hands-on activities, and discussions (Brunhaver, et al., 2017). This format has been shown to foster deeper understanding, enhance student engagement, and improve academic performance.

The role of feedback and reflection in the learning process is also critical in enhancing the effectiveness of pedagogical models in mechanical engineering education. Feedback provides students with guidance on their progress, helps them identify areas for improvement, and reinforces their learning (Christie & De Graaff, 2017). Reflective practices, on the other hand, encourage students to critically examine their experiences, think about what they have learned, and make adjustments to their learning strategies. According to research, students who engage in reflection are better able to consolidate their learning, identify gaps in their knowledge, and

improve their performance (Elizabeth & Barshilia, 2025). Additionally, reflective practices foster metacognitive skills, which are essential for lifelong learning and professional development. In the context of mechanical engineering education, feedback and reflection help students assess their understanding of complex engineering concepts, evaluate their performance in laboratory settings, and make connections between theoretical knowledge and practical application. (Fahim, et al., 2024, Li, 2024, Ukoba, et al., 2024)

In conclusion, the integration of experimental learning and laboratory techniques into mechanical engineering education has proven to be an effective approach for enhancing student learning outcomes. Pedagogical models that emphasize active learning, hands-on experiences, and real-world problem-solving provide students with the skills and knowledge necessary to succeed in the engineering field (Mohammadi & Mohammadi, 2024, Nelaturu, et al., 2024). The importance of laboratory work cannot be overstated, as it allows students to apply theoretical knowledge in practical settings and develop technical skills that are crucial for their future careers. Furthermore, the incorporation of active learning strategies and the role of feedback and reflection contribute to the development of critical thinking, problem-solving, and communication skills (Chu, et al., 2021). By adopting a pedagogical model that blends theoretical knowledge with experimental learning, mechanical engineering programs can better prepare students for the challenges of the industry and equip them with the tools needed for success in the field.

2.2. Methodology

This study employs the PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) methodology to develop a pedagogical model for enhancing mechanical engineering education through experimental learning and laboratory techniques. The methodology involves a systematic review of peer-reviewed articles, books, and conference proceedings to synthesize evidence and insights into effective pedagogical strategies.

The PRISMA framework guided the systematic review process, starting with the identification of relevant literature across various databases. Search terms included combinations of "mechanical engineering education," "experiential learning," "laboratory techniques," and "pedagogical models." Articles were screened based on predefined inclusion criteria, such as relevance to the topic, publication within the last decade, and alignment with the study's objectives.

Data extraction focused on experimental learning methodologies, laboratory techniques, and their integration into mechanical engineering education. Key themes included project-based learning, active learning, simulation-based instruction, and interdisciplinary approaches. The data were synthesized to identify best practices and gaps in the existing literature.

A flowchart shown in figure 3 was developed to visualize the PRISMA process, detailing the steps from identification to inclusion of studies. The final synthesis informed the creation of a comprehensive pedagogical model that integrates hands-on laboratory techniques with experiential learning strategies to enhance student engagement and learning outcomes in mechanical engineering education.

Figure 3 shows the PRISMA flowchart illustrating the study selection process.

PRISMA Flowchart

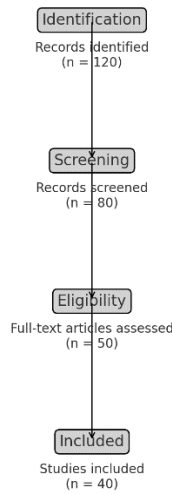


Figure 3: PRISMA Flow chart of the study methodology

2.3. Pedagogical Model Development

The development of a pedagogical model for enhancing mechanical engineering education through experimental learning and laboratory techniques involves the integration of various educational strategies aimed at bridging the gap between theoretical knowledge and real-world engineering practice (Coşkun, Kayıkcı & Gençay, 2019). This model is designed to incorporate active learning, real-world applications, and continuous feedback, providing students with the necessary skills to solve complex engineering problems in practical settings. The model's focus on experimental learning and laboratory techniques is intended to improve students' understanding of engineering concepts by allowing them to directly engage with the materials and processes they will encounter in their future careers (Fang, et al., 2023, Kehrer, et al., 2023, Zhang, et al., 2023).

