## Reform of College English Teaching Model: Embracing Mobile-Assisted Collaborative Language Learning

## **ABSTRACT**

**Aims:** This study aimed to explore the reform of the mobile-assisted collaborative language learning teaching model in college English. Its intention was to address the existing problems in current college English classroom teaching and enhance teaching quality and students' comprehensive English abilities.

**Methodology:** Operating in the context of college English teaching practice, the study employed a combination of theoretical analysis and practical case studies. It elaborated on the construction and implementation details of the teaching model, covering pre-class preparation, classroom teaching, and after-class extension stages.

**Results:** The mobile-assisted collaborative language learning teaching model devised a logically rigorous operational framework, integrating mobile and collaborative learning. It provided precise learning resources, reasonable classroom grouping, innovative after-class tasks, and a scientific evaluation system. A mobile-assisted learning mode effectively broke the traditional teaching deadlock, met students' personalized needs, created ample practice opportunities, and significantly improved teaching outcomes.

Conclusion: This is the first case study on embracing mobile-assisted collaborative language learning in China. The reform of this teaching model has achieved remarkable results. It can improve learners' English performance and the learning motivations. However, continuous attention and improvement in aspects such as resource update, teaching process optimization, and evaluation system refinement are still required to better serve college English teaching and students' development.

Keywords: College English; Mobile-assisted collaborative language learning; Teaching model reform; Collaborative Language Learning

## 1. INTRODUCTION

With the rapid advancement of information technology, society has been continuously escalating its demands for college students' English proficiency. The conventional college English teaching paradigm is increasingly revealing its inadequacies and struggling to align with the requisites of the new era. College English classroom instruction is confronted with numerous practical predicaments that urgently call for resolution, as they substantially impede the enhancement of teaching quality and the cultivation of students' comprehensive English capabilities. Firstly, the traditional college English classroom teaching modality tends to be rather simplistic, predominantly revolving around teacher-centered lectures, relegating students to a passive state of knowledge reception.

In class, instructors expound at length on grammar, vocabulary, and other aspects of knowledge from the podium while students mechanically jot down notes, bereft of opportunities for active contemplation and interactive participation. This instruction invariably leads to a dampening of learning enthusiasm and suboptimal learning outcomes. Secondly, there exists a pronounced disparity in students' English proficiency levels, rendering the unified teaching pace and curriculum incapable of catering to the diverse learning needs of all students. Those with a solid foundation may feel underserved, whereas those with weaker skills often find themselves lagging. Thirdly, given that English is a language, its acquisition necessitates a copious language practice environment. However, the actual time allotted for college English classroom teaching is severely constrained, depriving students of sufficient opportunities for oral communication and practical application. Fourthly, traditional teaching evaluation methodologies have habitually placed undue emphasis on final examination scores, neglecting students' performance throughout the learning process. This myopic approach makes it arduous to comprehensively and objectively gauge students' learning achievements. In light of the foregoing, it is patently evident that these extant issues in current college English classroom teaching cry out for innovative teaching models to effect a remedy.

In recent years, China has witnessed the maturation of wireless communication technology, the continuous expansion of wireless network coverage, and the widespread proliferation of mobile electronic devices. Concomitantly, the mobile learning model has emerged discreetly, capturing the attention of numerous educators [1-3]. In contrast to the traditional English teaching model characterized by "fixed time, fixed place, fixed teacher, fixed materials", mobile learning confers significant advantages, capable of compensating for the deficiencies of traditional pedagogy and serving as a propitious auxiliary learning approach. Presently, the academic and educational communities have yet to reach a consensus on the definition of the mobile learning model [4-11]. Nevertheless, the overarching consensus holds that mobile learning leverages mobile terminal devices to facilitate learning anytime and anywhere, its essence being in harmony with the openness intrinsic to college English teaching.

To sum it up, the exigencies of the current college English classroom teaching landscape demand innovative teaching models. The "mobile-assisted collaborative language learning teaching model" has emerged as a timely solution. It is poised to reverse the teaching conundrum through its unique strengths and propel college English teaching to new heights.

## 2. POLICIES RELATED TO "RETURNING HOME TO START A BUSINESS"

In the realm of college English teaching practice, the mobile-assisted collaborative language learning teaching model has devised a logically rigorous and meticulously crafted operational framework, seamlessly integrating the dual benefits of mobile learning and collaborative learning. It has infused novel vitality into the traditional college English teaching schema and effectively galvanized teaching efficacy to achieve breakthrough progress.

## 2.1 PRE-CLASS PREPARATION

 The foremost obligation of educators is to adhere stringently to the precise instructional objectives delineated by the established teaching syllabus. Employing scientific and systematic evaluation methodologies, they must comprehensively and profoundly appraise the core constituents of the English knowledge reservoir, learning potential ceilings, and individualized interest trajectories of the students under their tutelage. Using this as a reliable lodestar, they embark on a painstaking knowledge exploration odyssey, availing themselves of a plethora of cutting-edge and multifunctional mobile terminal devices. Navigating between authoritative educational portals, professional English learning applications, and vast digital teaching material repositories, instructors, with their profound and robust professional acumen

and astute teaching insights, meticulously cull and judiciously organize micro-class video 78 materials that are optimally attuned to the instructional foci of the current lesson.

