

**Review Form 3**

Journal Name:	<a href="#">Journal of Pharmaceutical Research International</a>
Manuscript Number:	Ms_JPRI_130699
Title of the Manuscript:	EFFECT OF ANULOMA VILOMA PRANAYAMA IN PEOPLE WITH DECREASED LUNG RESERVE DUE TO COVID-19: A LITERATURE REVIEW
Type of the Article	

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This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guidelines for the Peer Review process, reviewers are requested to visit this link:

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PART 1: Comments

	Reviewer's comment	Author's Feedback <i>(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part.	The paper represents a significant contribution to the scientific community, particularly in the context of post-COVID-19 recovery. Given the pandemic's substantial impact on lung health, this review provides crucial insights into alternative therapeutic modalities that may aid in respiratory rehabilitation. By systematically analyzing existing literature on the practice of Anuloma Viloma Pranayama, the manuscript highlights its potential benefits for enhancing pulmonary function and overall well-being in affected individuals.	Thanks for the comments
Is the title of the article suitable? (If not please suggest an alternative title)	The title "Effect of Anuloma Viloma Pranayama in People with Decreased Lung Reserve Due to COVID-19: A Literature Review" is suitably crafted, as it clearly encapsulates the focus and scope of the article. It effectively conveys the specific intervention (Anuloma Viloma Pranayama), the target population (individuals with decreased lung reserve due to COVID-19), and the nature of the study (a literature review), thereby guiding the reader's expectations regarding the content and findings of the research.	Noted and revised
Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here.	The abstract for the literature review entitled "Effect of Anuloma Viloma Pranayama in People with Decreased Lung Reserve Due to COVID-19" succinctly outlines the potential benefits of this specific pranayama technique on individuals experiencing compromised respiratory function due to the pandemic. By synthesizing existing research on the topic, the review aims to elucidate the physiological and psychological impacts of Anuloma Viloma, highlighting its role in enhancing lung capacity, improving oxygenation, and promoting overall well-being in this vulnerable population.	Thanks for the comments
Is the manuscript scientifically, correct? Please write here.	The manuscript titled "Effect of Anuloma Viloma Pranayama in People with Decreased Lung Reserve Due to COVID-19: A Literature Review" presents a comprehensive examination of the impacts of this ancient yogic breathing technique on pulmonary function in individuals suffering from compromised lung capacity following COVID-19 infection. Through a systematic review of existing literature, the study aims to elucidate the physiological benefits of Anuloma Viloma Pranayama, highlighting its potential to enhance respiratory efficiency and promote rehabilitation in patients with post-viral pulmonary sequelae.	Done revised
Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.	Yes, the references provided are enough.	Ok
Is the language/English quality of the article suitable for scholarly communications?	Yes, the language/English is used here is communicable for everyone	
Optional/General comments	No	

PART 2:

	Reviewer's comment	Author's comment <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Are there ethical issues in this manuscript?	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	