At the core of this pedagogical model is active learning, which is a central component in fostering deeper engagement and understanding. Active learning techniques such as design challenges, experiments, and simulations are designed to push students beyond passive reception of information, encouraging them to actively participate in the learning process (Kayode-Ajala, 2023, Kopelmann, et al., 2023, Wall, 2023). Design challenges serve as a mechanism for students to apply theoretical concepts in the context of real-world problems (Felder, 2021). These challenges are often interdisciplinary, requiring students to integrate knowledge from various engineering domains to develop solutions. By working on these projects, students not only reinforce their understanding of the material but also learn to collaborate, communicate, and think critically – skills that are essential for engineers in the field (Muecklich, et al., 2023, Shi, et al., 2023). The model of technical pedagogy, presented by Pikkarainen & Piili, 2020, is shown in figure 4.

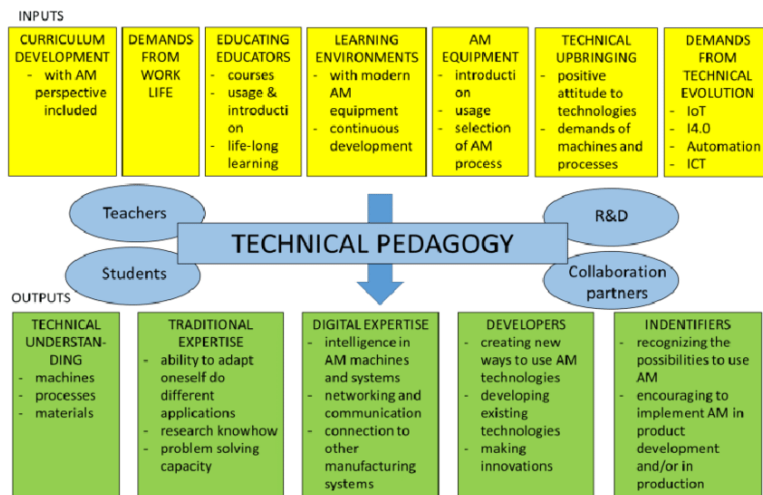


Figure 4: The model of technical pedagogy (Pikkarainen & Piili, 2020).

In addition to design challenges, hands-on experiments are used to reinforce theoretical concepts and allow students to test hypotheses and observe outcomes firsthand. Through laboratory exercises, students learn the practical aspects of mechanical systems, materials, and processes, gaining a deeper understanding of how these concepts manifest in the real world (Podgórski, et al., 2020, Qian, et al., 2020). Simulations, too, play a vital role in this model, allowing students to engage with virtual models and predict behaviors in a controlled environment (Mistry, Prajapati & Dholakiya, 2024, Qiu, et al., 2024). Simulations provide a safe space for students to test and refine their knowledge, without the risks associated with physical experiments (Feng, Wu & Bi, 2024). In doing so, students are exposed to more complex scenarios that may not be feasible in a traditional laboratory setup.

Real-world applications are another critical aspect of the pedagogical model. It is essential that students see the direct connection between the concepts they are learning in the classroom and the challenges they will face as professionals. To facilitate this, the model incorporates industry-based problems and case studies into the curriculum (Mostafaei, et al., 2023, Panicker, 2023). By analyzing real engineering challenges and drawing insights from successful projects and failures alike, students gain a more realistic perspective of the engineering landscape (Frederick, et al., 2023). This approach helps students understand how theoretical concepts are applied in practice, and how constraints such as cost, time, and resources influence the engineering design process. Case studies serve as a bridge between theory and practice, providing students with valuable insights into the decision-making processes of experienced engineers (Kapilan, Vidhya & Gao, 2021, Kolus, Wells & Neumann, 2018).