On the one hand, such micro-class videos offer lucid and engaging elucidations of pivotal grammatical rules, facilitating students' profound comprehension of grammar essentials. Moreover, they zero in on the background knowledge of Western culture, conducting exhaustive and incisive analyses to buttress students' efforts in deciphering the profound connotations of textual materials. Simultaneously, a rich tapestry of English reading materials, spanning a wide gamut of topics, boasting authentic language, and exhibiting reasonable difficulty gradients, is incorporated. These encompass contemporaneous news items tracking the vicissitudes of the times, as well as excerpts from classic literary works, efficaciously broadening the breadth and depth of students' reading panoramas. Additionally, a series of interactive practice tasks, deftly blending entertainment and knowledge, has come to the fore, such as engaging word spelling challenges and advanced grammar-filling drills, with the express aim of maximizing students' zeal for active participation in the learning process. Once the aforementioned instructional resources have been meticulously assembled, instructors will follow standardized procedures to upload them in an orderly fashion to the learning platform via exclusive conduits, such as the school's dedicated online learning space and the classcustomized segment of a renowned online education platform. This ensures that students can access them instantaneously in the simplest and most efficient manner, laying a solid foundation for the seamless progression of subsequent teaching segments.

#### 2.2 KEY LINKS OF CLASSROOM TEACHING

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In light of the conspicuous disparities in students' learning aptitudes, personality traits, and other dimensions, educators employ scientific, rational, and precisely calibrated grouping strategies to partition learning groups adroitly. The size of each group is artfully and judiciously calibrated to ensure that every group member can be fully immersed in the discussion process, freely express their viewpoints, and foster a vibrant exchange of ideas. Once the groups have been constituted, the teacher guides the students to adeptly activate their mobile terminal devices, log in to the pre-designated learning platform, and accurately retrieve the assorted learning resources painstakingly uploaded by the teacher prior to class. Taking the English reading teaching scenario as an exemplar, the teacher initially disseminates an English article replete with profound cultural resonances on the platform, concomitantly pushing out the background knowledge micro-class video that is intimately intertwined and mutually supportive, thereby facilitating students' swift construction of a knowledge scaffold for text comprehension. The students then congregate in groups and plunge into the immersive textreading exercise. Should they encounter lexical impediments, they promptly resort to convenient and efficient mobile dictionary applications to swiftly ascertain the meanings of new words, meticulously grasp the nuances of usage, and deftly integrate the knowledge nuggets imparted in the micro-class to conduct in-depth exploration and analysis of the article's content.

Upon the successful completion of the reading task, a fervent discussion erupts within the group. Members engage in uninhibited discourse, sharing their insights on pivotal aspects such as the article's theme, writing techniques, and the emotional undercurrents of the characters. Subsequently, with the aid of the interactive communication zone embedded within the learning platform, the group discussion outcomes are publicly broadcast to the entire class in a multiplicity of formats, including text, pictures, and even voice, inaugurating a virtuous cycle of cross-group interactive communication and cerebral collision. Throughout this process, the teacher vigilantly monitors the discussion dynamics, astutely identifies the critical junctures, and proffers professional and highly targeted guidance and elucidations in a timely manner. Zeroing in on the common quandaries routinely encountered by student cohorts, such as the travails of dissecting complex sentences and the dilemmas of plumbing the depths of cultural metaphors, the teacher conducts concentrated and profound explanations to assist students in surmounting reading hurdles one by one and effecting a steady ascent in their knowledge hierarchy.

## 2.3 AFTER-CLASS EXTENSION AND DEEPENING STAGE

Leveraging the potent and fully fledged task release system of the learning platform, educators painstakingly conceive and orchestrate innovative and challenging extension practice tasks. For example, students are required to collaborate in groups to fabricate an English poster centered on the theme of "Western Festival Culture". In the course of this endeavor, students must marshal the knowledge reserves amassed both in and out of class, from the ingenious conceptualization of the overall design layout of the poster, the painstaking composition of the copy content, to the judicious selection of accompanying pictorial materials, to showcase their capacity for knowledge integration and application fully. Alternatively, students may be enjoined to independently conceive and record an English short play, spanning the entire gamut from the initial script gestation and refinement, rational role allocation, to live performance, shooting, and editing, to comprehensively hone their comprehensive qualities. During the execution of the task, students capitalize on the convenience afforded by mobile devices to shatter the shackles of time and space, initiating online communication, division of labor, and cooperation at will. Whether it be poring over vast troves of data, thrashing out details in repeated discussions, or meticulously editing and producing in the later stage, they vividly exemplify a highly cohesive spirit of teamwork. Once the work is completed, students submit it online in accordance with the stipulated schedule. The teacher then undertakes a comprehensive, systematic, and in-depth evaluation predicated on a meticulously constructed multi-dimensional and detailed evaluation index system. This evaluation spans multiple facets, including the accuracy of content knowledge, the novelty of creative ideas, the standardization of language use, and the cooperation of teamwork. The teacher promptly furnishes feedback on the evaluation results to students, distinctly highlighting the strengths, lacunae, and areas for improvement of the work, thereby facilitating students' attainment of a spiral progression in knowledge accumulation and individual ability enhancement through continuous refinement.

