

**Editor's Comment:**

This \_ 2025/EJNFS/130399 Original Research Article has been modified according to the reviewer comments and meet the requirement of research paper. That I suggest "accept" this article with minor corrections.

PS. After the title of this article is modified, attention should be paid to the correspondence between the keywords and the title.

In Keywords: Multivitamins and multiminerals → Multivitamins, multiminerals.

**Editor's Details:**

Prof. Chen Chin Chang  
Tainan University of Technology, Taiwan.