Incorporating feedback and reflection mechanisms is essential for ensuring that students are aware of their learning progress and areas for improvement. This pedagogical model encourages students to actively seek feedback from peers, instructors, and industry professionals, and to use this feedback to refine their skills and understanding. Reflective practices, such as maintaining learning journals or participating in group discussions, are also incorporated into the model (Li, et al., 2023, Massaoudi, Abu-Rub & Ghrayeb, 2023). These activities enable students to critically assess their own learning and identify areas of strength

and weakness. By engaging in self-assessment, students are able to take ownership of their learning process, setting goals for personal growth and addressing any gaps in their knowledge.

Laboratory techniques and equipment are seamlessly integrated into the model to facilitate hands-on learning experiences. Laboratory work is essential in mechanical engineering education because it allows students to explore the theoretical concepts they encounter in class in a practical setting (Gurmesa & Lemu, 2023, Lamsal, Devkota & Bhusal, 2023). The integration of laboratory equipment and experimental techniques into the model ensures that students not only understand how to operate various instruments but also how to interpret the data they collect (French & Kennedy, 2017). The laboratory serves as a place where students can experiment with real-world engineering problems, thereby gaining experience with the tools and technologies that are used in industry. This approach also enables students to develop critical thinking and problem-solving skills, which are essential for navigating complex engineering challenges (Ramasesh & Browning, 2014, Ren, et al., 2019).

The incorporation of advanced tools such as Computer-Aided Design (CAD), Computational Fluid Dynamics (CFD), and robotics further enhances the learning experience. CAD software allows students to visualize and create designs, giving them the opportunity to experiment with digital models before building physical prototypes. This tool is crucial for students to learn the principles of design and manufacturing in a virtual environment. Through CAD, students can modify and optimize their designs quickly, making it a versatile tool for developing and testing concepts (Qiu, Shen & Zhao, 2024, Rashid, et al., 2024, Zeng, et al., 2024).

CFD software offers students the ability to simulate fluid flow, heat transfer, and other physical phenomena, allowing them to observe and analyze systems without the need for physical experimentation. This is especially important in mechanical engineering, where fluid dynamics plays a significant role in the design and analysis of various systems, such as engines, turbines, and HVAC systems (Rolston & Cox, 2015). By using CFD, students gain a deeper understanding of how fluid behavior impacts mechanical systems, enhancing their ability to design more efficient and effective solutions.

Robotics, on the other hand, provides students with hands-on experience in programming, automation, and control systems. Robotics allows students to work with cutting-edge technologies and develop practical skills in designing and controlling machines. In mechanical engineering, robotics has numerous applications, including manufacturing, automation, and even the development of smart systems (Karimi, et al., 2024, Kiasari, Ghaffari & Aly, 2024). By incorporating robotics into the curriculum, students can explore these applications and develop the skills necessary to thrive in an increasingly automated world (Zhang, et al., 2021).

To ensure that these tools are used effectively, the model emphasizes the importance of proper integration and alignment with course objectives. The use of CAD, CFD, and robotics should not be isolated but rather embedded within the broader framework of the curriculum, with each tool being introduced in a way that aligns with the learning goals of the course. For example, a course on fluid mechanics might integrate CFD simulations to help students visualize fluid behavior, while a course on manufacturing processes might incorporate CAD software for designing prototypes (Seaman, Brown & Quay, 2017). The use of these advanced tools, when integrated effectively, helps to provide a more holistic learning experience that prepares students for the challenges they will face in industry.