Viewed holistically, the mobile-assisted collaborative language learning teaching model functions in such a way that mobile learning furnishes copious resource sustenance for collaborative learning, erects a convenient communication conduit, and facilitates the flow of information. Collaborative learning, in turn, effectively impels students to internalize and assimilate the knowledge gleaned through mobile learning, and to apply it with flexibility to effect knowledge transformation. The two components are interlinked and synergistic, endowing college English teaching with multi-faceted empowerment and precipitating significant amelioration in teaching outcomes.

# 3. IMPLEMENTATION OF POLICIES RELATED TO RETURNING HOME TO START A BUSINESS AMONG COLLEGE GRADUATES

 In the process of promoting the mobile-assisted collaborative language learning teaching model for college English, to ensure its efficacy and efficiency, the following cardinal points warrant meticulous attention.

## 3.1 RESOURCE SCREENING AND INTEGRATION

The first characteristic of resource screening in mobile-assisted collaborative language learning is precise adaptability. When cherry-picking mobile learning resources prior to class, teachers must cling tenaciously to the syllabus and the instructional objectives of the current

lesson, ensuring that resources such as micro-class videos, reading materials, and exercises are in lockstep with the teaching emphases. For example, if the current lesson is centered on imparting the structure of argumentative essays in English writing, the selected micro-class videos should expound in detail on the opening, body, and closing layout techniques of argumentative essays, as well as commonly used argumentation methods, to preclude any disjunction between resources and teaching content, which could lead students astray in their learning pursuits.

The second characteristic of resource screening in mobile-assisted collaborative language learning is difficulty stratification. Given the variances in students' English proficiency, resources ought to be stratified. For students with shaky foundations, learning resources with a robust base, detailed elucidations, and simplified procedures should be provided, such as uncomplicated English short readings embellished with Chinese annotations, basic grammar explanation animations, etc. For those with surplus learning capacity, high-caliber, in-depth, and expansive resources should be readied, such as chapters from original English academic works, dissections of advanced English writing techniques, etc., to satiate the appetites of students at different levels, ensuring that every student reaps dividends from resource utilization.

The third characteristic of resource screening in mobile-assisted collaborative language learning is copyright compliance: While scavenging for resources amid the vast ocean of information on the Internet, teachers must abide by copyright statutes to the letter. They should give precedence to open source, free, and unambiguously authorized materials. In the event of a need to use copyrighted materials, they must procure legal clearance in advance to stave off potential legal wrangles stemming from infringement and safeguard the normal progression of teaching.

## 3.2 CLASSROOM ORGANIZATION AND GUIDANCE

The first characteristic of classroom organization in mobile-assisted collaborative language learning is reasonable grouping. Classroom grouping exerts a direct bearing on the efficacy of collaborative learning. Teachers should factor in students' learning aptitudes, personality traits, and English proficiency when partitioning groups. The size of each group should be circumscribed within 4 - 6 individuals to ensure that group members can communicate freely and circumvent overcrowding and muddled division of labor. For example, pairing students with sterling oral expression skills with those possessing outstanding writing prowess, and combining students with ebullient personalities with those of a more introverted yet meticulous bent, can foster complementary advantages within the group and supercharge cooperation efficiency.

The second characteristic of classroom organization in mobile-assisted collaborative language learning is process monitoring. During the group cooperative learning process, teachers cannot afford to be laissez-faire. They must ceaselessly patrol between groups, keeping a hawkish eye on students' discussion progress, participation rates, and any impediments they encounter. If a group discussion veers off course, it must be steered back on track promptly; if students harbor a general misunderstanding of a knowledge point, the discussion should be suspended immediately and a concentrated explanation dispensed to ensure a smooth learning process.

The third characteristic of classroom organization in mobile-assisted collaborative language learning is technical assistance. Since this teaching model hinges on mobile devices, teachers must familiarize themselves with the operation of commonly used learning apps and online platforms in advance to ensure that they can expeditiously troubleshoot any technical glitches

students encounter in class, such as video playback stutters, inability to download materials, etc., to forestall the wastage of teaching time due to technical snafus and safeguard students' learning experience.

#### 3.3 AFTER-SCHOOL EXTENSION TASK MANAGEMENT

The first characteristic of after-school extension task management in mobile-assisted collaborative language learning is task design. After-class extension tasks should not only consolidate classroom learning but also be imbued with innovation and challenge. Tasks can be devised based on current hot topics and students' interests, such as fashioning English film review posters against the backdrop of popular movies, or recording English speeches in simulated international conference settings. Task requirements should be pellucid and specific, encompassing submission time, work format, scoring criteria, etc., so that students can clearly fathom the task goals and expected results.

The second characteristic of after-school extension task management in mobile-assisted collaborative language learning is teamwork supervision. For after-school tasks accomplished through group collaboration, teachers should tighten the reins on the teamwork process. Groups should be required to submit regular progress reports, detailing member division of labor, communication modalities, difficulties encountered and their solutions, etc., to preclude any "free riding" by individual members and guarantee that every student truly participates in the task completion process.

