

Review Form 3

Journal Name:	Asian Journal of Medicine and Health
Manuscript Number:	Ms_AJMAH_130571
Title of the Manuscript:	The Role of Psyllium and Methylcellulose in Lowering LDL Cholesterol in Type 2 Diabetes Patients
Type of the Article	

PART 1: Comments

	Reviewer’s comment	Author’s Feedback <i>(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part.	This manuscript is highly significant for the scientific community, particularly in the management of type 2 diabetes. It provides valuable insights into the comparative effects of psyllium and methylcellulose in lowering LDL-C and improving lipid profiles and glycemic parameters. These findings contribute to evidence-based clinical guidelines for cardiovascular risk management in diabetes patients.	Thank you for your valuable feedback.
Is the title of the article suitable? (If not please suggest an alternative title)	<b>Comment:</b> The current title is clear and descriptive; however, it can be refined to enhance clarity and appeal. <b>Suggested Title:</b> "Comparative Effects of Psyllium and Methylcellulose on LDL Cholesterol and Glycemic Control in Type 2 Diabetes Patients: A Systematic Review and Meta-Analysis"	Noted.
Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here.	<b>Comment:</b> The abstract is fairly comprehensive, but several aspects require improvement: <ul style="list-style-type: none"><li>There should be a clearer emphasis on the systematic methods used, such as the number of studies included in the analysis.</li><li>Informal terms such as "good for patients" should be replaced with more formal scientific language.</li><li>The clinical implications should be explicitly mentioned in the conclusion of the abstract.</li></ul> <b>Suggested Improvement:</b> Clarify the methodology and implications by adding details on the number of studies and sample population.	Thank you.
Is the manuscript scientifically, correct? Please write here.	<b>Comment:</b> Overall, the manuscript is scientifically sound; however, certain aspects need further clarification, such as: <ul style="list-style-type: none"><li>The statistical analysis should be explained in greater detail, particularly regarding effect size and statistical significance.</li><li>The study limitations should be presented more explicitly, including potential heterogeneity across analyzed studies.</li></ul>	Thank you.
Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.	<b>Comment:</b> The references are generally sufficient and recent (2019-2024); however, older references such as Anderson et al. (2000) should ideally be replaced with more up-to-date studies. Additionally, consider incorporating more references from journals specializing in clinical nutrition.  <b>Suggested Improvement:</b>	Noted.

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	Add recent references that cover the latest findings related to dietary fiber supplementation in type 2 diabetes.	
Is the language/English quality of the article suitable for scholarly communications?	<p><b>Comment:</b> The language used is generally appropriate but requires minor revisions in grammar and consistency in scientific terminology. Some sentences are overly long and complex, which may reduce readability.</p> <p><b>Suggested Improvement:</b> Use more concise and effective sentence structures to improve readability.</p>	Thank you for your suggestion.
Optional/General comments	<p><b>Comments for Improvement:</b></p> <ol style="list-style-type: none"><li><b>Study Methods:</b> Provide a more detailed explanation of the inclusion/exclusion criteria.</li><li><b>Language and Writing Style:</b> Revise to enhance formality and consistency in language.</li><li><b>Data Analysis:</b> Include more details on statistical analysis, particularly effect sizes and significance levels.</li><li><b>Tables and Figures:</b> Ensure that all tables provide unique information without redundancy with the text.</li><li><b>Conclusion:</b> Strengthen the statement on the clinical applicability of the study findings.</li></ol>	Thank you for pointing these out.

PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	(If yes, Kindly please write down the ethical issues here in details)	