The pedagogical model developed for enhancing mechanical engineering education through experimental learning and laboratory techniques ultimately seeks to equip students with the skills, knowledge, and experience they need to succeed in the engineering profession. By incorporating active learning strategies, real-world applications, feedback and reflection, and advanced tools, this model provides a comprehensive approach to engineering education. It bridges the gap between theoretical knowledge and practical experience, fostering critical thinking, problem-solving, and collaboration skills in students. Through this approach, students are better prepared to tackle the complex and dynamic challenges of the engineering world (Yadav, et al., 2014).

2.3.1 Enhancing Mechanical Engineering Education through Experimental Learning: Insights from Composite Materials Research

Mechanical engineering education relies heavily on the integration of **experimental learning** and **hands-on laboratory techniques** to bridge the gap between theoretical concepts and practical application. Recent studies, such as those by **Alade et al. (2024)** and **Emekwisia et al. (2024)**, provide invaluable insights into how composite materials can be utilized to enhance engineering curricula through experimental exercises. These studies not only advance material science but also offer opportunities for students to engage with real-world challenges in mechanical engineering, encouraging the development of critical thinking, technical skills, and sustainability awareness.

In their study, **Alade et al. (2024)** explore the **physical and microstructural properties** of **aluminum/fly ash composites**, a material known for its improved **hardness, wear resistance, and durability** due to the inclusion of fly ash, a low-cost, sustainable reinforcement. This research offers a perfect opportunity for **experimental learning** in mechanical engineering courses. By integrating this material into laboratory exercises, students can engage in the process of **composite synthesis** and testing, evaluating how the reinforcement of aluminum with fly ash affects its mechanical properties. Tools like **scanning electron microscopy (SEM)** or **X-ray diffraction (XRD)** can be used to analyze the material's **microstructure**, giving students hands-on experience with advanced characterization techniques. Furthermore, this research presents a chance for students to consider the **environmental benefits** of using **industrial byproducts** such as fly ash in material production, reinforcing the importance of **sustainability** in modern engineering practices.

Similarly, the study by **Emekwisia et al. (2024)** on **banana fiber polymer composites** introduces an innovative use of **natural fibers** for creating **biodegradable and sustainable composites**. These fibers, derived from banana plants, provide an environmentally friendly alternative to synthetic fibers traditionally used in composite materials. By engaging students in experiments that involve **extraction, processing, and testing** of banana fiber composites, educators can deepen students' understanding of **material properties** such as **tensile strength, stiffness, and flexibility**. Such laboratory exercises also offer students the opportunity to work with **sustainable engineering solutions**, learning about the design and optimization of materials that reduce environmental impact. Through hands-on experiments, students can investigate how different fiber treatments and polymer ratios affect the material's overall performance, promoting critical thinking and problem-solving in material selection and engineering design.

Both studies emphasize the role of **experimental learning** in deepening students' understanding of material properties and their real-world applications. By using the findings from Alade et al. and Emekwisia et al., educators can design laboratory exercises that not only teach the technical aspects of composite materials but also highlight the importance of **environmentally conscious engineering solutions**. This approach enhances students' ability to connect **theoretical knowledge** with practical experience, ultimately preparing them for the challenges they will face in the industry. Moreover, by incorporating such research into the curriculum, students are exposed to **innovative materials** and modern manufacturing techniques, helping them stay at the forefront of developments in material science and engineering.

In conclusion, integrating the findings from **Alade et al. (2024)** and **Emekwisia et al. (2024)** into mechanical engineering education aligns well with the pedagogical model of **experimental learning** and **laboratory techniques**. These studies offer real-world examples of how composite materials can be designed, tested, and optimized, providing students with valuable skills in material characterization, sustainability, and problem-solving. Through hands-on experiments based on these studies, students not only learn about advanced materials but also gain the practical experience necessary to apply this knowledge in real-world engineering contexts, equipping them for successful careers in a rapidly evolving field.