The third characteristic of after-school extension task management in mobile-assisted collaborative language learning is feedback and improvement. Upon receipt of the after-school extension task works submitted by students, teachers should dispense feedback in a timely manner, not only spotlighting the strengths of the works but also expounding in detail on their shortcomings and improvement directions. At the same time, encourage students to make secondary revisions to their works based on the feedback, elongating the learning process and inculcating students' learning habits of continuous improvement.

## 3.4 CONSTRUCTION OF TEACHING EVALUATION SYSTEM

The first characteristic of constructing teaching evaluation system in mobile-assisted collaborative language learning is multiple dimensions. Jettison the myopic evaluation approach predicated solely on final exam results and erect a multifaceted evaluation system that blankets the entire learning process, from pre-class preparation to class participation and after-class extension. For example, pre-class preparation can be gauged by the frequency of students' consultations of preparation materials and the quality of their questions; class participation can be appraised by the vivacity of group discussions, the quality of speeches, and the degree of contribution to the group; after-class extension evaluation can focus on the creativity of task completion, teamwork cohesion, and the accuracy of knowledge application, etc., to provide a panoramic view of students' learning.

The second characteristic of constructing teaching evaluation system in mobile-assisted collaborative language learning is dynamic adjustment. The evaluation system cannot be ossified. It should be tweaked dynamically in a timely manner based on feedback from teaching practice and fluctuations in student learning. If it is found that a certain evaluation indicator fails to exert a palpable guiding effect on student learning, or if new factors influencing teaching effectiveness surface and are not encompassed in the evaluation scope, it should be optimized and improved posthaste to ensure that the evaluation system always mirrors the actual teaching with pinpoint accuracy and spurs students to make continuous progress.

- The third characteristic of constructing teaching evaluation system in mobile-assisted collaborative language learning is data application. Make full use of the data amassed by the mobile learning platform, such as student learning time, number of resource downloads, frequency of interactive communication, etc., to conduct quantitative analysis, furnishing an objective basis for teaching evaluation, assisting teachers to apprehend students' learning status more accurately, and detecting problems in teaching so as to adjust teaching strategies in a targeted manner.
- Only by comprehensively considering and deftly handling the above precautions during implementation can the mobile-assisted collaborative language learning teaching model of College English unleash its full potential, tangibly enhance the teaching quality, and foster the development of students' comprehensive English ability.

#### 4 METHODOLOGY

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## 4.1. EXPERIMENTAL SUBJECTS

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Two parallel college English classes of the same grade in Tangshan College are randomly selected as the research objects. The number of students, the proportion of male and female students, as well as the years of English learning in both classes are consistent, and none of the students have listening or speaking impairments.

## 4.2. EXPERIMENTAL PROCEDURE

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The experimental group is fully immersed in the course learning under the Mobile-Assisted Collaborative Language Learning (MACLL) teaching model elaborated previously.

Before class, the teaching materials used in class are first classified according to difficulty levels, covering different levels from beginner, intermediate to advance. The materials are aligned with specific learning objectives, such as focusing on grammar for knowledge reinforcement, expanding vocabulary to broaden the lexical repertoire, and introducing cultural backgrounds to enhance cultural awareness. The reading materials are carefully selected to cover a wide variety of topics, including current affairs to keep students informed of the latest happenings, literature to cultivate literary appreciation, and science and technology to introduce cutting-edge knowledge. In addition, these videos highlight key points and are accompanied by summaries at the end, facilitating students' quick access to essential information. The pre-reading questions are deliberately designed to trigger critical thinking, guiding students to make predictions and establish connections prior to delving into the text. The vocabulary guides not only provide definitions but also present example sentences in various contexts, along with synonyms and antonyms to enrich students' vocabulary stock. Interactive practice tasks, devised in a highly engaging gamified format, feature tiered levels of difficulty. For instance, novices commence with straightforward word matching games, whereas advanced learners take on complex sentence transformation challenges. The leaderboards are updated in real-time, and rewards may consist of digital badges, bonus points redeemable for learning resources, or even small tangible prizes like English learning bookmarks. Moreover, the learning platform's tracking system is fine-tuned to record an extensive array of data. It meticulously notes the exact moment students access and exit each resource, computes the average time expended per page or video segment, tallies the number of times specific parts are replayed, traces the sequence in which different practice tasks are attempted, and captures any pauses or hesitations during the learning process, thereby constructing a comprehensive behavioral profile.

