

Review Form 3

Journal Name:	Asian Journal of Food Research and Nutrition
Manuscript Number:	Ms_AJFRN_130284
Title of the Manuscript:	The Role of Nutrition in Substance Abuse Recovery: A Mini Review
Type of the Article	Mini Review

PART 1: Comments

	Reviewer's comment	Author's Feedback <i>(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part.	This manuscript is of significant importance to the scientific community because it addresses the critical but often overlooked role of nutrition in substance abuse recovery. By highlighting the impact of nutritional deficiencies on both the physical and psychological challenges of addiction, it contributes to a growing body of evidence advocating for holistic treatment approaches. The systematic analysis of existing literature and the identification of barriers to incorporating nutrition into recovery programs provide a robust foundation for future research and policy development. Ultimately, this work underscores the potential of nutritional interventions to enhance recovery outcomes, reduce relapse rates, and improve the overall quality of life for individuals affected by substance use disorders.	
Is the title of the article suitable? (If not please suggest an alternative title)	The current title is clear and descriptive, effectively conveying the focus of the study.	
Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here.	The abstract is comprehensive, covering the background, methods, findings, and policy implications effectively. However, adding specific examples of key nutritional interventions or deficiencies discussed in the findings, such as omega-3 supplementation or thiamine deficiency, would enhance clarity. Removing redundant phrases could streamline the abstract without sacrificing critical details.	
Is the manuscript scientifically, correct? Please write here.	The manuscript systematically reviews relevant literature, employs robust methodologies, and synthesizes data thematically. It identifies critical nutritional deficiencies, evaluates their impact on substance abuse recovery, and highlights effective interventions. The study's findings align with established evidence, reinforcing the importance of integrating nutrition into addiction recovery programs.	
Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.	The references are relevant, incorporating additional references, such as those emphasizing emerging nutritional strategies or long-term clinical trials in addiction recovery, could strengthen the manuscript. For example, studies on precision nutrition or personalized dietary interventions could provide innovative insights into enhancing recovery outcomes.	
Is the language/English quality of the article suitable for scholarly communications?	The language and English quality of the article are appropriate, demonstrating clarity, coherence, and a formal tone. The manuscript effectively conveys complex concepts with precise terminology and logical flow, aligning with academic standards. Minor revisions for grammatical consistency or nuanced phrasing could further enhance its scholarly presentation.	
Optional/General comments	Good article	

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PART 2:

	Reviewer's comment	Author's comment <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Are there ethical issues in this manuscript?	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

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