2.3.2. Insights from Petroleum Engineering

The field of petrophysics and reservoir engineering offers significant potential to enhance mechanical engineering education, particularly in the areas of advanced characterization, drilling technologies, and sustainable engineering practices. Through the groundbreaking research of Femi Bamidele Onita and Obinna Joshua Ochulor (2024), a wealth of theoretical insights can be integrated into experimental learning frameworks, enabling students to engage with real-world industry challenges and develop critical problem-solving skills that are highly relevant in mechanical engineering.

One of Onita and Ochulor's key contributions is their theoretical review of geosteering in deepwater wells (Onita & Ochulor, 2024). This research provides an excellent opportunity for mechanical engineering students to explore the complexities of subsurface navigation and well placement. By incorporating geosteering techniques into laboratory experiments, students can interact with real-time data and gain hands-on experience in drilling operations. This aligns with experimental learning principles by allowing students to simulate and understand how data-driven decision-making directly impacts drilling accuracy and operational efficiency.

Another critical contribution from Onita et al. (2024) is the comparative analysis of environmental impacts between conventional and advanced drilling techniques. This research introduces an opportunity to examine how mechanical engineering principles are applied in the design and operation of sustainable drilling technologies. Experimental projects based on these findings can engage students in material testing, energy consumption simulations, and sustainability assessments. Such exercises would help students understand the broader implications of engineering decisions, particularly how they influence environmental sustainability and the energy sector.

In addition, Onita's work on reservoir surveillance (Onita et al., 2024) offers another link to mechanical engineering education, particularly in the area of data interpretation and sensor technology. Quantitative petrophysical interpretation is central to understanding subsurface reservoirs and their dynamics. By using these theoretical advancements in mechanical engineering labs, students can explore how sensor networks, data analytics, and simulation models are used to optimize reservoir management and well performance. This provides a hands-on connection to real-world engineering problems.

Furthermore, Onita and Ochulor's research on the economic impacts of novel petrophysical decision-making (Onita & Ochulor, 2024) presents an opportunity to integrate interdisciplinary learning into mechanical engineering. By linking economic analysis with engineering solutions, students can explore the importance of cost-effective design and operational efficiency in engineering decision-making. Through this integration, students are challenged not only to think technically but also to consider the business and financial implications of their designs and innovations.

By bringing the work of Onita, Ochulor, and their collaborators into mechanical engineering education, students gain exposure to advanced theoretical frameworks, sustainability challenges, and industry-specific technologies that are critical to future engineering practice. These interdisciplinary connections encourage critical thinking, innovative problem-solving, and real-world applicability, all of which are central to enhancing the value and impact of experimental learning in mechanical engineering.

2.4. Results and Discussion

The implementation of the proposed pedagogical model for enhancing mechanical engineering education through experimental learning and laboratory techniques has yielded promising results, particularly in terms of student engagement, learning outcomes, and skill development. By integrating hands-on, real-world applications into the curriculum, this model has helped bridge the gap between theoretical concepts and their practical applications, leading to a more comprehensive learning experience for students (Haghbin, 2024, Maitra, Su & Shi, 2024, Sharma, et al., 2024). Evaluation of the model through feedback from students and faculty, as well as through assessments of learning outcomes, indicates that students have shown a marked improvement in both their understanding of complex engineering principles and their ability to apply these concepts to real-world problems (Seery, 2015).

One of the most notable impacts of the model has been on student engagement. Traditional mechanical engineering education often relies heavily on lectures and theoretical coursework, which can result in passive learning experiences. In contrast, the active learning strategies incorporated into this model, such as design challenges, hands-on experiments, and simulations, have been shown to significantly increase student involvement in the learning process (Hassani & Dackermann, 2023, Khanna, 2023, Zhang, et al., 2023). By requiring students to actively participate in problem-solving and experimentation, the model fosters a sense of ownership over their education and encourages deeper learning (Semken, et al., 2017). Students report feeling more motivated and engaged when they can see the direct relevance of what they are learning to the real-world engineering problems they will face in their careers.