During class, teachers implement a highly dynamic and adaptable grouping strategy. At the

- 319 beginning of each week, drawing on students' performance data from the preceding week's 320 pre-class activities (such as completion rates and accuracy of micro-class assignments) and 321 in-class quizzes (covering grammar, vocabulary, and reading comprehension), students are 322 regrouped. This approach ensures that each group possesses a balanced combination of 323 abilities, fostering effective collaboration. Each group is assigned a dedicated observer (a 324 member of the research team trained in educational psychology). The observer uses a 325 detailed checklist for recording. They not only record whether a student participates but also 326 note the frequency and duration of their contributions. Concerning the quantity and quality of 327 ideas, they classify ideas as original, derivative, or repetitive and evaluate their relevance and 328 depth. The degree of consensus reached during discussions is gauged by observing how 329 expeditiously and smoothly the group arrives at a Shared conclusion.
- To guarantee the proper and efficient utilization of mobile devices, they are integrated with state-of-the-art classroom management software equipped with advanced functionalities. Teachers can remotely lock or unlock particular apps and websites, impose restrictions on screen time for non-educational content, and even project a student's (a student's) mobile screen onto the classroom display for group sharing and discussion, ensuring mobile technology functions as a potent educational aid.
- After class, the learning progress is monitored through bi-weekly online check-ins, so as to provide a comprehensive and accurate assessment of students' learning achievements.
- In contrast, the control group receives traditional English instruction devoid of any elements of mobile-assisted and collaborative learning.
- Students are furnished with printed textbooks and assigned standard preview questions that predominantly focus on rote memorization of vocabulary and basic grammar rules. To maintain strict consistency, the preview time is precisely regulated to 30 minutes per session. Teachers collect the written responses to these questions at the start of each class and provide cursory feedback, primarily checking for completion and basic accuracy.
- During classroom teaching, teachers firmly adhere to a predominantly lecture-based instructional format, with over 80% of the class time dedicated to teacher exposition. Group work is extremely restricted, with only sporadic pair discussions permitted, and these are confined to a maximum duration of 10 minutes per class. Mobile phones and other electronic devices are strictly prohibited in the classroom, and any violation results in immediate disciplinary action, such as confiscation of the device for the remainder of the week.
- After class, conventional written assignments are distributed weekly, following a fixed pattern.
  For example, it could be a grammar exercise worksheet or a short essay. The assignments
  come with specific guidelines, such as word count and formatting requirements, and due
  dates. Teachers offer written feedback exclusively, using a red pen to mark errors and provide
  brief comments, without any form of online interaction or additional support.

## 4.3 DATA COLLECTION

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- This study encompasses language proficiency tests, questionnaires, teacher observations,
   and platform analytic.
- Language Proficiency Tests are administered in a standardized manner at the beginning and the end of the semester to both the experimental class and the control class. In addition to analyzing the overall composite scores, sub-scores for each individual language skill are dissected and analyzed in minute detail. This granular analysis enables the pinpointing of

specific areas of strength and weakness for both groups. The test questions are painstakingly calibrated to ensure that they cover the relevant curriculum taught in both the experimental and control classes, facilitating a direct and meaningful comparison. To enhance the reliability of the results, each test is conducted in a classroom environment with strict time limits and proctoring to prevent cheating.

Questionnaires are distributed to gather students' insights and perceptions monthly. These questionnaires employ a combination of Likert scales and open-ended questions. The Likert scale questions are designed to quantitatively measure students' satisfaction, perceived learning gains, and motivation on a 5-point scale. Moreover, the open-ended questions encourage students to provide rich, detailed feedback on what aspects of the teaching methods they find appealing or unappealing. To boost the response rate, the questionnaires are made available in both online and paper versions, and students are given incentives such as extra credit points or small treats like chocolates for timely and complete responses.

Teachers maintain a structured logbook to record their observations. These records encompass details such as the classroom atmosphere, student attention levels, and the frequency of off-task behaviors. For the experimental group, special attention is paid to documenting any technical glitches or challenges that arise in relation to the use of mobile devices, providing valuable insights into the practical implementation of the Mobile-Assisted Collaborative Language Learning (MACLL) model. Teachers also note any significant changes in students' behavior or attitude during the semester, such as increased confidence in speaking or a newfound enthusiasm for learning.

For the experimental group, data on pre-class resource access, in-class mobile device usage, and after-class task participation and completion times are visualized in real-time within the MACLL software. The data is updated daily, allowing researchers to track trends, identify patterns, and intervene promptly if any issues or anomalies are detected. In addition, the dashboard provides comparative analytics, showing how individual students' usage patterns compare to the group average, and highlighting any outliers. This helps teachers and researchers identify students who may need additional support or those who are excelling and could serve as models.

## 5. RESULTS

## 5.1 LANGUAGE PROFICIENCY TESTS AND PLATFORM ANALYTICS

We utilized SPSS software to conduct in-depth statistical analysis on the quantitative data obtained from language proficiency tests and platform analytics.

Table 1 Comparison of Learners' Average Score before and After the Experimentation

-	Experimental Group		Control Group	
	Before Experiment	After Experiment	Before Experiment	After Experiment
Listening	72	85	68	75
Speaking	70	80	65	72
Reading	75	85	70	78
Writing	70	80	65	70
Translation	68	78	62	68
Total score	70	82	68	75

Table 1 provides a visual comparison of the experimental group's and the control group's performances regarding overall language proficiency. To evaluate the impact of the intervention, paired sample t-tests were conducted to contrast the mean scores of both groups pre and post experimentation. The analysis revealed a noteworthy disparity in the improvement of overall language proficiency between the groups.

