

Review Form 3

Journal Name:	Journal of Advances in Medicine and Medical Research
Manuscript Number:	Ms_JAMMR_129809
Title of the Manuscript:	Management of stress levels in healthcare professionals with standardized dry extract of Rhodiola rosea
Type of the Article	

PART 1: Comments

	Reviewer's comment	Author's Feedback (Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part.	This manuscript, "Management of stress levels in healthcare professionals with standardized dry extract of <i>Rhodiola rosea</i> ", holds significant value for the scientific community as it linked the gap between the fundamental understanding of the dry extract of <i>Rhodiola rosea</i> unique properties and its therapeutic approach for managing stress level in the body. In this manuscript, exploring the therapeutic potential of <i>Rhodiola rosea</i> , a well-known adaptogen of the stress level. The study contributes to evidence-based approaches for managing stress and improving overall well-being. The findings can pave the way for incorporating natural, standardized remedies into stress management protocols, enhancing both personal health and professional performance in the healthcare sector.	Thank you for reviewing our article.
Is the title of the article suitable? (If not please suggest an alternative title)	Yes, Title almost suitable for the way of scientific community.	Thank you. The title has been changed to better suit the scientific community.
Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here.	Yes, Abstract is good and scientifically written, almost comprehensive. Just need write according to the journal required pattern.	Thank you, the abstract has been corrected.
Is the manuscript scientifically, correct? Please write here.	Yes, manuscript is scientifically correct. But the writer plan of writing is so poor. Please improve your arrangement of data as a scientifically way and according to the journal given pattern. It also improves your data novelty and contribute your study role in future in the scientific community.	Thank you very much for your observation. The entire text has been revised, including its translation into English.
Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.	Reference almost sufficient but some literature sited is too old please add recent literature. Please improve your reference or literature cited section. It is so poor and no any literature sited on the dissection section. Please improve it, and site maximum and recent literature cited on the dissection section.	We appreciate your contribution; however, there are no recent articles on clinical trials involving this medicinal plant, and the regulations referenced are also outdated. Therefore, they cannot be disregarded.

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Is the language/English quality of the article suitable for scholarly communications?	Language quality little bit poor or isn't good but data arrangements almost suitable. So must revised the one-time manuscript and make sure to improve the sentence quality, and writing on the way of critical and scientific ideas.	Thank you very much for your assistance. The entire English text has been revised, and the presentation of the content has also been updated accordingly.
Optional/General comments	In general point of view, this manuscript well-organized and present a perspective aims and fundamental understanding of the dry extract of <i>Rhodiola rosea</i> unique properties and its therapeutic approach for managing stress level. Overall, this manuscript contributes valuable insights and could serve as a valuable reference to contribute the sustainable agricultural practices and the efficient utilization of <i>Rhodiola rosea</i> extract and its by-products in various industrial sectors. Personally , I suggest a one thing for catching more audience and readers; draw a meaning full figure like <i>Rhodiola rosea</i> collection, processing and extract formed and used in different products, and these products are available on the market or industry. In this way, more favorable for understanding the main aims of this manuscript.	Thank you for all your contributions. We made every effort to address each of them, and they were invaluable in enhancing the quality of our work.

PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	<u>(If yes, Kindly please write down the ethical issues here in details)</u>	