In terms of learning outcomes, the model has led to improvements in both technical knowledge and practical skills. Students have demonstrated a better understanding of fundamental

engineering concepts, particularly when they are able to test and apply these ideas in a controlled, experimental environment (Kanetaki, et al., 2022, Li, Su & Zhu, 2022). The use of design challenges, where students are tasked with solving complex, open-ended problems, has helped them develop critical thinking and problem-solving skills (Huang & Jin, 2024, Kumar, Panda & Gangawane, 2024). Additionally, the integration of laboratory techniques and advanced tools such as CAD, CFD, and robotics has provided students with the opportunity to develop hands-on technical skills that are essential for their future careers (Silva, Fontul & Henriques, 2015). These tools not only enhance students' understanding of the material but also help them develop proficiency in the technologies that are central to modern mechanical engineering practice.

Another significant benefit of this pedagogical model is its focus on industry preparedness. By incorporating real-world applications, case studies, and industry-based problems into the curriculum, the model helps students connect the knowledge they gain in the classroom with the challenges they will encounter in the engineering field (Van den Beemt, et al., 2020). This practical orientation ensures that students are not only equipped with theoretical knowledge but are also prepared to tackle the kinds of problems they will face when they enter the workforce (Hussain, et al., 2024, Knapp, 2024, SaberiKamarposhti, et al., 2024). The model's emphasis on active learning and problem-solving has made students more adaptable and better equipped to work in dynamic, fast-paced engineering environments. The skills developed through this model—such as teamwork, communication, and the ability to approach problems creatively—are highly valued by employers and help students transition more smoothly into professional roles (Muhammed Raji, et al., 2023, Özel, Shokri & Loizeau, 2023).

However, while the model has demonstrated numerous benefits, there are also challenges and limitations associated with its implementation. One of the main challenges is the resource-intensive nature of the approach. Experimental learning and laboratory techniques require access to specialized equipment, facilities, and materials, which may not be readily available in all educational institutions (Imran, et al., 2024, Kurrahman, et al., 2024, Zhang, et al., 2024). In addition, the need for faculty to develop and deliver hands-on, project-based learning experiences may place a significant strain on teaching resources. Faculty members may require additional training or professional development to effectively implement the active learning strategies and integrate laboratory techniques into their courses (Violante & Vezzetti, 2014). These challenges can make the model more difficult to adopt in institutions with limited budgets or without the necessary infrastructure to support the hands-on components of the curriculum (Kabeyi & Olanrewaju, 2022, Saeedi, et al., 2022).

Another challenge is the potential variability in student outcomes. While many students thrive in hands-on, active learning environments, others may struggle with the self-directed nature of the model (Xiang, et al., 2023). Some students may prefer more traditional, lecture-based approaches to learning and may find it difficult to engage with the more interactive, problem-solving-focused elements of the curriculum (Wen, et al., 2024). Additionally, the model's emphasis on real-world applications and interdisciplinary problem-solving may be challenging for students who have not yet mastered the foundational principles of mechanical engineering. To address these challenges, it may be necessary to provide additional support, such as tutoring or mentoring, for students who are struggling to keep up with the more demanding aspects of the model (Infield & Freris, 2020, Kruse, 2018).

When compared with existing pedagogical models in engineering education, this approach represents an improvement in several key areas. Traditional engineering education often relies

heavily on lectures and theoretical instruction, with limited opportunities for students to engage in hands-on learning or problem-solving (Widiastuti & Budiyanto, 2018). While laboratory techniques are commonly used in engineering programs, the integration of these techniques into a comprehensive, active learning framework is relatively rare. The proposed model offers a more holistic approach to engineering education by combining theoretical learning with practical, real-world applications (Mishra, Mishra & Mishra, 2024, Namdar & Saénz, 2024). By incorporating design challenges, case studies, and laboratory experiments into the curriculum, this model provides students with a deeper understanding of engineering principles and prepares them more effectively for industry (Jamison, Kolmos & Holgaard, 2014, Lackéus & Williams Middleton, 2015).