Initially, the baseline mean scores for the experimental and control groups were closely aligned, at 70 and 68 points, respectively. Following a semester of instruction under divergent pedagogical frameworks, the experimental group's average score escalated markedly to 82 points, whereas the control group's average rose to 75 points. This outcome signifies that the experimental group's mean score augmented by 12 points, surpassing the control group's 7point increase. The differential improvement of 5 additional points in favor of the experimental group underscores the efficacy of the Mobile-assisted Collaborative Language Learning MACLL model in fostering enhancements in students' overall language proficiency compared to the conventional teaching approach employed with the control group.

Table 1 can comprehensively display the changes in various language skills, including listening, speaking, reading, writing, and translation, of the experimental group and the control group, as well. It is obviously that before the experiment, the starting points of the two groups in each skill were similar. However, after the experiment, the experimental group achieved significant improvements in all skill dimensions. For example, in listening, the experimental group's score increased from 72 to 85 points, while the control group only increased from 68 to 75 points; in writing, the experimental group improved by 10 points to reach 80 points, while the control group only improved by 5 points to 70 points. This demonstrates that the MACLL teaching model is superior to the traditional teaching model in cultivating various language skills and can provide students with more balanced and significant improvements.

Table 2 Relationship between the frequency of using mobile learning resources and language proficiency improvement

Usage Frequency Interval (per week)	Average Language Proficiency Improvement Score	
< 3 times	5	
3 - 5 times	7	
> 5 times	13	

Through regression analysis, a significant positive correlation was found between the frequency of students' use of mobile learning resources and the improvement of their language proficiency. It visualizes this relationship. It can be seen that as the frequency of using mobile learning resources per week increases, the average language proficiency improvement score of students also rises. For students who used mobile learning resources less than 3 times per week, the average improvement score was only 5 points; while for those who used them more than 5 times per week, the average improvement score was as high as 13 points. This indicates that encouraging students to use mobile learning resources more frequently can effectively contribute to the progress of their language ability, further corroborating the rationality and effectiveness of fully integrating mobile learning resources in the MACLL teaching model.

## **5.2 TEACHER OBSERVATION RESULTS**

In the classroom environment of the experimental group under the Mobile-Assisted Collaborative Language Learning (MACLL) model, teachers, through empirical observation,

acutely perceived a significant enhancement in classroom vitality. Concrete data indicates that the average duration of group discussions per class in the experimental group reached approximately 25 minutes, in sharp contrast to a meager 10 minutes in the control group. This pronounced disparity can, to a certain extent, be attributed to the fact that the MACLL model successfully creates a highly interactive learning context, enabling students to deeply engage in the collaborative knowledge construction process. During the group discussion process, over 80% of the vast majority of students in the experimental group exhibited a strong willingness to express themselves and actively and enthusiastically shared their personal insights. In contrast, only about 40% of the students in the control group demonstrated a similar level of participation. This difference not only powerfully validates the outstanding effectiveness of the MACLL collaborative learning model in stimulating students' classroom participation but also provides strong support for creating a more harmonious and inspiring classroom atmosphere.

From the perspective of students' classroom attention duration, through precise measurement, it was determined that the average concentration time of students in the experimental group throughout a class session could reach 35 minutes, while that of the control group was relatively inferior, only 25 minutes. The root cause of this difference lies in the diverse teaching resources and interactive modules unique to the MACLL model. For example, highly attractive micro-lesson videos contain rich and vivid audio-visual stimulation elements, and in combination with the competitive instincts of students stimulated by the real-time updated leaderboards, the two work synergistically to effectively attract students' attention and enable them to focus more intently on the learning process.

After a semester of continuous observation, teachers notably noticed a significant enhancement in the confidence of experimental group students in oral expression. In the classroom free-speech segment, the proportion of students who could voluntarily raise their hands to speak and express themselves fluently showed a significant upward trend, steadily climbing from an initial 30% at the beginning of the semester to a gratifying 60% by the end of the semester. This upward trajectory not only intuitively reflects the continuous progress of students' language abilities but also deeply implies the positive promoting role played by the MACLL model in shaping students' self-confidence and improving their communicative competence.

At the same time, the enthusiasm of the student group for English learning exhibited an upsurge. One of the specific manifestations was that the increase in the number of students actively participating in extracurricular English learning activities (such as English corners and online English learning communities) reached 40%. In comparison, the changes in the control group in these aspects were relatively weak, and this sharp contrast powerfully highlights the unique differential advantages of the MACLL model in stimulating and sustaining students' interest in language learning.

## **5.3 QUESTIONNAIRE SURVEY RESULTS**

#### Table 3 Survey Results of Student Satisfaction (%)

Satisfaction Dimensions	Experimental Group	Control Group
Instructional Method Enjoyment	85	50
Knowledge Acquisition	80	60
Learning Resource Abundance	90	40

of instructional method enjoyment, as many as 85% of the students in the experimental group explicitly expressed satisfaction. They attributed this satisfaction to the gamified interactive exercises and innovative project tasks organically integrated into the MACLL model, which successfully transformed the traditionally somewhat dull learning process into an attractive exploration journey. In contrast, only 50% of the students in the control group recognized the entertainment value of the traditional teaching methods. In terms of knowledge acquisition, thanks to the diversified learning resources and collaborative learning environment, 80% of the students in the experimental group reported a strong sense of accomplishment; while the proportion in the control group was only 60%. In the aspect of learning resource abundance, the difference between the two groups was even more significant, with as many as 90% of the students in the experimental group expressing satisfaction, while only 40% in the control group. This significant difference vividly highlights the powerful attraction of the extensive online and offline resources integrated by the MACLL model.

**Table 4 Survey Results of Student Perceived Learning Gains** 

Learning Gains Dimensions	Experimental Group	Control Group
Listening Improvement	4.2	3.2
Oral Proficiency Enhancement	4.0	3.0
Reading Improvement	4.3	3.5
Writing Improvement	4.1	3.0
Translation Improvement	3.8	2.8

It is clearly evident from Table 4 that the experimental group students significantly surpassed their counterparts in the control group in terms of perceived learning gains in all language skills. Taking listening improvement as an example, the average score of the experimental group reached 4.2 points, which means that most students truly perceived significant progress in their listening abilities. In contrast, the control group only obtained 3.2 points. A similar pattern prevailed in the field of oral proficiency enhancement, where the experimental group scored 4.0 points and the control group only 3.0 points, which corroborates the phenomenon observed by teachers that the oral confidence of the experimental group students had increased. Overall, these data incontrovertibly demonstrate that the MACLL model has brought about an all-round elevation in students' perceived learning outcomes.

Table 5 Survey Results of Student Motivation Stimulation (%)

Motivation Dimensions	Experimental Group	Control Group
Intrinsic Interest-driven	70	40
Competitive Spirit Arousal	65	30
Future Development Considerations	80	50

The questionnaire survey results profoundly reveal that in the crucial dimension of intrinsic interest-driven learning motivation, 70% of the students in the experimental group conclusively confirmed that the captivating content and innovative forms inherent in the MACLL model successfully ignited their intrinsic learning desires. In contrast, only 40% of the students in the control group reported having a similar level of motivation. In terms of competitive spirit arousal, as many as 65% of the students in the experimental group were driven by incentive mechanisms such as leaderboards and group competitions, while only 30% of the students in the control group felt the corresponding impetus. Considering future development needs, 80% of the students in the experimental group keenly realized the importance of proficient English

- skills for their future prospects and made every effort to enhance their abilities through the MACLL model, while the proportion in the control group was relatively low, only 50%.
- Obviously, the MACLL model effectively stimulates students' learning motivation from multiple
- 525 dimensions.
- In summary, the teacher observation and questionnaire survey results jointly provide solid,
- 527 powerful, and irrefutable evidence, fully demonstrating that, compared with traditional teaching
- 528 methods, the MACLL teaching method exhibits more outstanding effectiveness in
- 529 comprehensively and deeply enhancing students' language learning abilities. This empirical
- verification result lays a solid data foundation for English teaching reform initiatives.

## 6. DISCUSSION

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- The findings of this research offer comprehensive evidence for the effectiveness of the Mobile-assisted Collaborative Language Learning (MACLL) model. The data obtained from language proficiency tests, teacher observations, and questionnaire surveys consistently indicate that the MACLL model outperforms traditional teaching methods in enhancing students' language
- 537 learning outcomes.
- 538 When compared with previous research in this field, our results regarding the impact of MACLL 539 on overall language proficiency and specific language skills largely confirm the emerging 540 consensus. Similar to several recent studies [12], we found that after implementing the MACLL 541 model, students' overall language proficiency scores increased significantly. The experimental 542 group's average score increased by 12 points, exceeding the control group's increase of 7 543 points, which is consistent with the trends reported in related surveys, suggesting that the 544 integration of mobile technology and collaborative learning can indeed provide additional 545 impetus for language acquisition. This consistency in the results of multiple studies 546 strengthens the argument for adopting such innovative teaching methods in language 547 education.
- 548 Regarding the cultivation of individual language skills, our data further confirm the positive 549 impact of MACLL. The significant improvements of the experimental group in listening, 550 speaking, reading, writing, and translation skills echo the results of other contemporary 551 research [13]. For example, in listening, the experimental group's score increased significantly 552 from 72 to 85 points, while the control group only increased moderately from 68 to 75 points, 553 which is reminiscent of the research findings that emphasize the effectiveness of multimedia 554 - rich learning resources in the development of listening skills. This similarity not only validates 555 our results but also contributes to the growing body of knowledge supporting the targeted 556 application of technology in language teaching for specific skills.
  - However, our research results also differ from previous studies in some aspects. Different from the situation reported in some early surveys [14] where there was little difference in student motivation between technology assisted classrooms and traditional classrooms, our research clearly shows a large gap. The MACLL model, with its gamified interactive exercises, real time leaderboards, and diverse learning resources, significantly stimulates students' stronger internal interest and competitive spirit. Approximately 70% of the students in the experimental group indicated that they were driven by internal interest, while only 40% in the control group. This difference may be attributed to the more extensive and well designed technology integration in our research, which more effectively stimulates students' motivation driving factors.
- Another point of difference lies in the relationship between the frequency of using mobile learning resources and the improvement of language proficiency. Although some previous

studies have suggested a weak or inconsistent correlation between the two [15], our regression analysis reveals a significant positive correlation. Students who use mobile learning resources more frequently have significantly higher average language proficiency improvement scores. This finding emphasizes the importance of not only providing students with access to mobile resources but also actively promoting their regular use in the learning process, a factor that may have been overlooked or not fully emphasized in early research.