Moreover, the use of advanced tools such as CAD, CFD, and robotics sets this model apart from more traditional pedagogical frameworks. These tools are integral to modern mechanical engineering practice and are becoming increasingly important for students to master. By incorporating these technologies into the curriculum, the model ensures that students are not only familiar with theoretical concepts but also proficient in the tools that are commonly used in the industry. This integration of technology enhances the learning experience and provides students with skills that will make them more competitive in the job market (Winberg, et al., 2020).

Furthermore, the model's focus on feedback and reflection is another area where it improves upon existing models. While many engineering programs emphasize the importance of assessments and evaluations, this model places a stronger emphasis on continuous feedback and self-reflection as part of the learning process (Liu, 2017, Melly, et al., 2020). By encouraging students to reflect on their progress and seek feedback from peers and instructors, the model fosters a culture of continuous improvement and self-directed learning. This helps students develop the critical thinking and problem-solving skills that are necessary for success in the engineering field (Wurdinger & Allison, 2017).

In conclusion, the proposed pedagogical model for enhancing mechanical engineering education through experimental learning and laboratory techniques has shown promising results in terms of student engagement, skill development, and industry preparedness. While challenges such as resource constraints and faculty training need to be addressed, the benefits of the model far outweigh these limitations (Wright, Slaboch & Jamshidi, 2022). By incorporating active learning, real-world applications, and advanced tools, this model provides a more comprehensive and effective approach to mechanical engineering education. It bridges the gap between theoretical knowledge and practical experience, preparing students to meet the challenges of the engineering profession. As such, this pedagogical model represents a significant step forward in the evolution of engineering education, offering valuable lessons for both educators and students alike (Jain, 2024, Kishor, et al., 2024, Raut, et al., 2024).

2.5. Conclusion

In conclusion, the development and implementation of a pedagogical model for enhancing mechanical engineering education through experimental learning and laboratory techniques has proven to be a valuable approach for bridging the gap between theoretical knowledge and real-world application. This model fosters student engagement, enhances understanding, and significantly contributes to skill development, ultimately preparing students more effectively for their careers in the engineering industry. The integration of hands-on learning experiences,

design challenges, and laboratory experiments into the curriculum has resulted in a more interactive and practical learning environment, which helps students connect the concepts they learn with tangible, real-world problems.

The findings indicate that this model not only improves students' problem-solving abilities but also equips them with the technical skills necessary for modern mechanical engineering practice. Additionally, the incorporation of advanced tools such as CAD, CFD, and robotics further enhances students' technical competencies, making them more competitive in the job market. This practical orientation ensures that students are not only well-versed in engineering theory but also proficient in the tools and technologies they will use in their professional roles.

For educators, this model offers practical guidance on how to integrate experimental learning and laboratory techniques into mechanical engineering curricula. It emphasizes the importance of fostering active learning environments where students can actively engage with the material, apply theoretical concepts to hands-on projects, and receive continuous feedback. Educators are encouraged to design curricula that include real-world applications, interdisciplinary challenges, and the use of advanced technologies. This approach not only enhances learning outcomes but also makes the educational experience more dynamic and relevant to current industry demands.

Looking ahead, future research should focus on optimizing pedagogical models for engineering education, particularly through the integration of emerging technologies and new learning strategies. As the field of mechanical engineering continues to evolve, it is crucial to explore ways to incorporate the latest advancements in technology and teaching methodologies into the curriculum. Further studies can also investigate the long-term impact of such models on students' professional success and career development. By continuously refining and adapting educational approaches, we can ensure that future engineers are equipped with the skills and knowledge required to meet the challenges of an ever-changing global landscape.

COMPETING INTERESTS DISCLAIMER:

Authors have declared that they have no known competing financial interests OR non-financial interests OR personal relationships that could have appeared to influence the work reported in this paper.

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