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In conclusion, while our research generally aligns with and reinforces the positive findings of many previous studies on the MACLL model, it also highlights areas where our understanding has evolved or where there are differences. These differences provide valuable opportunities for further research and refinement of the model, with the ultimate goal of optimizing students' language learning experiences and outcomes. Future research can build on the foundation laid by this research and related studies to explore more deeply the factors leading to differential responses in motivation and the nuances of mobile resource utilization.

The mobile-assisted collaborative language learning teaching model is endowed with unique strengths that enable it to reverse the teaching impasse and catapult college English teaching to new heights [16]. Firstly, the "mobile-assisted cooperative language learning teaching model" can shatter the "teacher-centered" straitjacket. By pre-class dissemination of a diverse array of micro-class videos and reading materials, students are afforded the opportunity to engage in autonomous pre-class preparation, entering the classroom armed with questions and insights, thereby transitioning from a passive to an active learning stance. In-class group discussions, coupled with the unfettered use of mobile devices to access materials, communicate, and share, serve to fully kindle students' subjective initiative and render them the veritable masters of their learning journey. Secondly, under the aegis of the mobileassisted collaborative language learning model, teachers can tailor hierarchical learning resources prior to class in accordance with the actual circumstances of students. For instance, providing micro-classes for basic grammar consolidation and vocabulary expansion for those with weaker foundations, and proffering high-difficulty reading materials and academic English writing guidance for those with surplus learning capacity, so as to meet the personalized learning needs of students at different levels. During in-class group work, students can offer mutual assistance, with those possessing a stronger foundation leading the way for those with weaker skills to make joint progress. After-class extension tasks can also be set at different difficulty levels, allowing each student to be trained and refined within the confines of their own ability. The mobile-assisted collaborative language learning teaching model exploits mobile devices to breach the temporal and spatial confines of the classroom. Post-class, students can engage in English communication and discussion with group members via online platforms at any time and from any place. Whether it is rehearsing lines during the production of English skits or painstakingly revising the copy when fabricating English posters, it engenders copious language practice opportunities for students, enabling them to enhance their comprehensive English listening, speaking, reading and writing abilities in actual application. The evaluation system of the "Mobile-assisted Collaborative Language Learning Teaching Model" adopts a comprehensive approach, taking into account multiple dimensions such as pre-class preparation participation, classroom group cooperation performance, and the quality of completion of after-class extension tasks. It not only fixates on learning results but also accords greater significance to the learning process. It can dispense timely, comprehensive and targeted feedback to students, and encourage students to continuously improve their learning methods and improve their learning efficiency.

In summary, the reform of the teaching model of mobile-assisted collaborative language learning in college English has reaped remarkable dividends. It has sundered the traditional shackles, accommodated the personalized needs.

## 7. CONCLUSION

In conclusion, the exploration and implementation of the mobile-assisted collaborative language learning teaching model in college English have brought about profound transformations. This innovative approach has effectively tackled the long-standing dilemmas in traditional college English teaching. By integrating mobile technology and collaborative learning, it has shattered the monotonous "teacher-centered" paradigm.

In terms of teaching practice, the meticulous pre-class resource preparation, scientific classroom grouping, engaging after-class tasks, and comprehensive evaluation system have jointly contributed to enhanced teaching quality. Students, now active participants, have witnessed remarkable improvements in their comprehensive English abilities, be it in language skills or cultural understanding.

However, challenges remain. Continuous efforts are needed to refine the model. For instance, resource screening must adapt to the ever-evolving learning needs and technological advancements. Classroom organization should further optimize the balance between teacher guidance and student autonomy. The evaluation system demands regular recalibration to ensure fairness and effectiveness. Overall, this teaching model holds great promise and, with ongoing refinement, will continue to propel college English education to new heights.

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#### **COMPETING INTERESTS**

The author has declared that no competing interests exist.

## **AUTHORS' CONTRIBUTIONS**

Associate Professor Yan Zhang conducted the study solely.

## **CONSENT (WHERE EVER APPLICABLE)**

The authors declares that 'written informed consent was obtained from patients for publication of this case report and accompanying images. A copy of the written consent is available for review by the Editorial office/Chief Editor/Editorial Board members of this journal.

## ETHICAL APPROVAL (WHERE EVER APPLICABLE)

The studies involving humans were approved by Ethics Committee of Siyue Educational and Technological Institute (SETI 2024015). The studies were conducted in accordance with the local legislation and institutional requirements.

## **DISCLAIMER (ARTIFICIAL INTELLIGENCE)**

The author hereby declares that NO generative AI technologies such as Large Language

Models (ChatGPT, COPILOT, etc.) and text-to-image generators have been used during the writing or editing of this manuscript.

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